



# DEPTFORD SPARTAN MARCHING

## BAND 5K RUN & FUN WALK

SPONSORED BY **SNAP**  
FITNESS-24-7

**SATURDAY - JUNE 11, 2011 - 9:00 AM - START TIME**

### LOCATION

DEPTFORD SNAP FITNESS  
1450 Clements Bridge Rd.  
Deptford, NJ 08096

### EVENT SCHEDULE

*Rain or Shine - No Refunds*

7:30 - 8:45 AM	Registration
9:00 AM	5k Run/ Fun Walk
10:00 AM	Awards Ceremony

### INFORMATION: 5K Run Age Groups

### Awards

19 & Under

20 - 29

30 - 39

40 - 49

50+

5k Overall Top Male Finisher

5k Overall Top Female Finisher

Top 3 runners in each age group receive medals

*Pre-Register*

*Day of Race*

5k Run \$20.00 \$25.00

5k Walk \$10.00 \$15.00



### ONLINE REGISTRATION AVAILABLE!

5k - <https://www.runsignup.com/Race/NJ/Deptford/DeptfordMarchingBand5k>

Walk - <https://www.runsignup.com/Race/NJ/Deptford/DeptfordMarchingBandFunWalk>

Entry Fees (Non-Refundable) Pre Registration until 06/08/11

Mail Entry Form and Check Made Payable to: Deptford Snap Fitness, 1450 Clements Bridge Rd., Deptford, NJ 08096

Name: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Check one: 5k: \_\_\_\_\_ Fun Walk: \_\_\_\_\_ Circle Shirt Size: S M L XL XXL

**Waiver:** I know that running a road race is a potentially hazardous activity. I certify that I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts in consideration of your accepting my entry fee, I, for myself and anyone entitled to act on my behalf, waive and release all sponsors, volunteers, and their representatives and successors, including Snap Fitness, Deptford Township, and Deptford Police from all claims of liabilities arising out of my participation in this event.

Signed: (Parents signature if under 18) : \_\_\_\_\_ Date: \_\_\_\_\_