

HARTNESS SPRINT TRIATHLON 2026



RACE LOCATION:

Hartness Property - 500 Hartness Drive - Greenville SC 29615

RACE START TIME:

Saturday July 11, 2026 at 7:00AM

PACKET PICK-UP:

Friday, July 10, 2026 (2:00 – 4:00pm) - Event Site (Finish Line) [EVENT LAYOUT MAP](#)

Saturday, July 11, 2026 (5:15AM - 6:30AM) - Event Site (Finish Line)

PACKET PICK-UP INFO:

Mandatory Photo ID: All participants will be required to show photo ID at packet pick-up (including relay team members). You will not be given your race packet without photo ID. All participants must pick up their own race packet – individuals and relays.

USAT Members:

USA Triathlon requires that all USAT annual members must show their USAT membership card during registration. With that said you were most likely verified to be an member or not a member DURING registration. Thus, you will not be required to show your USAT Membership card. We suggest always bringing it with you just in case.

RACE PACKET:

Your race packet will contain two race numbers:

The square colored number is your run number and must be displayed on the front of your body during the run segment of the race only. Safety pins will be available at packet pick-up if you don't have a race number belt.

The medium-sized number (actually containing your number twice) has a peel-off backing and is used during the bike segment of the race. Place this number over the top tube of your bike toward the front if possible. It must be seen from both sides of your bike.

There will NOT be a helmet number at this event.

PACKET CHECK LIST:

- PHOTO ID
- USAT CARD
- BIKE AND RUN NUMBER

RACE DAY INFO:

Race Day Arrival and Event Parking:

Please plan to arrive at the race start no later than 6:00AM. All parking will take place in the parking lots behind the large building near the finish line. **CLICK HERE TO VIEW THE EVENT SITE MAP.** There is plenty of parking all within a short walk to the transition area and finish line.

Please note that the run course and bike course share the same roads that you will use to enter and exit the property. If you plan to leave early you can do so but keep in mind athletes will still be racing and use extreme caution.

Chip Pick-Up will be held from 5:30AM—6:30AM on race day adjacent to packet pick-up near the finish line. This race will be timed using the Race Result timing system. Make sure you receive the correct timing chip. Your chip number will match your run number. You will wear this chip on your LEFT ankle. We suggest leaving 1-2 finger widths of space between the timing chip bank and your ankle. **PLEASE NOTE:** You must show your run/bib number to pick up your timing chip.

NOTE: All timing chips must be picked up by 6:30AM. If you lose your timing chip, you will be charged a \$50 replacement fee.

Chip Fit Tips: We usually recommend 1-2 fingers width between the band and your ankle. Too Loose: It could fall off and you'll be charged a replacement fee for the lost chip. Too Tight: It will become uncomfortable as your ankle will swell a little during the race.

Volunteers will remove your strap and collect your timing chip as soon as you cross the finish line.

What happens if I lose the timing chip? If this happens you will be charged a \$50 replacement fee. We will send you an invoice within a week of the race. You will be required to pay that invoice before you race in any other Set Up Events races. Lost chips are a rarity. In 2025, we had less than five lost chips for the entire year. If you attach the chip and chip strap to your ankle correctly, you should not lose the chip.

Body Marking: Body Marking will take place near the finish line / packet pick up / chip pick up area. You may also self body mark if you like. If you do please place your race number on both arms and your age or race category on your right calf.

*****A MANDATORY** pre-race meeting will be held at 6:50AM on race day near the start line. This is the last opportunity we have to communicate important information and any last-minute changes that may be necessary. *******

RACE DAY INFO [CONTINUED]:

TRANSITION AREA:

ONLY PARTICIPANTS ARE ALLOWED IN THE TRANSITION AREA AT ANY TIME.



The transition area will have four entrances/exits:

- Swim Finish
- Bike Start
- Bike Finish
- Run Start

These entrances and exits will be clearly identified through the use of named tent entrance ways. You may use these entrances to enter transition and set up your bike and run transitions until 6:55AM.

DO NOT CROSS ANY TIMING MATS AFTER 7:00AM UNLESS YOU HAVE STARTED YOUR EVENT.

Participants will rack 6 bikes to a rack. Look for your numbered bike rack. There will be no bike storage the night before the event. Do not rack more than 6 to a rack.

BIKE TECH SUPPORT:

Bike Tech support will be provided by Benchmark Bikes near Transition.

