



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FITNESS FRIENDSHIP 5K FUN

Saturday, Feb 12
Registration 7 am
Walk Start 8 am

Come as a couple, come as a family, come as you!
Join your friends and neighbors in celebrating
healthy living, family and friendships as you help
the Y ensure a brighter future for us all.

\$20 per person
\$30 per couple (any combination of two)
\$10 for students
FREE for Fit for the Future program members

Sign up over the phone. Call 661-723-9622
or drop by the Y. Pick up your race packet at
our event Expo on Friday, February 11th
from 4–7 pm or at 7 am on Race Day.

EVENT SPONSORS

RoadID, JB Construction
Metro Floors

ANTELOPE VALLEY FAMILY YMCA
43001 10th St. West, Lancaster
In Lancaster City Park
661-723-9622
www.ymcala.org/av

