



20th Annual Lacey 5K Race

**Saturday, August 22, 2020
8:30am at Gille Park,
Manchester Ave., Forked River**

Proceeds Benefit Substance Abuse Prevention, the Recreation Dept. & the Lacey Food Bank

Entry Fees: 5K - \$25 Pre-registered by August 6th; \$32 after (non-refundable). Students 18 and under, \$20
Pre-registered by August 6th; \$25 after. Maximum 300 participants.

USATF Members - 5K - \$20 Pre-registered by August 6th only.

Early Packet Pick-up & Post Registration: Friday, August 21st at the Recreation building, 10am to 7pm.
No Registration Day of Race. Refer to website, www.lacey5K.com, for updated information.

Awards: Top three M/F, 12 and under, 13-15, 16-19 and 5 year age groups (thru 80 and over); M/F Mayor's Trophy.

Course: Flat USATF certified 5K course thru award-winning, scenic Gille Park.

Amenities: Custom designed **Performance T-shirts (adult sizes only)** guaranteed to pre-registrants;
ChronoTrack Timing Technology by Elite Racing Systems, multiple water stops, clocks at mile 1&2, prize
drawings & refreshments.

NO REGISTRATION ON SITE. NO spectators allowed. (Except for students under 18 may be accompanied by ONE adult.)

2020 Registration Form

Name: _____ **Tel.#** _____ **Age:** _____ **(Day of Race)** M/F _____

Address _____ **City/State** _____ **Zip** _____

E-mail _____ **USATF Member** _____

Moisture-wicking shirts: ADULT: Female S M L XL Male S M L XL

Estimated start time _____ **Mayor's Trophy (Lacey residents, 5 or more)** _____

I understand my participation will be contingent on a
COVID-19 Health Screening prior to the start of the race.

I agree to abide by any COVID-19 distancing and other
safety guidelines issued by the state, the community or
by this race for my participation in this race.

Face coverings must be worn when social distancing
cannot be achieved. They may be removed while running.

I understand that all fees paid for the Lacey 5K Race are
non-refundable and non-transferable for any reason.

I know that running a road race is a potentially hazardous activity
and that I should not enter and run unless I am medically able and
properly trained. I assume all risks associated with running in this
event. Having read this waiver and knowing these facts and in
consideration of accepting my entry, I and anyone entitled to act on
my behalf, waive and release the Township of Lacey, Lacey Municipal
Alliance, all race volunteers and all sponsors, their representatives,
employees and successors from any claims and liabilities of any kind
arising out of my participation in this event or carelessness of the
persons named in the waiver. Further, I grant to all of the foregoing
the right to use any photographs, motion pictures, recordings or any
other record of this event for legitimate purposes.

Signature (If under 18-parent/guardian) _____

Date _____

Please make checks payable to: Lacey Twp. Municipal Alliance
Mail application and payment to: P.O. Box 641, Forked River, NJ 08731
For information call 609-693-1100 ext. 2217 or www.lacey5K.com

Register Online at
www.eliteracingsystems.com
or download application at
www.lacey5K.com