# Enchanted Half Marathon & 5k June 26, 2021 Race Instructions

Thanks for signing up for the Enchanted Half Marathon & 5k at Ellicottville Brewing Company in Little Valley, NY.

Due to the regulations established by New York State in response the Covid-19 crisis and to keep everyone safe during the event, we ask that everyone please read and follow these instructions. In order to hold an in-person event we have put together procedures to limit gathering size and create distance between runners.

# **General Guidelines**

- Always keep a social distance of 6 feet while in the entire general race area
- Any entrant with fever, persistent cough, or with exposure to an individual who is / was COVID positive within 7 days of the event are asked not to race.
- Runners will "Trickle Start" during their start time window, more details below.

# Race location - Ellicottville Brewing - 202 2nd St, Little Valley, NY 14755

Start/Finish/Packet/Parking at Ellicottville Brewing in Little Valley

## **Packet Pick Up and Start Times**

Packet pickup times begin 45 minutes before each start time Due to increased outdoor gathering sizes limits being increased, we can have single start times for each event.

<u>Start Time</u> <u>Packet Pickup Time</u>

Half Marathon - 7:30 AM 6:45 to 7:25 AM

5k - 11:00 AM 10:15 to 10:55 AM

You can only pick up your packet during the allotted time. If you would like to arrive early feel free to warm up, use the restrooms, etc, but please do not congregate around the registration area.

## **Parking**

Plenty of free parking available around Ellicottville Brewing in Little Valley close the start/finish/packet pick up area.

## **Post Race**

Snack bag, Medal, and water will be handed to you near the finish line.

• Unfortunately, due to state restrictions on gathering sizes we ask runners please leave the finish area and race site as soon as possible to make room for runners behind you. While normally we love runners to hang around and have a great time after the race; we want to make sure to limit any risk to our runners, staff, and volunteers as well as obeying state COVID-19 guidelines.

#### Restrooms

Restrooms will be available at the start, finish, and packet pickup.

On course portable toilets will be available at Miles 3.5, 7, 10.5

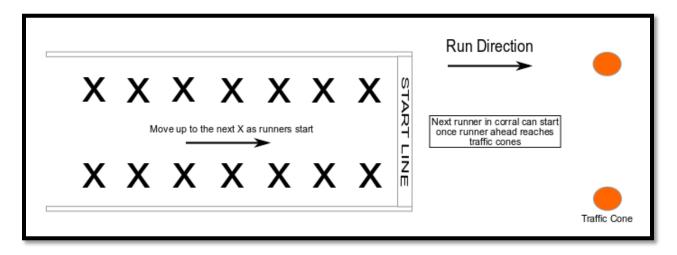
# Start Procedures - \*\*\*VERY IMPORTANT\*\*\* Please read

The start will be a bit different than races in the past. Our goal is to keep everyone separated and give you plenty of room on the course, which is why we asked everyone to sign up for a start window. There will be no mass start, during start windows runners will be released a few people at a time.

We will be using a "Trickle" start procedure and please use the following instructions. The idea is to start a few people at a time to provide space on the course and at the finish area.

- You can start anytime during your start window; you don't have to be there at the beginning of the start time window.
- We will be starting runners roughly every few seconds. Once the runner in front of you
  reaches a traffic cone 50 feet after the start line it is ok to start running.
- Your race time does not start until you cross the start line.

#### START CORRAL PROCEDURE



# **Water Stops**

Keep these safety considerations in mind at water stops.

- Race staff will fill cups with water/Gatorade and leave on the tables for runners to pick up
- Race Staff WILL NOT hand water/Gatorade cups to runners
- Race Staff will stand behind the water tables, away from the runners
- Cups will be spaced out for easier access for the runners

## Courses

Course will be well marked with signs as well as painted arrows on the ground.

## **Results & Awards**

- All results will be based on chip time, there will not be gun times.
- Overall and Age-Group winners will be determined after all results are verified.
- To limit gathering size there will be no onsite awards ceremony, awards will be mailed to winners.
- Results will be posted on the race website and not available on site.

Thank you so much for your patience and understanding as we work through new procedures to put on a safe in-person event. It will be a little different than past events, but still have the opportunity to push yourself in a competitive race.

We may be sending revisions to this document as the race approaches and will be sure to send notice of any changes, please be sure to check your email.

We appreciate you all following the guidelines and please don't hesitate to send us a note at <a href="mailto:lnfo@endurancefactor.com">lnfo@endurancefactor.com</a> with any questions.