

Lancers 5K

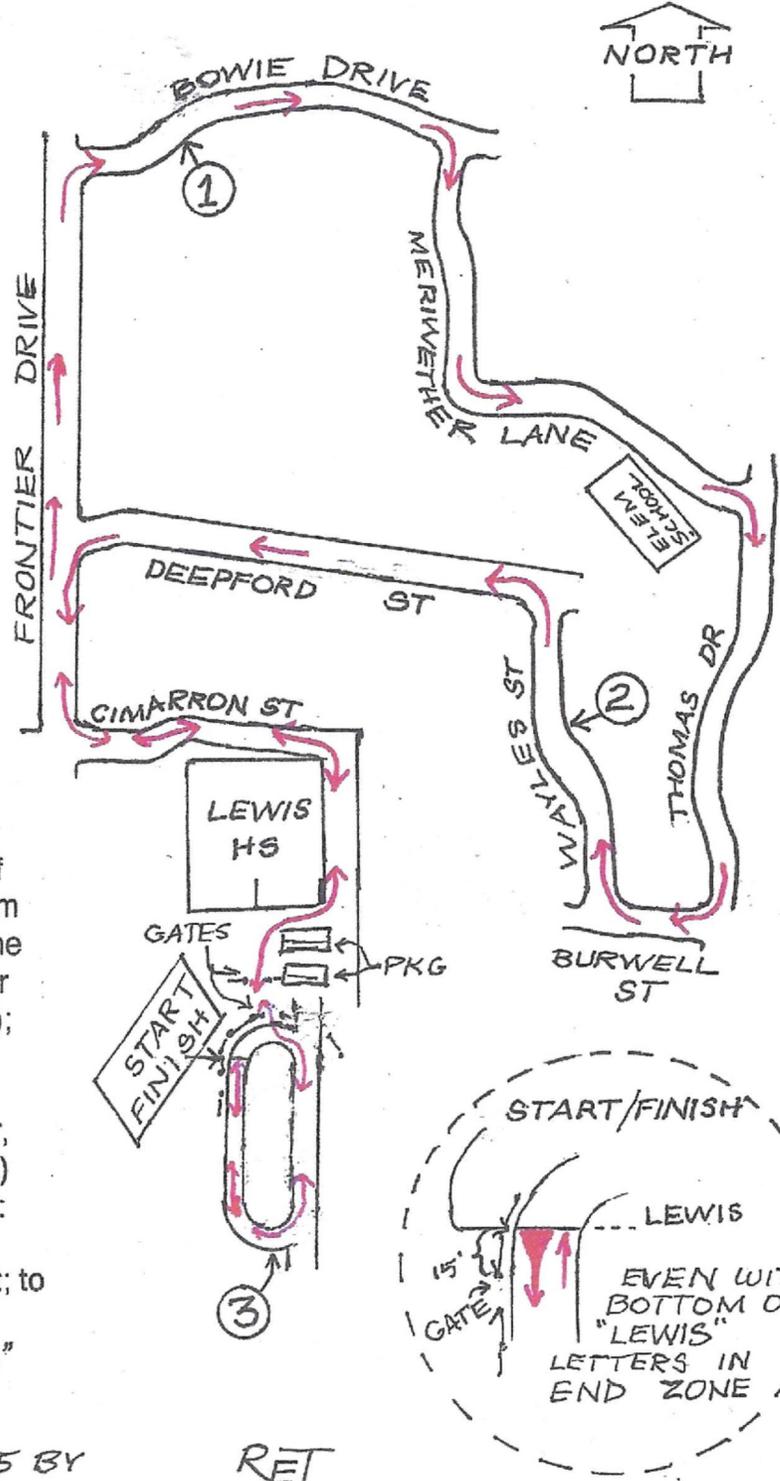
Lewis High School
Springfield, Virginia



USATF Certificate
VA25005RT
Effective: 04/24/2025
Through: 12/31/2035



MAP NOT TO SCALE



Locations

Start/finish: Lewis HS track, 15' N of gate on W side, ~in line with bottom of "LEWIS" letters in north end zone

Mi 1: Bowie Drive, 142 y E of Frontier Dr, 12' before driveway, #6527 (R); even with corner of #6530 (L); 9' before manhole (L)

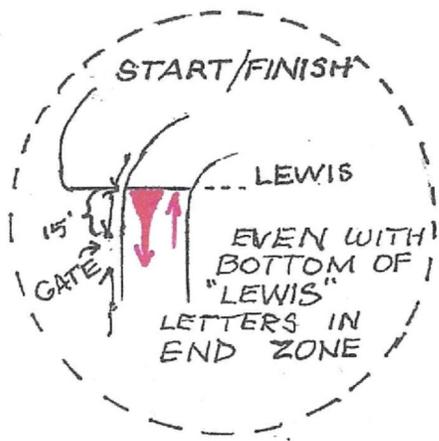
Mi 2: Wayles St, even with front door, #6211(R); opp driveway, #6210 (L)

Mi 3: On track, 199 y past entry gate: 24' past start of lane 1 relay zone; taped distance to discus pad, 36 ft; to corner of high jump area, 28 ft.

Note: points marked with letter "L"

MEASUREMENT

MEASURED APRIL 14, 2025 BY BOB THURSTON, USATF CERTIFIER AND WORLD ATHLETICS 'A' MEASURER. CONTACTS 202-431-0585, thurvet@aol.com. MEASURED USING FULL WIDTH OF THE ROAD, AND FOLLOWING THE SHORTEST POSSIBLE ROUTE (SPR).



RET

ELEVATIONS	
START/FINISH	75 m
HIGH	78 m
LOW	63 m