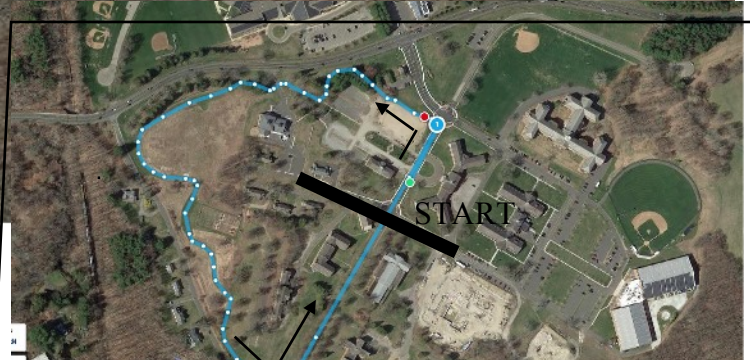


Loop 1 =  Big Loop = 

Newtown 10K - One small loop followed by 3 full loops



LO OP 1



LOOP 1 (1 MILE LOOP TO BEGIN 10K)

