

Love a Nurse Run - Edgewater

5K Course Map



- Race Starts on the grass of the Lakefront Reservation
- Continue on the grass toward the trail
- Turn right on the trail
- Follow the trail past the Beach towards the Upper Edgewater West Shelter
- Follow the trail toward Upper Edgewater Drive, around a loop
- Cut across grass and jump on new trail, head down towards the beach house
- Turn right
- Retrace the trail to the finish