

FMC DEVENS TRAINING CENTER

42 PATTON ROAD • AYER, MASSACHUSETTS



HUFF & CUFF *fitness run/walk*

a fast fun and flat 5k run/walk through devens

PRE-ENTRY FEE \$22 RACE DAY ENTRY FEE \$25

Saturday, October 2, 2010
10:30 am

- ★ A “HUFF & CUFF” T-Shirt to the First 150 Participants Registered
- ★ Post Race BBQ, Live Entertainment, Children’s Activities
- ★ Cash Awards to Top 3 Male & Female Overall
- ★ Plaques to Top Male & Female (18-35, 36-59, & 60+)

Name: _____ Gender M F Age _____

Street Address _____

City _____ State _____ Zip _____

Phone (Home) _____ Cell _____

Email Address _____

Circle Event: 5k Run or Fitness Walk

Circle T-Shirt Size: S M L XL

*Make Checks Payable To: FMC Devens Employees’ Club
Mail To: Michael Buckley • 70 Overlook Road • Westminister, MA 01473*

I KNOW THAT RUNNING IS A POTENTIALLY HAZARDOUS ACTIVITY. I SHOULD NOT ENTER AND RUN UNLESS I AM MEDICALLY ABLE AND PROPERLY TRAINED. I AGREE TO ABIDE BY ANY DECISION OF A RACE OFFICIAL RELATIVE TO MY ABILITY TO SAFELY COMPLETE THE RUN. I HEREBY CERTIFY THAT I AM IN GOOD HEALTH AND I HAVE TRAINED TO RUN THE DISTANCE OF THE RACE, WHICH I AM ENTERING. I ASSUME ALL RISKS ASSOCIATED WITH RUNNING IN THIS EVENT INCLUDING, BUT NOT LIMITED TO: FALLS, CONTACT WITH OTHER PARTICIPANTS, THE EFFECTS OF WEATHER, INCLUDING HIGH HEAT AND/OR HUMIDITY, TRAFFIC AND THE CONDITIONS OF THE ROAD, ALL SUCH RISKS BEING KNOWN AND APPRECIATED BY ME. HAVING READ THIS WAIVER AND KNOWING THESE FACTS AND IN CONSIDERATION OF YOUR ACCEPTING MY ENTRY INTO THIS RUNNING RACE, I, FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE FMC DEVENS EMPLOYEES’ CLUB AND FMC DEVENS, THEIR OFFICERS, DIRECTORS, AGENTS, VOLUNTEERS AND EMPLOYEES, ALL STATES, CITIES, COUNTRIES OR OTHER GOVERNMENTAL BODIES OR LOCATIONS IN WHICH EVENTS OR SEGMENTS OF THIS RACE ARE HELD, ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS, FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THIS EVENT EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF THE PERSONS OR ENTITIES NAMED IN THIS WAIVER. I AM AWARE THAT THE FMC DEVENS EMPLOYEES’ CLUB STRONGLY DISCOURAGES THE USE OF PERSONAL AUDIO DEVICES (IPODS AND MP3 HEADSETS).

Signature: _____ Date: _____