

We look forward to hosting you on Sunday (5/31) in the Pleasant Prairie age group race. Even though the races do not start until the afternoon, please consider coming earlier and watching the top elite athletes (age 13 – 19) in the country compete in the Pleasant Prairie Youth and Junior Elite Cup race. Many of the participants started their triathlon careers in the Youth event.

Here are some details to help you prepare for this weekend's race:

Location of the Race

- Rec Plex, 9900 Terwall Terrace, Pleasant Prairie, WI 53158 – actual race site is across the lake from the Rec Plex

Packet Pick Up

- Packet pick up is available on Saturday from 9:30am – noon in conjunction with the elite race packet pick up
 - The only item you will be picking up is your customized Pleasant Prairie Cup water bottle (in place of T-shirts this year)
 - Timing chips will be distributed at the beach prior to the races starting
- Packet pick up is also available from 10:30am until 12:00pm on Sunday at the race site (White tent near the pavilion)

Pre-race Meeting

- The pre-race meeting will take place prior to the event at the beach area – in the 12:45pm timeframe

Body Marking

- Please ensure you are body marked prior to your race. You can do this at the registration tent. There are no bibs, bike numbers, etc. necessary for this event

Chip Distribution

- Chip distribution will occur just prior to the start of the event at the beach area

Water Temp

- We will provide further water temp updates as we approach race day. Please note that most athletes are typically in the water in the 2 - 3 min range in the 6 -10 age group and the 3-5 min range in the 11-14 age group.

Race Distances

- Juniors (6-10 year olds)-100 Meter lake swim, 4K Bike (1 lap of bike), 1K Run
- Seniors (11-14 year olds) –200 Meter lake swim, 8K Bike (2 laps of bike), 2K Run

Race Start

- The race is expected to start after the elite races are done (in the 1:00pm timeframe). We will announce when transition is open (should be in the 12:15 – 12:30pm timeframe). Seniors will race first and then Juniors will race afterwards
- The race will begin with separate mass starts for each age and gender division. Specifically, Senior Boys (ages 11–14) will race separately from Senior Girls; Junior Boys (ages 6–10) will race separately from Junior Girls. Each of these four groups will start individually. Please help your athlete self-seed appropriately within their group—stronger swimmers toward the front, and less confident swimmers toward the back. Each wave is expected to include 10–20 participants, allowing for a safe and manageable start for everyone.

Transition

- When transition opens, you are welcome to select any spot for your bike and belongings
- There will be bike racks available for athletes to use but they may also place their bike and transition gear on the pavement. For younger athletes, we find that sometimes it is difficult to lift their bike on and off the racks
- Triathlon bikes with aero bars are not allowed in this event.

Course Map

- Course map is located at the link below and also included with this email. Note the Seniors have to do two loops of the bike course
 - [Pleasant Prairie Youth Tri](#)
- On the bike, athletes should stay on the right side of the road. Faster riders will be passing on the left hand side
- Please be aware of riders around you when you are approaching the turns on the bike course. On the bike turn arounds, athletes should slow down and hold their spot – do not pass on the turn arounds
- No drafting is allowed in the Junior and Senior event. Participants should stay at least 2 bike lengths behind the participant in front unless they are passing

Parking

- Parking map is located at the bottom of this document – recommended parking locations are E2, C and B
- There is a ¼ mile to a ½ mile walk to the start so please plan accordingly.
- Please be mindful of the elite races taking place on Sunday and stay off the course – even if the course is not currently in use

Results & Awards

- Results will be posted at the race site but they will also be posted here: Age Group:
 - [Pleasant Prairie Youth Tri](#)
- Awards – there will be an awards ceremony after the two events are completed. The top 3 athletes in the following male and female age groups: 6-8, 9-10, 11-12 and 13-14 will be recognized.

