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## **PARTICIPANT GUIDE**

SUNDAY, JANUARY 23, 2022 VERO BEACH, FLORIDA 6:45 AM - HALF | 7:00 AM - 2 MILER

#### **WELCOME ATHLETES**

Welcome to the Vero Beach Half Marathon and Sea Turtle 2 Miler. Running Zone Foundation, the organizers of the Space Coast Marathon & Half Marathon, welcome you to the second running of the Vero Beach Half Marathon and the Sea Turtle 2 Miler, scheduled for Sunday, January 23rd, 2022 in beautiful Vero Beach, Florida. We invite runners and walkers alike to visit one of the most beautiful waterfront courses on the east coast of Florida. We are hosting the event in the City of Vero Beach, an elegant city located on Florida's Atlantic East Coast. With Vero Beach's picturesque beaches and relaxed small town vibe, our entire event revolves around a Great Beach Escape weekend. The race site is literally a short walk from the Atlantic Ocean.

We hope you can join us for the second annual Vero Beach Half Marathon and Sea Turtle 2
Miler where you will have a great race experience with unbelievable amenities.

## **DATE, LOCATION, TIME**

DATE: Sunday, January 23, 2022

**LOCATION:** Riverside Park

(3200 Riverside Park Drive, Vero Beach, FL 32963)

TIME: 6:45 am - Half Marathon Start | 7:00 am - 2 Miler Start

#### RACE WEEK SCHEDULE

THURSDAY, JAN. 20TH: 10:00 AM - 6:30 PM

Packet Pickup and Registration, Running Zone (3696 N. Wickham Rd., Melbourne, FL 32935 | 321-751-8890)

FRIDAY, JAN. 21ST: 10:00 AM - 5:00 PM

Packet Pickup and Registration, Runners Depot of Vero Beach (436 21st St. Vero Beach, FL 32960 | 772-569-7364)

SATURDAY, JAN. 22ND: 12:00 PM - 4:00 PM

Packet Pickup and Late Registration, American Icon Brewery (1133 19th Place, Vero Beach, FL 32960)

#### **RACE DAY SCHEDULE, JAN. 23RD**

Race Site Opens: 5:15 am

Pre-Race Ceremony: 6:35 am

Half Marathon Starts: 6:45 am

2 Miler Starts: 7:00 am

Race Site Closes: 11:00 am

## BENEFICIARY COASTAL CONNECTIONS



Vero Beach Half Marathon and Sea Turtle 2 Miler benefits Coastal Connections, Inc. which was founded in 2017 to provide opportunities for people to create a connection with coastal wildlife.

The Founder, Kendra Cope, noticed a need and want from the Indian River community to provide inter-

active and educational programs that contribute to the protection of sea turtles and their coastal habitats. She found an amazing group of dedicated and motivated women to start CCinc and give back to our environment. CCinc and its numerous volunteers pride themselves on being innovative and having the ability to integrate and communicate science and conservation initiatives to diverse audiences. It's this quality that makes CCinc truly unique among Florida sea turtle conservation and environmental protection organizations.

Their mission is to protect coastal habitats by educating and connect people to the environment.

**EDUCATE. CONNECT. PROTECT.** 

**Click Here to Donate to Coastal Connections** 

#### **PARTICIPANT PERKS**

- Awesome Medals for all Finishers
- Cool Shirts
- Awesome Full size Beach Towels instead of Mylar blankets (for Half Marathon finishers only). Perfect for relaxing at the park or heading over to the beach!
- Digital Event Bag our partners have exciting promotions and deals for all of our participants
- American Icon Brewery providing Beer and Food!
- Finisher Certificates to commemorate your accomplishment
- Complimentary Finish Line photos
- Free RaceJoy App free tracking & cheer sending! Download the RaceJoy mobile app to get performance updates and quickly access all the important race weekend information - schedule, FAQ's, parking & more!



## PACE TEAM LINE UP MARATHON PACING

#### **COVID PROCEDURES FOR RUNNING WITH PACERS**

We want all runners to be comfortable when running with one of our Pacers.

**Think SPACERS, not PACERS:** Both in the start zone and during the run Pacers will remind you to maintain a six-foot distance from other runners. If they can wack you with their sign than you're too close. If a Pacer gives you a reminder that you are too close please quickly move out to a safer distance.

**Follow the Pace Sign:** The Pacers will be carrying their pace signs for the entire race and they are easily visible for hundreds of feet so take advantage of that and spread out.

1:35 GOAL FINISH TIME (7:15/MILE)

1:40 GOAL FINISH TIME (7:38/MILE)

1:45 GOAL FINISH TIME (8:01/MILE)

1:50 GOAL FINISH TIME (8:24/MILE)

1:55 GOAL FINISH TIME (8:47/MILE)

2:00 GOAL FINISH TIME (9:09/MILE)

2:10 GOAL FINISH TIME (9:55/MILE)

2:15 GOAL FINISH TIME (10:18/MILE)

**2:20** GOAL FINISH TIME **(10:42/MILE)** 

2:30 GOAL FINISH TIME (11:27/MILE)

**2:45** GOAL FINISH TIME (12:36/MILE)

If you have any questions, please contact Jim@MarathonPacing.com

### HALF MARATHON COURSE MAP



#### **2 MILER COURSE MAP**



**Click Here for Larger View of Course Maps** 

# BATTLE OF THE BRIDGES 2 MILE CHALLENGE



#### Welcome to the Battle of the Bridges 2 Mile Challenge!

You will be running over the causeway two times on the Vero Beach Half Marathon course and the course is virtually flat except for running the causeway twice. We are excited to add a little more competition to race day by including the Battle of the Bridges Challenge. There will be a 1-mile course starting at the base of each causeway hill (Look for the Start 1 Mile Challenge signs).

#### Awards:

The Top 5 Male & Female participants who run the designated 1 mile stretches across each causeway hill with the fastest combined time will receive The Battle of the Bridges special award. Each mile split will be provided to every runner and NO registration is necessary.

### **AWARDS**

#### **Standard Award Age Divisions for the Half Marathon**

| 19 & under | 50 - 54 |
|------------|---------|
| 20 - 24    | 55 - 59 |
| 25 - 29    | 60 - 64 |
| 30 - 34    | 65 - 69 |
| 35 - 39    | 70 - 74 |
| 40 - 44    | 75 - 79 |
| 45 - 49    | 80+     |

#### Standard Award Age Divisions for the 2 Miler

| 8 & under | 45 - 49 |
|-----------|---------|
| 9 - 11    | 50 - 54 |
| 12 - 14   | 55 - 59 |
| 15 - 19   | 60 - 64 |
| 20 - 24   | 65 - 69 |
| 25 - 29   | 70 - 74 |
| 30 - 34   | 75 - 79 |
| 35 - 39   | 80+     |
| 40 - 44   |         |

Results will be posted on VeroBeachHalf.com

### **THANK YOU TO OUR SPONSORS**

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**BENEFICIARY** 



LEATHERBACK



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