



## COVID 19 PRECAUTIONS: Mission 100 - Elizabethtown,NC

### OVERVIEW

Go Time, INC is committed to providing a fun, healthy and safe environment as runners participate in the Mission 100 on Friday and Saturday March 19-20, 2020. The Mission 100 will comply with the North Carolina COVID-19 Executive Orders and guidance from the Town of Elizabethtown, NC that are in place the day of the race.

### OBJECTIVE

The objective is to provide runners the opportunity to get outdoors, exercise and raise money for much needed organizations, promote health and wellness, in a safe environment as it pertains to the COVID-19 pandemic.

### EVENT DETAILS

**Event:** Mission 100

**Date:** Friday and Saturday March 19-20, 2021

**Location:** Brown's Creek Bike Park, Elizabethtown, NC

**Total Participants:** 400+

## EXECUTION STRATEGY

### 1) Race Start

- a) **Start Line Location:** The Start Line is on the south side of the starting area inside Brown's Creek Park (please see map)
- b) **Arriving to Start Line:** Runners are directed to stay near their vehicles and away from the Start and Finish Lines until their wave start time. Runners begin arriving at the Start Corral 15 minutes prior to their start time. Runners will be directed to the Starting Corral. This area will utilize fencing to direct runners.
- c) **Athlete Wave Notification:** The start line is airing live on Youtube/Facebook Live. The emcee for the live broadcast will announce when participants can arrive at the start line for each wave. Announcements will also include social distancing, mask, and hand sanitization reminders.
- d) **Temperature Checks:** Staff will conduct temperature checks of participants as they arrive into the Start Corral and make their way to the Start Line.
- e) **Social Distance Markings:** Ground markings will be added to the start line for participants to social distance.
- f) **Start Waves:** Groups will start in waves every 5 minutes. The wave size will be determined by the mass gathering number in place at the time of the event. For a group of 50 people, it will take approximately 20 seconds for all participants to cross the start line. For a group of 100 people, it will take approximately 40 seconds for all participants to cross the start line. For reference, it takes approximately less than 10 minutes for 3,000 people to pass through a start line.
- g) **Spectators:** Spectators will not be allowed at the Start/Finish Lines and will be asked to leave. Security will be located at the start to stop unauthorized people from entering the Start and Finish Lines.

### 2) Race Finish

- a) **Finish Line Location:** The race finishes in the field at Brown's Creek.
- b) **Finishing the Race:** Runners will be directed to move away from the finish either back to their tents or to the parking area.
- c) **Post Race:** As runners exit the event, they will receive a bag with their finisher medal, disposable mask, post race water bottle, and pre-packaged snack.

### 3) Area at finish

- a) Runners will enter the Start Corral by walking west to the sater along the south side of the field. Runners will exit the Finish Line by walking east to the parking area along the main road.. Fencing will be in place to keep the two directions separated with a ten foot buffer. The field is 200m wide.

#### **4) The Course**

- a) Volunteers along the course are required to wear a face covering.
- b) Water Stops: 8 ounce water bottles will be available for runners to grab on their own. Self-serve, packaged aid gels will also be available for runners to grab on their own.

#### **5) Parking**

- a) Participants are directed to utilize field parking, or walk from the Cape Fear Winery.
- b) Due to the 5minute wave start structure, not all 400 participants will be finding parking at the same time. Participants in the first waves will be finished and gone before participants in the later waves arrive to park.

#### **6) Face Coverings**

- a) Mission 100 staff and volunteers will be required to wear face coverings.
- b) Participants will be required to wear a face covering until the start of their race. Participants found not wearing a face covering will be disqualified and asked to leave the event.
- c) Single use face coverings will be available at the start line.

#### **7) Cleaning & Hygiene**

- a) Staff will perform routine cleaning of any frequently touched areas.
- b) Hand sanitizer will be readily available at the Start and Finish Lines.
- c) Announcements will be made to promote frequent hand washing.

#### **8) Monitoring for Symptoms**

- a) A symptom screening and temperature will be taken of all staff and volunteers upon arrival to the race.
- b) Staff will conduct temperature checks of participants as they arrive into the Start Corral while heading to the Start Line.
- c) Information will be sent to participants reminding them if they display any of the COVID-19 symptoms, or have been in contact with someone who has tested positive with COVID-19 in the last 14 days, to remain home.

#### **9) Protecting the Vulnerable Populations**

- a) We are asking all participants who fall into the vulnerable population class to stay home and run the event virtually. Their race bib, race shirt, and finisher medal will be mailed to their home.

## 10) Additional Measures

A virtual option of the race is available to participants who are still not comfortable in social settings, and those in the vulnerable population.

- a) It's Go Time, the race timer, is "Count On Me NC" certified.
- b) Staff and volunteers will be trained on best practices.
- c) Participants and volunteers are required to sign a waiver with information regarding COVID-19.
- d) Information regarding COVID-19 will be sent to participants.

## Timeline

This timeline is based on 400+ participants, with waves being set at 45 people. 3 to 5 staff members will be working the start line.

Please note, not all 400 people will be in Brown's Creek at the same time. The participants of the first waves will be finished and gone before participants of the later waves arrive.

3:40am - 1st Wave Arrives to Start Corral for temperature check and moves to the start line.

4:00am - 1st Wave Starts

4:02am - Start Line is Clear

4:05am - 2nd Wave Arrives to Start Corral for temperature check and moves to start line.

4:10am - 2nd Wave Starts

4:12am - Start Line is Clear

4:20am - 3rd Wave Arrives to Start Corral for temperature check and moves to start line.

4:22am - 3rd Wave Starts

4:25am - Start Line is Clear

\*This pattern continues with the last wave starting at 11:30am.

Noon - Crews begin cleaning the course behind the last participant.

7:00pm - Race Finishes

## Law Enforcement

The number of police is based on our course layout. We have two proposed courses based on COVID-19 and Law Enforcement availability

- 2020 EMS REQUESTED
  - ETOWN EMS - 1