

**Tri-Sports
EVENTS**



TriSportsEvents.Com

Footloose & Fancy Free

5K Run/Walk

In Memory of Cindy Canevari

Benefits:

The Make-A-Wish Foundation



GOLF & COUNTRY CLUB

When: Saturday, August 28, 2021 at 9 a.m., rain or shine. Healthy Kids Run starts at 8:50 a.m.

Where: Wild Quail Country Club, 1 Clubhouse Dr. Wyoming, DE.

Course: Run/Walk through the beautiful residential and golf areas of Wild Quail Golf & Country Club.

Registration: \$25 until August 21, \$30 after and on event day. Registration starts at 8 a.m. Free Kiddie K for kids 10 and under. Make checks payable to TriSports Events, 2772, Hazletville Rd, Dover, DE 19904. Questions? Contact Ray@TriSportsEvents.com. Register online **at TriSportsEvents.com**.

Silent Hero: Can't participant in this event but would like to show your support? Register as a Silent Hero!

Awards: Custom awards for overall male, female, and master's winners. Top 3 male/female runners In 10-year age groups starting with 10 & under thru 70 & over. 5K walk awards to top 5 male/female finishers. Ribbons to all Kiddie K finishers.

Amenities: Quality Footloose & Fancy Free 5K **Performance Tech Shirts** to all participants. **Results & photos will be posted at TriSportsEvents.Com.**

Benefits: One moment changes everything! When you donate to the Make-A-Wish Foundation, you're giving children with critical illness renewed strength - bringing families closer together and uniting entire communities. You can change lives.

This is a TriSports Events Chip Timed Production

Entry Form

WAIVER AND RELEASE OF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the 2021 Footloose & Fancy Free 5K Run/Walk & Kiddie K , I, for myself and anyone entitled to act on my behalf, waive and release TriSports Event Management, Make-A-Wish Foundation, Club Wild Quail LLC, The Town of Wyoming, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. I certify that I have read this wavier and release and fully understand its significance. Registration fees are non-refundable.

Age Day of Race _____ **Sex:** M F **T-shirt Size:** S M L XL XXL

Print Name: _____ **Email:** _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: (____) _____ **Circle One:** 5K Run 5K Walk Silent Hero

Signature: _____
(All participants must sign waiver - Signature of parent or guardian if entrant is under 18)

