

44th Annual "ORTHOPAEDIC REHAB SPECIALISTS" ROSE RUN



July 19, 2014 @ 8a.m.

10K Run / 5K Run / 5K Walk

First: _____ Last: _____

Email: _____ Phone: _____

City: _____ State: _____ Zip: _____

Birth Date: _____ Age: _____ M _____ F _____

T-Shirt Size: S M L XL XXL

Youth T-Shirt: YM

- | | | |
|----------------|---------|--------------------------------------|
| _____ 5K WALK | \$20.00 | (\$30 on race day) |
| _____ 5K RUN | \$20.00 | (\$30 on race day) |
| _____ 10K RUN | \$20.00 | (\$30 on race day) |
| _____ KIDS RUN | \$5.00 | (\$7 on race day) * Includes t-shirt |



Event Location ~ Jackson College 2111 Emmons Rd., Jackson, MI 49201-8399

Mail in entry & fee ~ **Must be postmarked no later than June 30, 2014**

Entry fee non-refundable ~ **Race day registration Ends at 7:30 a.m.**

Early Packet Pick-up & Registration ~ **Friday, 7/18/14 from 5—7pm (JC Field House)**

Awards ~ **3 deep for each age group**

***** Online Registration Available**

I know that running or walking in a road race is potentially dangerous activity. I should not enter unless I am medically healthy and properly trained. I agree to abide by any race official relative to my ability to complete the event. I assume all risk associated with running or walking in this event, including but not limited to contact with other participants, effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Jackson College, all race sponsors, Jackson County and their representatives and successors from all liabilities of kind arising out of this event.

Signature: _____ Date: _____

Legal Guardian (If under 18 years of age) _____

Make Checks Payable To: Jackson College Cross Country Program
 Mail To: 2111 Emmons Rd., Jackson, MI 49201-8399
 Race Director: Jeff Beagle 517-795-4970 jeff_tina_beagle@yahoo.com

All Proceeds Benefit the Jackson College Cross Country Program

www.roserun.net

http://www.runjackson.org/rose-run/