

COVID-19 MITIGATION & SAFETY

ENSURING A SAFE RETURN TO RACING



**CRAWFISHMAN
TRIATHLON**
PRESENTED BY *Mitchell* ULTRA

FRESHJUNKIE Racing has always taken pride in putting on safe and high-quality events for our participants. As we plan to return to event production, we will be openly communicating any/all changes to our events in regards to COVID-19. Please understand that the circumstances are constantly changing and we will continue to adjust to ensure a safe and healthy race experience.

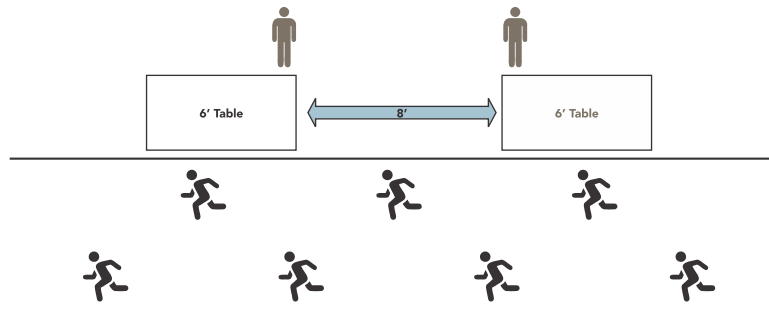
START

- Start corrals will be assigned and limited to ensure social distance
- Runners will start in time trial/staggered start to maintain distancing
- Please do not come to starting line before your time



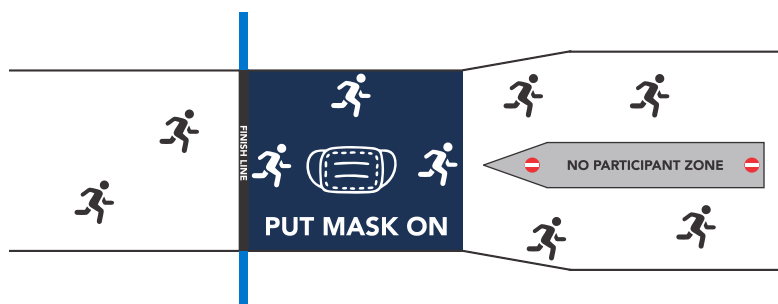
RACING

- Tables will be spread apart
- Aid stations will be staffed
- Cups placed on tables



FINISH

- Masks must be put on after Finish
- Spectators are not allowed
- Maintain Social Distance
- Exit the finish line quickly
- Bottled water provided as runners exit finish chute



STAYING SAFE



**MASKS REQUIRED
WHEN NOT RACING**



**PLEASE PRACTICE
SOCIAL DISTANCING**



**WASHING YOUR
HANDS OFTEN**

**CARRYING HAND
SANITIZER**



**STAYING HOME
IF SICK
AVOID TOUCHING
YOUR FACE**