

# The "Original" St. John 5K Road Race

## Saturday October 28, 2023

800 Gornto Rd., Valdosta, GA / 229-244-2430

Join us as we run along the course that begins and ends on the St. John property. The route winds its way through adjacent neighborhoods and is well supported with race volunteers and spectators – water station provided.

**WALKERS WELCOME!**

**FALL FESTIVAL FOLLOWS FROM 10:00AM TO 2:00PM**

Register online at [www.runsignup.com](http://www.runsignup.com)

Or make checks payable to St. John Road Race and mail or drop off entry form to:

800 Gornto Road Valdosta GA 31602

### Registration / Entry Fees 5K:

Now through 09/30/2023 - \$20.00

10/01/2023 through 10/27/2023- \$25.00

Race Day - \$30.00

#### EVENT TIMES:

Registration – 7:00am

5K Run/Walk – 8:00am

**PACKET PICK UP:** Race numbers will be available to pick up on Friday October 27, 2023 at St. John Church Office from 1:00pm –4:00pm.

**TSHIRTS** – If registered before 10/13/2023 for the 5K, you are assured a race t-shirt on event morning. T-shirts will be distributed until supplies run out for those that sign up on race day.

### AWARDS:

5K: Overall Male/Female,  
Masters Male/Female Winners and  
Top 2 Male and Female Finishers in each  
age group:

11 & Under; 12-14; 15-19;  
20-29; 30-39; 40-49;  
50-59; 60-69; 70 & Over

**Finish line services presented by  
A Course/Line of Valdosta**

### OFFICIAL ENTRY FORM 2023 St. John Original 5K Road Race

EVENT: \_\_\_\_\_ 5K

OFFICIAL USE ONLY

_____ Last Name	_____ First Name	_____ M.I.	_____ Address (Number & Street or PO BOX)		
_____ City	_____ State	_____ Zip Code	_____ Age (on race day)	_____ Birth Date	_____ Contact Phone Number
Male _____	Female _____	<b>TSHIRT SIZE</b> Youth Sizes _____ S _____ M _____ L			
Email _____	Adult Sizes _____ S _____ M _____ L _____ XL _____ XXL				

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED: In consideration of my entry being accepted, I intend to be legally bound and do hereby for myself, my heirs, and executors waive all rights and claims for damages which I may have or which may hereafter accrue to me against the St. John Catholic Church, sponsors or any subsidiary or political subdivision thereof, its or their respective officers, agents, representatives, successors, assigns and sponsors for any and all damages or injuries or injuries which may be sustained and suffered by me in connection with my association with or entry or participation in this event. If I should suffer injury or illness I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK. Signature : \_\_\_\_\_

Signature of person, or of their parent if under 18 years of age

DATE