



Monster Dash 5K and Kids Spooky Sprint RACE WEEK UPDATE

Badger Prairie County Park-Verona, WI

LOCATION:

Badger Prairie County Park-Park Shelter
4654 Maple Grove Dr
Verona, WI 53593

SCHEDULE:

SATURDAY, OCTOBER 31, 2020

Monster Dash

Window 1: 8:00am to 8:09am
Window 2: 8:10am to 8:19am
Window 3: 8:20am to 8:29am
Window 4: 8:40am to 8:49am
Window 5: 8:50am to 8:59am
Window 6: 9:10am to 9:19am
Window 7: 9:20am to 9:29am
Window 8: 9:40am to 9:49am
Window 9: 9:50am to 9:59am
Window 10: 10:10am to 10:19am
Window 11: 10:20am to 10:29am

Kids Spooky Sprint

Window 1: 8:30am to 8:39am
Window 2: 9:00am to 9:09am
Window 3: 9:30am to 9:39am
Window 4: 10:00am to 10:09am
Window 5: 10:30am to 10:39am

PLEASE BRING THE FOLLOWING:

- Your QR code (available in your Race Week Update or confirmation emails)
- Hydration for out on the course
- A face covering

PACKET PICK-UP:

SATURDAY, OCTOBER 31

- Please arrive no more than 15 minutes before your selected start window.
 - **A face covering is required at packet pick up**
- If you are late for your start window you will not be able to start as we must cap each window due to social distancing guidelines.

COURSE DESCRIPTION:

EXERCISE CAUTION AND BE AWARE OF TRAFFIC AND OTHER PEOPLE AS THIS IS AN OPEN COURSE

The course is 95% grass trails with a short distance on the paved bike path. The trails are wide and will allow ample room for safely passing others. Please pass on the left and make yourself known.

AID STATIONS:

There will be no aid stations on course to limit touch points. However, there will be bottled water at the finish and pre-packaged candy on the course provided by Festival Foods.

START AREA:

- Once you receive your bib please proceed to the Start Area.
- If there are multiple participants in the area, please stand by the next available cone (10' spacing).
- Please continue to wear your face covering in the start area.
- A staff member will start participants every 30 seconds if there are multiple people in the start area.

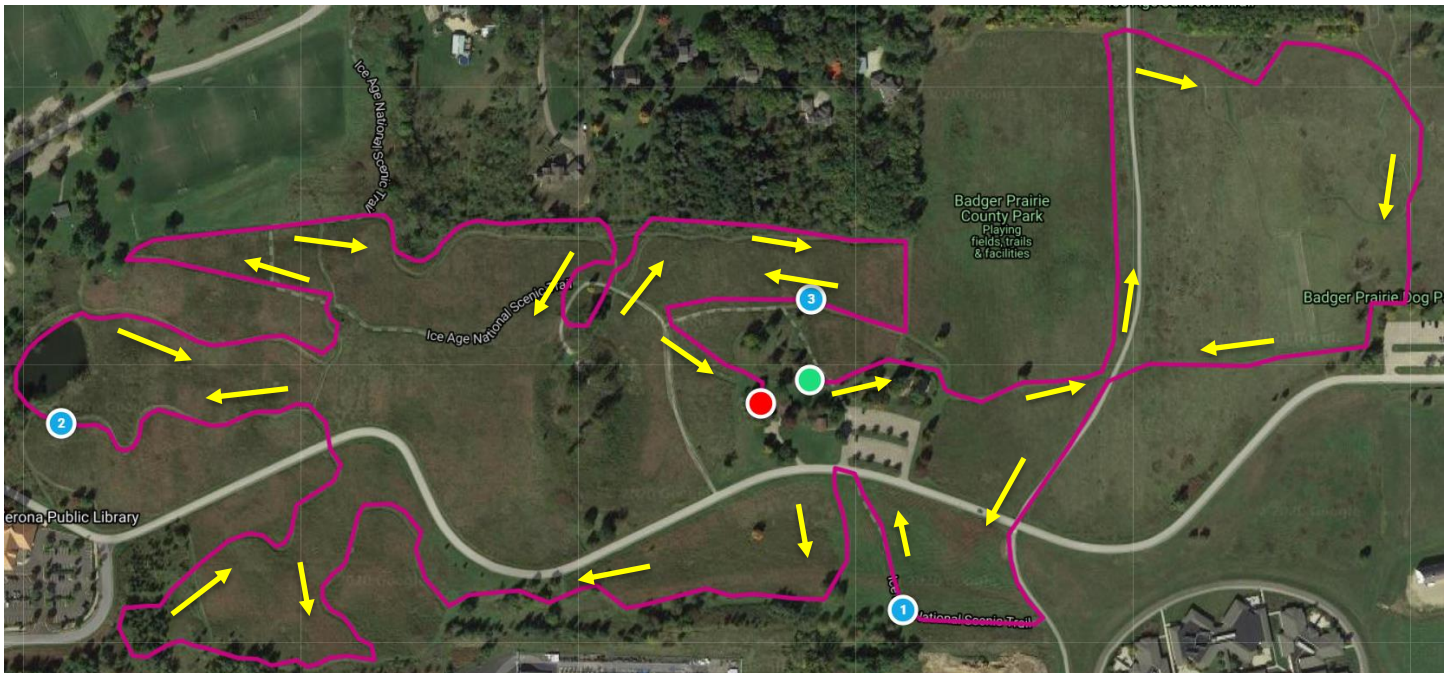
FESTIVAL FOODS FINSH AREA:

