

# COVID-19 MITIGATION & SAFETY

## ENSURING A SAFE RETURN TO RACING

LOUISIANA  
MARATHON



FRESHJUNKIE Racing has always taken pride in putting on safe and high-quality events for our participants. As we plan to return to event production, we will be openly communicating any/all changes to our events in regards to COVID-19. Please understand that the circumstances are constantly changing and we will continue to adjust to ensure a safe and healthy race experience.

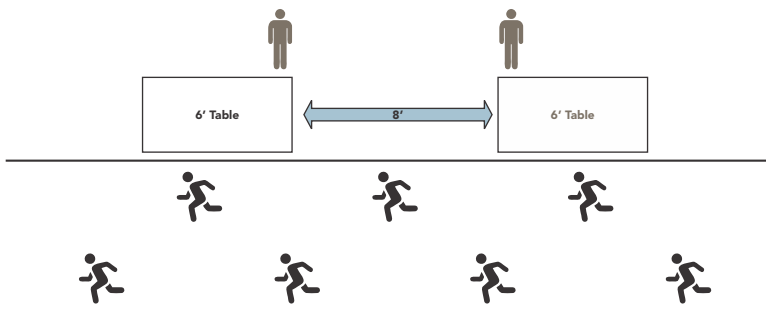
### START

- Start corrals will be assigned and limited to ensure social distance
- Runners will start in time trial/staggered start to maintain distancing
- Please do not come to starting line before your time



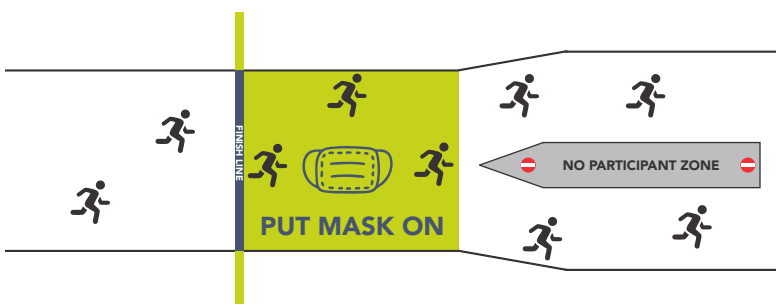
### RACING

- Water station tables will be spaced
- Cups will not be handed to runners
- Runners are encouraged to bring personal hydration to reduce contact



### FINISH

- Masks must be put on after Finish
- Finish line split to minimize congestion
- Spectators are not allowed
- Maintain Social Distance
- Exit the finish line quickly



## STAYING SAFE



MASKS REQUIRED WHEN NOT RACING



PLEASE PRACTICE SOCIAL DISTANCING



WASHING YOUR HANDS OFTEN

CARRYING HAND SANITIZER



STAYING HOME IF SICK  
AVOID TOUCHING YOUR FACE