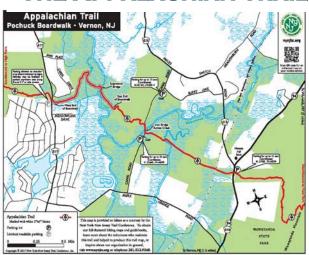
# THE APPALACHIAN TRAIL



http://appalachiantrail.org/home/conservation/a-t-community-program



Vernon Township
Recreation
21 Church St.
Vernon, NJ 07462
973.764.4055 Ext. 2261
http://www.vernontwp.com/
services/trails\_challenge/

# TRAILS OF VERNON CHALLENGE



# THREE LEVELS TO CHOOSE FROM

~The Original Challenge~ Log 50 Miles of Trail Travel

The Build It Challenge Get Involved
Building the Greenway

~Next Level Challenge~
Complete List of Objectives
on Your Journey

CHOOSE YOUR ADVENTURE!
IT'S ALL ABOUT YOU!

# **HIKE YOUR OWN HIKE**

Choose your Adventure that suits your goals. Research shows that spending time outdoors is beneficial to your overall health. So take a break and get some nature therapy!

Once you reach the challenge goal, send in your trail log and/or objective list to receive a Certificate of Completion.

Share your story on facebook: <a href="https://www.facebook.com/trailsofvernonchallenge/">https://www.facebook.com/trailsofvernonchallenge/</a>.

\*\*By submitting photos you agree for Vernon Township to use for promotional purposes.



NJ AUDOBON SOCIETY TRAILS

JANET VAN GELDER

WILDLIFE SANCTUARY

(Access Rd located on Lounsberry Hollow Rd) https://goo.gl/maps/EiLeAp7wJY7S6N99A



### **BLACK CREEK SITE WALKING TRAIL**



http://www.vernonhistoricalsociety.com/ site/Black Creek Site.html

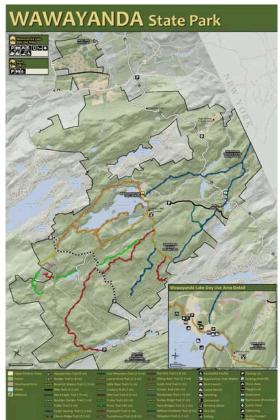
# LEAVE NO TRACE

As always, please follow the principles of "Leave No Trace" and help to preserve our beautiful natural resources for long lasting extraordinary outdoor experiences as well as to protect the home to many types of wildlife. Through conscious and committed effort, together we can guarantee sustainability.



Vernon Township Recreation 973.764.4055 Ext. 2261 http://www.vernontwp.com/ services/trails\_challenge/

# **WAWAYANDA STATE PARK**



http://www.state.nj.us/dep/
parksandforests/parks/wawayanda.html



Vernon Township Recreation 973,764,4055 Ext. 2261

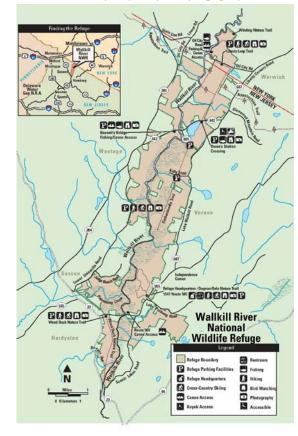


TRAILS OF VERNON CHALLENGE

This is not a race – it is an individual challenge for personal growth and making a commitment that may change life for the better! A perfect opportunity to introduce yourself to the natural beauty of Vernon - so get unplugged, get outdoors and start your journey to a new you!



# WALLKILL RIVER NATIONAL WILDLIFE REFUGE



https://www.fws.gov/uploadedFiles/ WLK%20general%20brochure%20map-2014.pdf



# **Vernon Township Recreation**

21 Church St. Vernon, NJ 07462 973.764.4055 Ext. 2261 http://www.vernontwp.com/ services/trails\_challenge/

# MAPLE GRANGE PARK



http://www.vernontwp.com/
services/parks facilities/

# **GREENWAY TRAILS**

# **TOWN CENTER TRAIL**

(Trailhead is at the end of Black Creek Drive)

# **BLACK CREEK TRAIL**

(Trailhead is on Sandhill Road next to the Lutheran Holy Counselor Church)

# THE LOST TRAIL

(Trail is to the Right of the Municipal Building)

