

Unity Village, MO Saturday, Oct. 26

Participants -

The 9th annual Monster Dash 5K and Lil Monster Fun Run will take place on Saturday evening, October 26th and will start and finish at Unity Village in Unity Village, MO. The event features a fun and challenging course, costume contest, chip timing, free event photos, large finisher medals great Halloween themed event shirts and much more!



Charity Partner: Newhouse

The Monster Dash 5K is proud to have Newhouse as the charity partner for the event.

The mission of Newhouse is to break the cycle of domestic violence by providing the tools which allow women to make positive choices and lead self-sufficient lives. The organization provides shelter and therapy, children's services, community education, legal advocacy, and a 24-hour hotline.



Race day

Saturday, October 26

Race Schedule:

5:30 PM - Lil Monsters Fun Run

5:45 PM - Costume Contest

5:50 PM - Monster Dash 5K Start

Start location: Unity Village, MO

1901 NW Blue Parkway, Unity Village, MO

Packet pick up

Friday, October 25 from 2-6 pm

KC Running Company in Lee's Summit

1555 NE Douglas St., Lee's Summit, MO

Saturday, October 26 from 4:30pm-5:45pm

At event site - 1901 NW Blue Parkway, Unity Village, MO

- We suggest coming to packet pickup on Friday as there are lines on race day.
- We will have a list of everyone registered, but it is helpful to bring a copy of your confirmation email (either on your phone or printed)
- In your packet will be your bib, timing chip, and twist ties to attach the chip to your shoe
- You are welcome to pick up packets for friends and family
- If you decide not to run or walk or do not wish to be timed, please turn your timing chip in at packet pick up or mail to KC Running Company (200 E. 135th St., Kansas City, MO 64145)



About race day

The race will be chip timed - your start time will be when you cross the starting mats; finish time, when you cross the finish mats

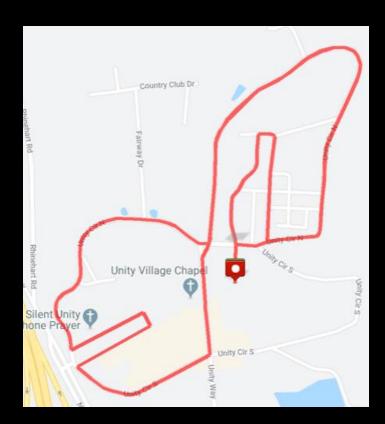
Attach the timing chip to your shoe with the twist ties (chip MUST be on your shoe; your time will not be captured if the chip is in your pocket or hand or anywhere else)

The timing chips are reusable and will be clipped off your shoe at the finish line

If you are unable to participate, please return your timing chip at packet pick up or mail it to the address on your packet

If it rains the race will still be held, but if it is unsafe to run or walk the race director reserves the right to cancel the event and no refunds will be given.

Course Map



Awards

Results receipts will be printed at the race, and shortly after the race results will be posted online at www.kcrunningcompany.com.

Awards will be given at the event and will not be mailed. Age group awards will be given to the top three males and females in the following.

10 & Under • 11-14 • 15-19 • 20-24 • 25-29 • 30-34 • 35-39 • 40-44 45-49 • 50-54 • 55-59 • 60-64 • 65-69 • 70-74 • 75-79 • 80+

Results notification and finisher's certificate

Sign up to get a text or email notification of your results!

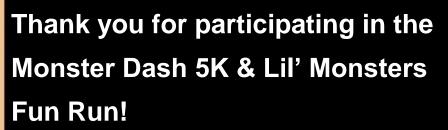
Look for your registration here - https://runsignup.com/Race/RegistrationLookup/?raceld=11168

Search for your name, click "results notifications" in the far right column, enter your phone number and click "set up notifications"

Finisher's certificate can be viewed on your results page after the race. Click on your name and click "certificate."

Parking







Have a great time at the event and we hope to see you again next year! Share your photos from the event on Facebook, Twitter, and Instagram @kcrunningco

See more upcoming races at

www.kcrunningcompany.com