

# TRAILBLAZER V HALF MARATHON / TWO-FIFTHS MARATHON (10.486 miles) / 5K Run/Walk

THE TWO-FIFTHS  **8:00 AM, Saturday, September 20, 2014** 2|5 ... 26

"Bid me run, and I will strive with things impossible." --Shakespeare. "Come what may, I will run" --Ahimaz to Joab, II Sam. 18:23a.

## DIRECTIONS to Trailblazer V Half / Two-Fifths / 5K Run/Walk (see entry form / race flyer below)

From I-20- From I-20, Exit onto Matlock Road (a little after the Collins St. exit on the East or a little after the Cooper St. exit on the West. Go S on Matlock. Go past Stephens, Bardin and Green Oaks.

Turn L at the intersection of Matlock & Cravens Park Drive (just after Nathan Lowe Road on the right). Turn R at the second entrance (about 0.2 mile from Matlock) and go into the Park (Cravens Park).

You also can get some alternate directions from the 'Net, by, for example, going to [www.yahoo.com](http://www.yahoo.com), clicking on "Maps" and then on the "Get Directions" link. Also MapQuest.com. The location address for the race would be 400 Cravens Park Drive (Arlington, TX 76018).

**WHEN: 8:00 AM, Saturday, September 20, 2014 -- 5K / Two-Fifths / Half [COURSE WILL CLOSE AT 12:00 Noon.]**  
(allows for a 20 min/mile pace in The Two-Fifths; and an 18:18 pace in the Half)

**The Two-Fifths – Longer than the 10K; Shorter than the Half...**

**Challenging, but not unnecessarily too daunting or too demanding; and yet marathon-related!**

**WHERE:** Cravens Park (another beautiful park with a relatively flat & fast, partly tree-shaded 5K course – in south Arlington; Half/Two-Fifths courses thru Arlington & Grand Prairie; going over bridges & under bridges, with straight portions & curved portions, slight up inclines & slight down inclines and flat stretches, wooded areas & open areas...)  
400 Cravens Park Drive, (0.2 ml. E. of Matlock Rd & Cravens Park Dr.) – South of Green Oaks. Arlington, TX 76018

**ENTRY FEE \$45 for The Half OR 35 for The Two-Fifths OR \$20 for the 5K:** Make checks payable to: **ASSIST Systems & REGISTRATION:** Mail to :ASSIST Systems, P.O. Box 3635, Arlington, TX 76007 (Must be postmarked by 9/13/14)

OR Walk in: Thru 6:00 PM on 9/19/14 at The Runner, 3535 W. Pioneer Parkway, Arlington, TX 76013 (817)461-2281

OR \$50 (The Half) / \$40 (The Two-Fifths) / \$25 (5K) Race Day: 7:00 AM – 7:50 AM, at the race site

PLUS (voluntary) Crackers/packaged foods (Arlington Life Shelter & Meals On Wheels), Toiletries/personal hygiene items (SafeHaven) on Race Day

**PACKET PICK UP:** 10:30 AM – 6:30 PM, 9/18 -9/19/14 at The Runner Shop OR 7:00 AM – 7:50 AM, 9/20/2014 at the race site

**A group of 10 or more pre-registering together by mail or by walk-in (at the Runner), by cash or check/money-order, should deduct a 10% discount when paying.**

For the Average/casual runner/walker – The Two-Fifths -- Shortest 2-digit mile race with a marathon connection / The Half  
For the Seasoned racer - A warm-up race to the longer races (20K, Half, 25K, 30K, 35K, marathon)

**AWARDS: Half / Two-Fifths:** \*1st Overall/Masters/Seniors male/female, Top 3: 0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

**5K:** \*1st Overall/Masters male/female, Top 3: 0-6, 7-8, 9-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

\* Plus finisher medals to all Half & Two-Fifths finishers. No duplication of awards.

**DOOR PRIZES:** Just a few. All participants are eligible. **Must be present to win.**

**PURPOSE/BENEFICIARY:** 3fold.\* Pure, unvarnished racing fun.\* A chance to do the shortest double-digit mile race associated with the marathon; \* Offer a little help to Arlington Life shelter [[www.arlingtonlifeshelter.org](http://www.arlingtonlifeshelter.org)], Meals On Wheels [[www.mealsonwheels.org](http://www.mealsonwheels.org)] & SafeHaven of Tarrant County[[www.safehaventc.org](http://www.safehaventc.org)]

**INFORMATION:** Contact 817-265-4578 / [jephaa@yahoo.com](mailto:jephaa@yahoo.com) / [www.runningintheusa.com/jeph](http://www.runningintheusa.com/jeph)

Award winners' names will be submitted to Fort Worth Star-Telegram (but not the Dallas Morning News); Complete results (all finishers) to [www.runningintheusa.com](http://www.runningintheusa.com), etc

## Trailblazer V Half Marathon / Two-Fifths Marathon / 5K Run/Walk Entry Form (May be duplicated.)

Mail to: P.O. Box 3635, Arlington, TX 76007 (Make checks payable to: ASSIST Systems)

Name \_\_\_\_\_ Age(as of 09/20/14) \_\_\_\_\_ Race: Half \_\_\_\_\_ Two-Fifths \_\_\_\_\_ 5K \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Gender: F \_\_\_\_\_ M \_\_\_\_\_ T-shirt size (adult) S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Phone # \_\_\_\_\_ Email Address \_\_\_\_\_

In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may happen to me during the event known as Trailblazer V Half Marathon / Two-Fifths Marathon / 5K Run/Walk or while I am on the premises of the event, and I hereby release and agree to indemnify, defend and hold harmless the Cities of Arlington & Grand Prairie, sponsors, promoters, and all other persons or entities associated with this event from all injuries and damages, or otherwise. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of the event for any legitimate purpose. Registration is final. No refunds.

Signature \_\_\_\_\_

Parent's/Guardian's Signature (if under 18 years old) \_\_\_\_\_

Date \_\_\_\_\_