

## **2021 Covid Plan**

If required by state or local mandates, we are prepared to produce this event in such a manner as to meet all of the most stringent guidelines revolving around crowd size and social distancing practices.

In the fall of 2020, we successfully produced the YMCA Wrightsville Beach Triathlon as well as a couple of trail runs using similar Covid protocols with no negative impact.

Our goal is to be able to produce this triathlon under normal (or close to normal) conditions. However, we are prepared to utilize our Covid Plan if required and can do so with as little as 48 hours notice.

If we have to utilize the Covid Plan, we will send out an email a few days prior to the race with specifics.

We urge competitors to exercise the same social distancing practices that have become commonplace in our lives.

### **Basic Concept of our Covid Plan:**

The key to our Covid plan is to implement a Time Trial start vs. Wave Start.

The Covid plan calls for all participants in the race to start the race (the swim) one-at-a-time – with about 10 seconds of separation between participants.

The plan also calls for an expanded transition area – with bike racks further apart and with fewer bikes on each rack.

### **Masking:**

Under the Covid Plan, participants will be required to wear a mask until they get to the swim start line – at which point, they will be able to get rid of their mask. If we do have to implement this Covid Plan, we urge participants to come on race day with a disposable mask that they'll be able to throw away at Swim Start. We will not be saving any of the masks that are taken off at Swim Start.

At the finish line, a volunteer will hand each participant a new disposable mask to put on until they either depart of the race venue, or change into a more permanent type of mask.

### **Participant Registration/Check-In:**

The check-in procedure will be very easy and simple. Participants will provide their name and they'll be handed their race numbers, swim cap, and race shirt.

Temperatures will be taken for everyone checking in.

### **Timing Chip Pick-Up:**

Timing chips will be picked up on race morning only. There will be a station set up for chip pick-up.

### **Transition Area:**

Typically, in normal times, our 10 Ft. long bike racks accommodate 6 participants – 3 on each side of the bike rack. Bike rack rows are normally spaced about 12 feet apart.

In our Covid plan, the bike racks are set up to accommodate only 4 participants – 2 on each side of the rack. The bike rack rows are also spread out a little further – approximately 15 feet apart.

### **Race Start Procedure:**

The Covid Plan will convert this event into a “Time Trial” start.

Participants will start the race – one at a time – starting about every 10 seconds.

The Race Start area will involve a pennant line chute that forces participants into a single-file procedure. This single-file pennant line chute also alerts participants through the use of orange cones, that they need to remain 6 feet apart. When a person starts the race, everyone in the pennant line chute moves up one cone.

The pennant line chute is long enough to accommodate approximately 50 participants.

### **Race Finish**

As soon as participants come across the finish line following their run, a volunteer will tell each competitor that they need to remove their timing chip anklet

themselves before exiting the finish line chute. As soon as they do that, the volunteer will hand each participant a mask.

### **Post-Race Food/Drinks**

Post-race refreshments will consist of bottled water, soft drinks, and pre-packaged snack food. Volunteers will lay out the food on a series of tables and participants will help themselves.

### **Award Ceremony**

Awards will be laid out on a table and as award winners are announced, they will simply come forward and take their award off the table.