

United Way
of Greater Philadelphia
and Southern New Jersey
in Cumberland County



and South Jersey Healthcare®

HALLOWEEN BONE RUN & Walk

To support community health initiatives
in Cumberland County

**5K Run
and
1- to 3-Mile
Walk**

**\$2000+
Prize Money
for Race
Winners!**

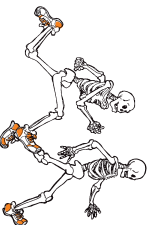
**SATURDAY, OCTOBER 27, 2012
CUMBERLAND COUNTY COLLEGE
VINELAND, NJ**

United Way of Greater Philadelphia
and Southern New Jersey

in Cumberland County

629 E. Wood Street Suite 301
Vineland, NJ 08360

HALLOWEEN



BONE RUN & Walk

*To support community health initiatives
in Cumberland County*

www.sjhfdn.org/BoneRun.php

United Way of Greater Philadelphia and Southern New Jersey
in Cumberland County and South Jersey Healthcare

Bone Run & Walk 2012 Entry Form

Register Online: www.runsignup.com/bonerun

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Event: _____

☐ 5K Run

☐ 1- to 3-Mile Walk

Race Division (*choose one*): _____

☐ Age Group

☐ Cumberland County Resident

☐ Law Enforcement / Fire Person

☐ Medical

☐ Masters

Entry Fees:

\$25.00 early registration
(\$30.00 day of the event)

Make checks payable to: United Way

Mail check and entry form to:

United Way of Greater Philadelphia
and Southern New Jersey
in Cumberland County
629 E. Wood Street Suite 301
Vineland, NJ 08360

Race Day Age: _____ Sex: M ☐ F ☐ T-shirt Size: S ☐ M ☐ L ☐ XL ☐ 2XL ☐

Phone: _____ E-mail: _____

WAIVER AND RELEASE OF ALL CLAIMS

As a participant in this event, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such event.

I agree to waive and relinquish all claims I may have as a result of participating in the event against United Way of Greater Philadelphia and Southern New Jersey in Cumberland County and South Jersey Healthcare.

I do hereby fully release and discharge United Way of Greater Philadelphia and Southern New Jersey in Cumberland County and South Jersey Healthcare and their officers, agents, servants and employees from any claims from injuries, damage or loss which I may have or which may accrue to me arising out of, connected with, or in any way associated with the activities of the event.

I further agree to indemnify and hold harmless and defend United Way of Greater Philadelphia and Southern New Jersey in Cumberland County and South Jersey Healthcare and their officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me arising out of, connected with, or in any way associated with the activities of the event.

I have read and fully understand the above event details and Waiver and Release of All Claims.

Signature: _____ Date: _____

(parent if under 18 years of age)

2012 Halloween **Bone Run & Walk** to support community health initiatives in Cumberland County

The **Bone Run & Walk** is a fun, healthy way to support community health initiatives in Cumberland County. The event features food, music and complimentary screenings at our health fair.

Saturday, October 27, 2012

Cumberland County College
3322 College Drive ■ Vineland, NJ 08360

Event Schedule

9:00 a.m. **5K Run**
NO baby joggers.

9:00 a.m. **1- to 3-Mile Walk**

8:00 a.m.-11:00 a.m. ... **Health Fair**

Races and walk begin in front of the Student Center.

*Rain or
shine!*

Registration

Run registration: 7:00-8:30 a.m.

Walk registration: 7:00-8:45 a.m.

Register online at:

www.runsignup.com/bonerun

Race Entry Fees

\$25.00 early registration.

\$30.00 day of the event for runners.



Walkers

Bring friends and family members to our non-competitive 1- to 3-mile 'fit and fun' walk. Choose your own distance. Walkers are invited to collect and submit contributions to help support community health initiatives in Cumberland County, but it is not mandatory in order to participate in the walk. For contribution envelopes, call Kim Schwindt at (856) 575-4566. You may hand in your sponsorship packages with contribution envelopes at the registration table PRIOR to beginning your walk. You may begin any time between 9 and 10 a.m. There is no registration fee. Walkers with contributions of \$25 or more will receive a commemorative T-shirt.

Location

Cumberland County College
3322 College Drive, Vineland, New Jersey 08360

United Way of Greater Philadelphia and Southern New Jersey in Cumberland County is a local, volunteer driven non-profit organization working to make a positive impact in the lives of Cumberland County's residents. United Way utilizes a collaborative approach and currently partners with a number of local agencies to fund 17 local programs and services that target needs in the areas of Education, Income and Health. In addition, United Way supports 2-1-1, a non-emergency helpline that helps connect residents with resources. This service, in partnership with the State of New Jersey, is TTL compatible and available 24/7. If you, or someone you know, needs help just dial 2-1-1 to be connected with resources in your area. More information on United Way and the impact being made in Cumberland County can be found at www.uwcumberland.org

Hosted by

United Way
of Greater Philadelphia
and Southern New Jersey
in Cumberland County



and  South Jersey Healthcare®

For More Information

Bruce Willson, Race Director

(856) 696-3924 / BoneRun@sjhs.com

Kim Schwindt, Walk Coordinator

(856) 575-4566 / BoneWalk@sjhs.com

Run Prizes

Cash prizes will be awarded to the top eight male and female finishers. 1st place, \$300; 2nd place, \$250; 3rd place, \$175; 4th place, \$150; 5th place, \$100; 6th place, \$75; 7th place, \$50; 8th place, \$25.

Event awards will be presented to the top three in each division — male and female. *Age groups: 14 & under, 15-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+.*

Awards will be also be presented to the runners and walkers with the best Halloween costumes. All children in Halloween costumes will receive a gift.

Amenities

- Long-sleeve T-shirt for runners
(guaranteed size if pre-registered by 10/27/12)
- Post-race refreshments
- Halloween candy and treats