



SUNDAY, JULY 12, 2026 50th Annual Event!

Starts & Finishes at the Lake County Fairgrounds  
5-Mile Race: 8:00 am 5K Run/Walk: 8:15 am

# THE NEWS-HERALD

For more information visit: [www.gcxcrcing.com](http://www.gcxcrcing.com)

(circle one)

Johnnycake Jog 5 Mile

\$10 thru 2/28  \$15 thru 3/31  \$20 thru 4/30  \$25 thru 5/31

Johnnycake Jog 5K/ Walk

\$30 thru 6/30  \$35 thru 7/11  \$40 race Day

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Age on race day: \_\_\_\_\_

Gender Male / Female

T-shirt size: YL S M L XL 2XL

Start Time: 8:00 AM (5 Miler) – 8:15 AM (5K)

I accept that I compete in this event at my own risk and I hereby waive and release the event, Lake Health, Greater Cleveland XC, Second Sole Mentor, The News-Herald, The Lake County Fair, City of Mentor, City of Painesville, Townships of Concord and Painesville, and any city or village, sponsor, officer, and member of said organization, their representatives, successors, assigns, and any individuals who are in any way connected with this event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation. I also understand the risks involved in this event and I am physically fit and sufficiently trained to participate.

Signature: \_\_\_\_\_ (Parent or Guardian Signature Required if Under 18)

Please make checks payable and

send to: GCXC  
Attn: Johnnycake Jog  
8815 East Ave.  
Mentor, OH 44060

