

OFFICIAL ENTRY FORM

BRIAN ROHNE MEMORIAL 5K

Saturday, August 9th, 2014

Make checks or money orders payable to:

NKU Foundation - Norse Athletics Club

Mail to: NKU Athletics, ATTN: Rohne Run

Nunn Drive

Highland Heights, KY 41099-7500

PLEASE PRINT

Last Name _____

First Name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

Gender (Check One) ☐ M ☐ F

Age (As of 8/9/14) _____ ☐ Walker

Weight Division ☐ Vikings (Men 220+)

☐ Valkyries (Women 180+)

☐ \$20.00 Pre-Registration (includes T-shirt)

(Students 18 & Younger & RCGC Members Deduct \$5.00)

Shirt Size _____

☐ \$25.00 Race Day Registration

(Includes T-shirt while supplies last)

WAIVER OF LIABILITY AND STATEMENT OF FITNESS

In consideration of acceptance of this entry and permission to run the Brian Rohne Memorial 5K, I hereby waive and give up for myself, my heirs, agents, assigns, representatives and family members, any and all claims against Northern Kentucky University (including its representatives), the state of Kentucky and its subdivisions, the county of Campbell and its subdivisions, any and all sponsors, and against any person associated with the Brian Rohne Memorial 5K, which may directly or indirectly result from my participation in said run. I further state that I am in proper physical condition to run or walk a 3.1 mile distance, and that I am 18 years of age, or older, or if younger than 18, that my parents or legal guardians have approved my participation in this event by co-signing this waiver. I am aware of the effects of the hot Northern Kentucky climate in August. I also give my permission to Northern Kentucky University to use any photographs, video or other recordings of me that are made during the course of this event.

Signature _____

Parent (If under 18) _____

Date _____

Nonprofit Organization

U.S. Postage

PAID

Permit No. 2



Northern Kentucky University
Department of Athletics
Nunn Drive
Highland Heights, KY 41099

Hosted by Northern Kentucky University
Coach Steve Kruse, Cross Country & Women's T&F



NORTHERN KENTUCKY UNIVERSITY



20TH ANNUAL BRIAN ROHNE MEMORIAL 5K RUN WALK

Saturday, August 9, 2014 • 7 PM

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BRIAN ROHNE was the most valuable athlete for the Men's Cross Country team at Northern Kentucky University in 1992. The Milford High School graduate was a leader in every sense of the word. He was a truly talented runner and a tenacious competitor. Brian also excelled in the classroom and was always quick to help those not as fortunate. Brian, like many other young athletes, had great plans for his athletic career. While on a training run in January of 1993, pursuing the dream to be an NCAA champion, Brian was fatally injured. He was 20 years old. All proceeds from this event will go to the Brian Rohne Memorial Fund, which will be used to assist future runners to pursue that dream of greatness at NKU.

LOCATION

Northern Kentucky University, Highland Heights, Kentucky. Race starts and finishes by the Albright Health Center.

DIRECTIONS

From Cincinnati, take I-471 south until it ends at Route 27 in Highland Heights. Take a right at the 2nd light by the NKU sign and follow the arrows.

From anywhere else, take I-275 to the Highland Heights exit and follow the instructions from Route 27 above.

ONLY 10 MINUTES FROM DOWNTOWN CINCINNATI!

For more information or questions, contact NKU Athletics at (859) 572-5193.

COURSE

3.1 miles, entirely on closed roads, around NKU's campus. Restrooms available.

Records: Don Overstreet 15:00.89 ('96)
Jill Tranter 17:35.80 ('03).

DIVISIONS AND AWARDS

Top 100 - receive 20th commemorative award

Men & Women Runners - Top 5 overall

Winners in these Age Divisions:

age 14 & under	ages 35-39	ages 60-64
ages 15-18	ages 40-44	ages 65-69
ages 19-24	ages 45-49	age 70 & up
ages 25-29	ages 50-54	
ages 30-34	ages 55-59	

Winners in these Divisions:

Vikings - Men 220 lbs. and up
Valkyries - Women 180 lbs. and up
Men & women race walkers (with proper race walk style)

REGISTRATION

Pre-registration for this event is \$20.00 if postmarked by AUGUST 1 (includes T-shirt). Students younger than 18 years of age or RCGC members may deduct \$5.00 from pre-registration costs. Online registration available at www.rcgc.net. Race day registration is \$25.00 (no age or club discounts and only includes T-shirt while supplies last!). Register by Albright Health Center after 5:30pm.

Pre-Registration Pricing

(Must be received by August 4)

\$15.00 - 18 years & Younger & RCGC Members

\$20.00 - General Adults

RESULTS

Results of the race will be posted on the Runners Club of Greater Cincinnati website (www.rcgc.net) within 24 hours of the finish.

NORSE KIDS RUN

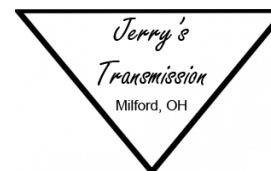
FREE! 100 meter run for ages 6 & under through the "Fan Gauntlet" prior to the 5k; drinks for all!

POST RACE PARTY!!!

After the race, your number gets you free Panera sandwiches and a Paradise Ice frozen drink. See for yourself why this ranks as one of the most popular races in the tri-state area (results of Runners Club poll taken in fall of 2002).

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This publication was prepared by Northern Kentucky University with state funds (KRS 57.375). Equal Education and Employment Opportunities
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