



Sunday, March 28, 2021

8:00 am - Mentor, OH

at Veterans Memorial Park

The winters first big long race is here! The Spring Thaw starts and finishes at Veterans Memorial Park. You'll wind through the local neighborhoods plus Veterans Memorial Park and Mentor Lagoons.

All runners will receive a 4 inch finishers medal, commemorative 1/4 zip pullover and custom bib. The pullover is gender specific NOT unisex.

For more information visit: www.gcxcrunningseries.com

In-person 10 Mile ☐ \$45 thru 2/28 ☐ \$50 thru 3/21 ☐ \$55 thru 3/28

First Name _____ **Last Name** _____

Email _____ **Zip** _____ **Age on race day** _____

Gender: Male / Female

1/4 Zip Pullover: MS MM ML MXL MXXL or WS WM WL WXL WXXL
(gender specific)

I accept that I compete in this event at my own risk and I hereby waive and release the event, GCXC, Greater Cleveland XC, Second Sole, Second Sole Mentor, City of Mentor, Lake County Metroparks, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation.

Signature: _____ (Parent or Guardian Signature Required if Under 18)

Please make checks payable and send to:

GCXC

Attn: Spring Thaw - OH

8791 Mentor Ave.

Mentor, OH 44060

