



SCHEDULE OF EVENTS

Pre-race packet pick up or registration

Thursday, September 25, 2014 or
Friday, September 26, 2014
FHS Thrift Store
224 St. Joe Plaza Drive
Palm Coast, FL
3 – 7 pm

Race Day Registration

Saturday, September 27,
7 – 7:30 am Princess Place
Preserve

Follow Princess Place Road
into the Preserve and follow
the posted signs to parking &
the registration area.

Event will take place rain or
shine

The Run

The 4-mile run begins at 8am

All 4 mile runners will congregate at the starting line
(at the junction point of Princess Place Road and “The
Loop” - near the mansion in the preserve).

The run will follow clearly marked signs along the 2-
mile route of the run. Runners will make two rounds of
the course.

There will be water stations at starting line, the 1 and 3
mile marks and the finish line.

Digital time clocks will be viewable at the 1-mile mark
and at the finish.

No pets will be allowed in the run.

The Walk

The 2-mile walk begins at 10:30am

All 2-mile walkers will congregate at the starting line
(at the junction point of Princess Place Road and “The
Loop” - near the mansion in the preserve).

The walk will follow clearly marked signs along the 2-
mile route. Walkers will make 1 round of the course.

There will be water stations approximately every half
mile along the course and at the finish line.
The walk is not timed.

All dogs must be on a leash with current vaccinations.

Two Ways To Register

Go to **www.flaglerhumanesociety.org/fast**

Set up a personal page, take advantage of the online tools to send email to friends and family to support your
efforts and track your progress.

Complete this form and either mail back to Flagler Humane Society or fax to 386.445.5843

Pre-Register – through September 26, 2014 – Run Entry Fee \$50, Walk Entry Fee \$25

Race Day Registration – Run Entry Fee \$35, Walk Entry Fee \$30

Each runner and walker will receive a Fast & Furriest 2014 t-shirt in their pre-race packet and a post-race
drink ticket.

Awards

The run will present awards to the first place male & female runners.

The top three runners in each age group will receive an award: 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and older.

Parking

Enter Princess Place Preserve (turning off Old Kings Road). Drive along Princess Place Road and follow the signs. Parking will be in a large grassy area adjacent to the start/finish point.

There will be staff to assist with parking.

Fast & Furriest 2014 - 4 Mile Run and 2 Mile Walk Registration Form

Registering for ☐ 4 Mi. Run (TIMED RUN) ☐ 2 Mi. Walk (UNTIMED WALK)

Name _____

Birthdate ____/____/____ Age on Race Day _____ Sex: M F Shirt Size: S M L XL XXL

Address _____ Apt. _____

City _____ State _____ Zip _____

Phone(____) _____ - _____ Email _____

Waiver

I, the undersigned individual, desire to participate in the FAST & FURRIEST 4 Mile Run or 2 Mile Walk on September 27, 2014. I hereby agree to RELEASE and HOLD HARMLESS RaceSmith, Inc. and the Flagler Humane Society, and the Officers, Directors, Agents and Employees of RaceSmith, Inc. and the Flagler Humane Society from and against any and all rights, actions, causes of actions, suits, losses, damages, judgments, claims, claims of liabilities, cost and expenses of any kind as well as attorney's fees and court costs at trial and on appeal, of whatsoever kind of nature to which RaceSmith, Inc. and the Flagler Humane Society may be subjected to as a result of any death, personal injury or damage to property arising in any manner from my direct participation in FAST & FURRIEST 4 Mile Run or 2 Mile Walk.

RELEASE. I FURTHER AGREE THAT THIS HOLD HARMLESS AGREEMENT SHALL APPLY IN THE EVENT I AM DISABLED, INJURED AND INCUR DISEASE OF A TEMPORARY OR PERMANENT NATURE WHILE PARTICIPATING IN OR DIE AS A RESULT OF PARTICIPATING IN THIS ACTIVITY, REGARDLESS OF THE CAUSE. I HEREBY RELEASE RACESMITH, INC. AND THE FLAGLER HUMANE SOCIETY FROM ALL LIABILITY WHILE PARTICIPATING IN THIS ACTIVITY.

This agreement shall be binding upon my heirs, my personal representatives, assigns and me and shall be governed by the laws of the State of Florida. I have executed this Hold Harmless and release with full knowledge of its terms and the consequences of my signing and executing the same. I do so freely and voluntarily without compulsion of any kind or nature.

I grant permission for this event's organizers to take pictures of me during this event and agree for this event to use any photos of me that may be taken during my participation. By providing my email address, I also grant permission to the race organizers to communicate with me via electronic mail. I understand that bicycles, skateboards, baby joggers, roller skates or blades, and radio headsets are not allowed in the Run or Walk. No animals will be allowed in the Run, and dogs must be on leashes in the Walk. I also understand that in the event that this race has to be cancelled or postponed, for any reason beyond the control of the race management, my entry fee will NOT be refunded. By my signature, I attest that I am physically fit and well trained to participate in FAST & FURRIEST on September 27, 2014.

Name (print) _____ Parent name *(print) _____

Signature _____ Date _____

**(Parent or guardian name and signature is required if registrant is under 18 years of age.)*

Emergency Contact Name (please print)

Emergency Contact Phone (____) _____ - _____

Contact Person: Gary Langley
glangley@flaglerhumanesociety.org or
cell: 347-677-2947
Please return complete registration form
and check made payable to:
Flagler Humane Society
1 Shelter Drive
Palm Coast, FL 32137
386-445-1814 Ext. 506

How Do I Get Started?

1. Register ...

To register on-line as a walker or team captain and to start your fundraising efforts, go to **www.flaglerhumanesociety.org/fast** or, fill out this Registration Form and fax back to 386.445.5843

2. Set Goals ...

Set a personal goal of raising \$100. If you are walking with a team, you can set a Team Goal by working with this easy formula:

of walkers on your team x \$100 goal for each walker = Dollars Raised

3. And Raise Funds ...

The mission of Flagler Humane Society is to take in lost and homeless animals, care for them while they are with us and find them loving “forever homes” where they can live out their lives as part of a family. We are a 501(3)(c) organization and are not supported by an government agency or municipality. We are dependent on community support to fulfill our mission.

Win Prizes For Collecting Donations!

Raise:

\$100

\$250

\$500

Receive:

FHS logo prize

FHS logo prize

Receive all the prizes

The top individual fundraiser will receive a beach house weekend stay on Flagler Beach!

All donations must be received by September 26, 2014 to receive prizes in your pre-race packet.