

# Red Ribbon Stomp 5K

# Saturday, November 5<sup>th</sup>, 2022



8:00 AM – 5K Start Seafood Festival Grounds 4580 1<sup>st</sup> Street, Grant-Valkaria, FL

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Friday, November 4th: Running Zone (3696 N.

Wickham Rd, Melbourne, FL)

10 AM - 6:30 PM: Early Packet Pickup and

Registration

## Saturday, November 5th: Seafood Festival Grounds

(4580 1st Street, Grant-Valkaria, FL)

7:00 AM: Registration & Packet Pickup Opens 7:45 AM: Registration & Packet Pickup Closes

8:00 AM: 5K Start!

\* Awards Ceremony Following 5K

#### Awards:

Top 3 Overall M & F Top Masters (40+) M & F Age Groups (Top 3 M & F):

8 & Under 9-11 12-14 15-19 20-29 30-39 40-49 50-59 60-69 70-79

<del>80+</del>

**SIGNATURE** 

To Benefit: Project Response, Inc.

#### Race Amenities:

- Fun Activewear Shirt
- Post-race after party
- Hamburgers, hotdogs, beer & other refreshments
- Drawing for a 50" TV! (Must be present to win)

Fees:	<b>Until 11/4</b>	Race Day
5K Adult	\$25	\$30
5K Child	\$15	\$20
Virtual 5K	\$30	N/A

#### **SORRY, NO REFUNDS.**

Register Online at <u>www.runningzone.com</u>

### **Red Ribbon Stomp 5K - Official Entry**

Mail entry form with fee to: Running Zone - 3696 N. Wickham Rd, Melbourne, FL 32935

Make check payable to: Project Response, Inc

irst:				Last:				_
Sex: ☐ Male	□ Female	Date of Birth:	/	/_	Age on F	Race Day:		
Address:			City:			State:	ZIP:	_
Phone:			Emai	il:				
			□ Large	□ XLarge	□ XXLarge	☐ Youth Medium	☐ Youth Large	

#### INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. As it applies to my participation in this race, I agree to abide by the Center for Diseas

SIGNATURE OF PARENT/GUARDIAN (FOR THOSE UNDER 18)	DATE