Water Station #1 (Hours 5:30am to 1:30pm)



Volunteer parking – In the South/East Corner of Shepherd and Willow.

Setup: Set up tables on Shepherd in street. Place Nuun Sports drink on 1st table, followed by water on 2nd table.

Runner's path:

6:30am – Full, Half & 10k runners will pass your station coming from Willow Ave they will use all tables. (I don't show this path on map) You will see 2500 runners within 30 min, most will only want water. BE PREPARED.

7:00am - 5k Runners (Yellow path on map) will run on the trail behind the water-station KEEP CLEAR, they do not access the water-station at this time. They will make a U-turn onto Willow and pass your water-station which should be setup as shown on map.

Half & 10k will cross over from the South side of Shepherd to the North side of Shepherd to access water-station.

Full Marathon runners will NOT use your water station, they will turn right at Willow.