



# Glen Rock JAYCEES



# ARBORETUM RUN 2014

**WHEN & WHERE: MONDAY, SEPTEMBER 1, 2014**  
The Glen Rock Pool 390 Doremus Avenue, Glen Rock

**STARTING GUN: 5K/8:30 a.m. • Junior Mile/9:30 • Kids' Fun Run/9:45**

**THERE ARE FOUR WAYS TO REGISTER:**

1. **WEB:** [www.active.com/NEW LINK HERE](http://www.active.com/NEW LINK HERE)
2. **MAIL** this application with payment by August 25, 2014.
3. **BRING** application and payment in person to the **Glen Rock Municipal Annex on Sunday, Aug. 31, 2014** between 11 a.m. and 1 p.m. The Annex is located at 678 South Maple Avenue.
4. Register the day of the race at the Glen Rock Pool. Note: there is a \$5 dollar surcharge the day of the race.

**NOTE:** Water stations will be on course. Complimentary refreshments and post-race snacks will also be available. Awards ceremony takes place at 10 a.m.

**Race results available at:**  
[www.compucore.com](http://www.compucore.com)

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GENDER: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

**\$20 ENTRY FEE IF YOU REGISTER VIA ACTIVE.COM PRIOR to JULY 28, 2014 •**  
**TECH SHIRTS TO FIRST 200 REGISTRANTS**

**SPECIFY YOUR EVENT:** 5K \_\_\_\_ (\$25 fee) JUNIOR MILE / FUN RUN: \_\_\_\_ (\$10)

*Make checks payable to: Glen Rock Jaycees, P.O. Box 152, Glen Rock, NJ 07452*

**T-SHIRTS** are included for all events while supplies last. Please specify your size.

**Adults** Small \_\_\_\_ Medium \_\_\_\_ Large \_\_\_\_ X-Large \_\_\_\_

**Children** Small \_\_\_\_ Medium \_\_\_\_ Large \_\_\_\_

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*In consideration of this entry being accepted, I hereby, for myself, executors and administrators, waive and release any claims I may have against the Borough of Glen Rock, the Glen Rock Jaycees, Arboretum Sponsors, contributors, sanctioning bodies or their representatives, successors or assignees for any injuries that may be suffered by me in this event. I also certify I am in proper physical condition for this event.*

**SIGNATURE:** \_\_\_\_\_

**PARENT SIGNATURE** (if under 18 years old): \_\_\_\_\_

**FOR MORE INFORMATION,** contact **ROB VANDERVALK** via phone at 917.974.2496 or at [rob.vandervalk@capitalone.com](mailto:rob.vandervalk@capitalone.com)