



# DIABETES AWARENESS



St. Mark's United Methodist Church

**14th Annual In-Person & Virtual**

## **DIABETES 5K RUN, WALK & FUN WALK**

USATF CERTIFIED COURSE PROFESSIONALLY TIMED BY BLUE CHEETAH SPORTS TIMING, LLC

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RAIN OR SHINE

**SATURDAY, SEPTEMBER 5, 2026 8:00 AM**

Alice B. McCullough Field  
Montgomery & Eighth Street  
Laurel, Maryland 20707

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NATIVE PLANT GIVEAWAY AT FINISH LINE

For online registration and additional information, please visit:

**[Runsignup.com/Race/MD/Laurel/EmancipationDay5K](https://Runsignup.com/Race/MD/Laurel/EmancipationDay5K)**

**OR SCAN QR CODE**

