



Carmi-White County Junior High School Peoples National Bank Glow 5K Run/Walk

5K Run/Walk to benefit the Carmi-White County Junior High School P.B.I.S. (Positive Behavioral Interventions and Support) program

**Friday, May 16, 2014
Race begins at 7PM – RAIN or SHINE**

Entry fees and information:

- Pre-Register by May 2, 2014 and only pay \$20 for adults, \$10 for 14 years and under
- Race day registration begins at 5PM, fee after May 2, 2014 is \$25 for adults, \$15 for 14 years and under
- Registration fee includes race entry and short sleeve t-shirt
- Overall and age group winners (10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+)
- Early packet pick-up Thursday, May 15th from 8:30AM to 4PM at Carmi Peoples National Bank, 180 Commerce Street
- Run/Walk begins and ends at Washington School (map on back)

Name _____ Gender _____ Age (on day of race) _____

Address _____ City _____ State _____ Zip Code _____

Phone (____) ____ - _____ email _____

T-shirt size (circle one): Adults: S M L XL 2X Youth: S M L

I hereby for myself, my minor child (if applicable), my administrators, heirs and assigns waive and release any and all rights and claims for damages, including negligence, I may have against Carmi-White County Junior High School and/or Carmi-White County Unit #5, its officers, directors, employees and volunteers; the organizers of this run/walk; their sponsors, associates, contractors, other entrants and representatives, an the Town of Carmi, IL, their boards, elected and appointed officials, and their employees for property damage or personal injury, including death that may arise or grow out of my participation or my minor child's participation in the Peoples National Bank Glow 5K Run/Walk. I also agree to indemnify and hold harmless the School and District, its officers, directors, employees and volunteers, the organizers of this Run/Walk, their sponsors, associates, contractors, other entrants and representatives, the Town of Carmi, their boards, elected and appointed officials, and their employees in any claim, damages, expenses or action, including attorney fees, assessed or brought against them because of my acts or omissions or the acts or omissions of my minor child. I also agree to follow the rules of this Run/Walk, obey all traffic laws, exercise all safety precautions, avoid littering, and respect property of others.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age _____ Date _____

Make checks payable to: CWCHJS
Mail or drop entry form to:
Peoples National Bank
180 Commerce Street
Carmi, IL 62821

For more information call Kate Simmons at 382-4661 or email ksimmons@carmischools.org



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