

# 2023 Break Bread Bun Run™

(Valdosta's Meals on Wheels)

First Presbyterian Church of Valdosta, GA



## Schedule of Event

Date: June 10, 2023

Time: Race begins at 7:30 A.M.

Location: YMCA of Valdosta

Race Day Registration: 6:30 A.M.

2424 Gornto Road, Valdosta, GA

The race begins and ends in the lower-level parking lot of the YMCA and winds through the Old Wood Valley subdivision.

## Registration Information

Registration fee: \$20.00

Check payable to:

First Presbyterian Church of  
Valdosta

P.O. Box 1094, Valdosta, GA 31603  
229-242-8376

## Awards

### Overall Male and Overall Female Winners

Top 2 Male and Female finishers in the following age groups:

11 and under 12-14 15-19 20-29 30-39

40-49 50-59 60-69 70 and over

## Official Entry Form 2023 Break Bread 5K Bun Run Walkers are Welcome!

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M/F: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\*How did you hear about the race? \_\_\_\_\_

**Waiver:** I am medically able and properly trained to run this race. In consideration of my acceptance of this entry, I waive any and all claims for myself and my heirs against any officials and sponsors of the Break Bread Bun Run for injury or illness that may result from my participation. Failure to participate in the appropriate age division is grounds for disqualification.

\_\_\_\_\_  
Signature of Participant or Parent/Guardian (if participant is under 18)

**Circle your T-shirt size:** *Shirts guaranteed only to preregistered runners. On-site shirts have no sizing guarantee and are limited.*

Youth S

Youth M

Youth L

Youth XL

Adult S

Adult M

Adult L

Adult XL

Adult XXL