- Finish line water courtesy of Festival Foods
- Swag Bag valued at over \$70
- We ask that you immediately leave the finish area and event space to allow for maximum social distancing
- Haunted House Finish Shoot (optional)

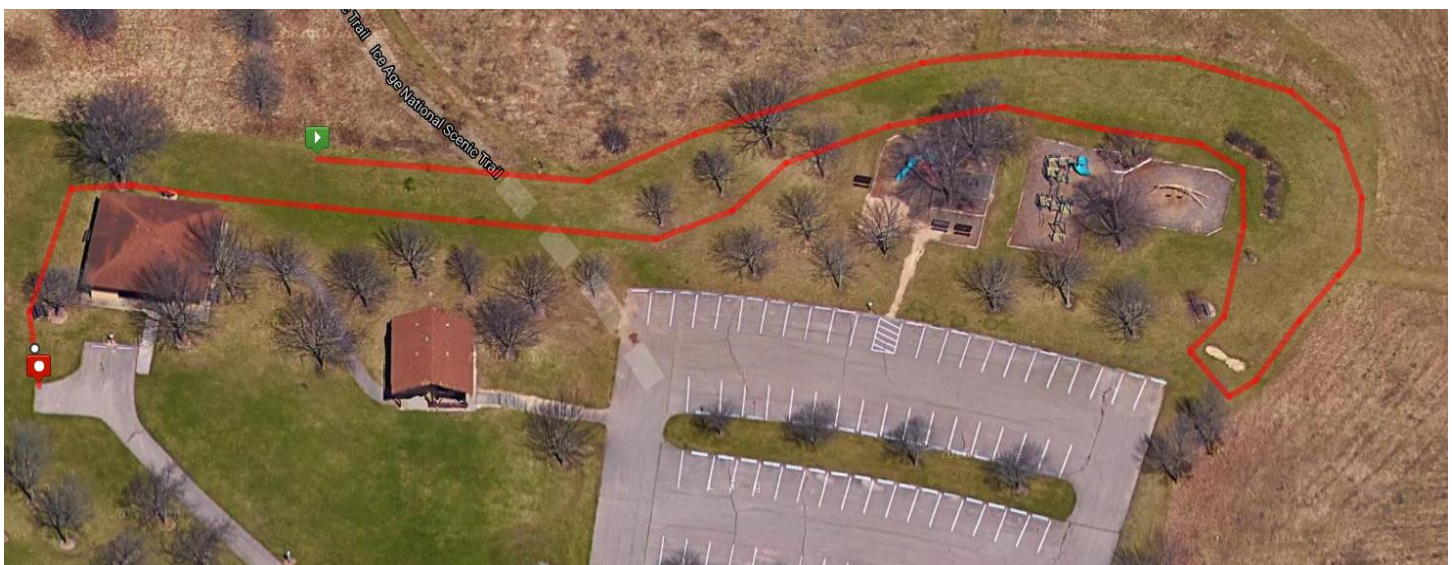
SPOOKY SPRINT:

- .25 mile loop starting at Monster Dash start line and finishing by Monster Dash finish line
- Kids can run with 1 adult
- There will be 4 candy stops along the way with pre-packaged candy and other fun items for those with allergies
- Kids do not run through the Haunted House, but they can go through if they would like

MONSTER DASH COURSE MAP:



SPOOKY SPRINT COURSE MAP:



RACE PERKS:

All event participants will receive the following items:

- Water brought to you by **Festival Foods**
- \$10 off coupon courtesy of **Fleet Feet of Madison & Sun Prairie**
- Free pint coupon from **Hop Haus Brewing**
- Coupon courtesy of **Sassy Cow Creamery**
- Free sundae coupon courtesy of **Culvers**
- Free combo upgrade with the purchase of a sub from **Firehouse Subs**
- CANDY!!!

REMINDERS:

- Please attach your bib number on the front of your shirt so that it is visible.
- If you are running with children, please make sure they are safe and near you at all times.
- Please be courteous and respectful to Race Staff, your fellow participants and the public that may be on the course!
- **Please follow all safety and social distancing guidelines! It is a privilege to be able to hold this event and get back to doing what we love. Let's all focus on showing that we can continue to have these events in a safe and responsible manner and have some fun!**

We look forward to seeing you this Saturday!

-The Race Day Events Team



THANK YOU!

Please thank our sponsors with your patronage. Without their support, this event would not be possible

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