

Eagle Kids Race Information

Sunday, September 20, 2026



RACE DAY SCHEDULE

5:00 am Transition Area Opens

6:00 am Pool Opens for Optional Swim Warm-Up

6:30 am Transition Closes - Opening Ceremony & Mandatory Athlete Meeting

7:00 am Eagle Kids Splash and Dash Race begins

Eagle in the Sun Swim Line Up Begins

7:30 am Eagle in the Sun Swim Begins or as soon as Eagle Kids are done

8:00 am Bike-Run Begins

8:30 am 5k Run/Walk Begins

10:30 am Awards (estimated)

RACE DAY INFORMATION

Safety is our number one priority. With that said, Eagle Kids and a designated parent (adult) will have numbered matching bracelets. These bracelets will be distributed at packet pickup. The bracelets are to be put on prior to the race. When Eagle Kids cross the finish line they are to be contained within the space until the parent/adult with a matching bracelet picks them up. Eagle Kids will not be released until said parent/adult shows up with matching bracelet.

Timing Chips

Eagle Kids will not receive timing chips. Eagle Kids Splash and Dash event is not a timed event. Eagle Kids will receive a participatory Splash & Dash medal and an Eagle in the Sun Triathlon Finishers Medal.

Transition Area

Transition spots are first come, first serve. Sections will be marked Sprint, Aqua Bike, Relays, Bike-Run and **Eagle Kids**. Spectators will not be allowed within transition at any time.

Eagle Kids' parents will not be allowed in the transition area. NO EXCEPTIONS! Practice your transition set-up and be ready to set it up by yourself.

Pool Area

Eagle Kids' parents will be allowed in the pool area but only in the **Bleachers**. This helps us maintain clear walkways, safe transitions, and an environment where lifeguards and volunteers can do their jobs without obstruction.

Eagle Kids may wear **swim vests only** during the swim portion. **No other flotation devices**, including arm floaties, kickboards, or noodles, will be permitted.

Please, do not leave anything in the pool facility, as it will be closed after the swimmers are done and you will not be able to get your stuff. Pool volunteers will assist you entering and exiting the pool. Eagle Kids will enter the water in the last two lanes of the pool. See map below. Eagle Kids will enter the pool every 10 seconds, feet first. Pool volunteers will assist swimmers entering the pool. Each swimmer will swim 1 length of each lane to complete 100 yards. Each swimmer must touch the opposing wall before shifting to the next lane. Each swimmer will swim down and under 2 lanes. Swimmers will exit the pool via a ladder in the corner of the pool closest to the back exit.

Finish Line

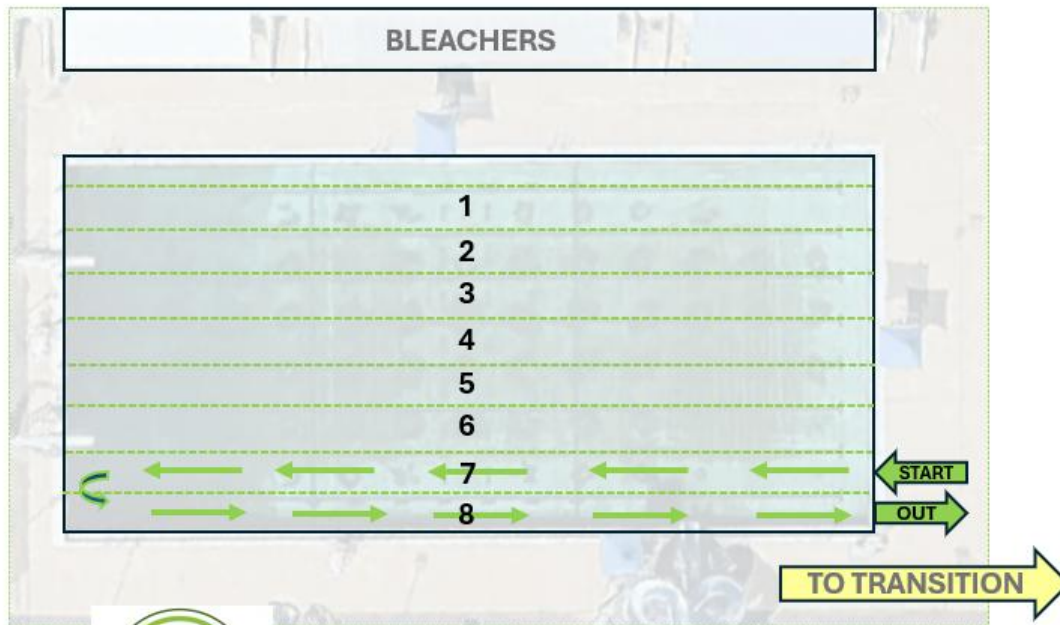
To keep all our Eagle Kids safe, we kindly ask parents/siblings/family not to run alongside their Eagle Kids during the run portion or across the finish line. Giving them space ensures a smooth, safe race for every child out there.

Award Ceremony

Eagle Kids will receive an Eagle in the Sun Triathlon finisher medal and a Splash and Dash medal.

Transition Area





Swim Map | 100 Meter
 Ascarate Park & Pool
 6900 Delta Dr., El Paso, TX 79905



RUN MAP | 1K
 ASCARATE PARK & POOL
 6900 Delta Dr., El Paso, TX 79905