SWIM INFORMATION:

The 750 yard swim is held in the large pond / lake adjacent to the transition area. This event will be in a time trial format with one swimmer beginning every 2-3 seconds. Event Staff will be at the start to start you. We will begin Open / Masters Open athletes first and then age group / other category athletes. We ask that you self seed based on your ability. If you are a strong swimmer, begin near the front after our Open athletes begin. If you are a poor swimmer, begin near the end.

Line-Up: Be prepared to line up for the swim **by 6:55AM.**

We will have ample kayaks / stand up paddle boards on the water. If you have a problem, roll over on your back, relax and raise your hand above your head. Water safety will get to you. At this swim you are never more than 10-15 yards from a shoreline. If you need to swim to shore to rest, you may do so and continue when you feel rested.



BIKE INFORMATION:

The bike is a one-loop, 20 KM course through Greenville featuring quiet country roads, moderate grades, rolling climbs and descents. The first section of the course is on a four-lane highway which will have one lane coned from traffic. A bike course map is available on the event web page. Turns are marked with pavement arrows and directional signs. Police and volunteers control all intersections on the course. This is an OPEN course so please be aware at all times while on the bike.

BIKE TRANSITION: Mount your bike at the designated mount/dismount line just outside transition area. You will also have to dismount at this location.

POSITION VIOLATIONS: No drafting. No blocking. USAT Officials may be on the course and drafting and blocking rules will be enforced! Stay to the right to allow faster cyclists to pass on the left.

HELMETS REQUIRED: Hard shell helmets must be worn and fastened before leaving the transition area.

EQUIPMENT: No headphones, earphones or any radio-type devices will be allowed.

RUN INFORMATION:

The run course is a one-loop, 5 KM course. Turns are marked with pavement arrows and directional signs. Please visit our event web page for run course maps.

AID STATIONS: One water stop will be stationed on the run and you will hit this location twice during the run.

PLEASE make sure you deposit ALL trash in the trash containers that will be located at the aid station. We ask for your cooperation with this. Any and all trash must be picked up after the race by our volunteers. Help these folks out – they will have been out there longer than you.

HEADPHONES: Headphones, headsets, walkmans, ipods, mp3 players, or personal audio devices, etc. are not to be carried or worn at any time during the race.

RACE NUMBERS: You MUST wear your run number (with the pull tag) on your front for the run. It must be clearly visible as you cross the finish line. Failure to do so will result in a two-minute penalty.

FINISH LINE: When you approach the finish line you may cross over several timing mats – located approx. 50 yards before the finish line. These mats are used to pick up your race number so that the race announcer will be able to announce your name. Don't stop at this point – keep running to the finish line – the finish line will be obvious.

RELAY TEAMS:



All members must be present at packet pickup. Each member needs to show a photo ID and USAT membership. On race day, someone on the team will need to pick up the team timing chip and neoprene strap. The run number must be shown in order to collect the timing chip.

The neoprene ankle strap allows for easy transfer from swimmer to biker and biker to runner. This strap is worn on the left ankle of each team member. Please remember to pass off the timing chip to your team member for accurate results.

Swimmers will tag bikers at their assigned bike rack location in T1. Bikers must tag runners at their assigned bike rack location in T2. Relay members do not have to remain in the transition area the entire race, but you do need to make sure you are at the bike rack in enough time to get yourself ready and for your team member to tag you. Please be courteous of other competitors as you wait for your team members.

PLEASE DON'T LITTER:

Be good citizens and give our volunteers a break – don't litter on the bike or run courses. Littering will result in an automatic DQ.

POST EVENT FOOD AND DRINKS:

Post-event refreshments will be provided for athletes and volunteers ONLY. We ask for your cooperation with this. We want to ensure that all participants and our hard-working volunteers are provided for after the race.

RESULTS AND AWARDS:

Please use the QR code found in your email or on your race bib to view results. Complete results (with splits) will be posted on the website where you registered by 9:00AM on race day. Results will be updating live throughout the morning

The awards ceremony will take place close to the finish of the last athlete. Listen for announcements during the event as to the expected time. Our best guess is around 9:30AM. This ceremony will take place near the finish line.

THANK YOU FOR CHOOSING SET UP EVENTS! WE APPRECIATE YOUR PARTICIPATION IN THE SOUTH CAROLINA TRIATHLON SERIES. PLEASE VISIT www.southcarolinatriathlonseries.com TO FIND YOUR NEXT RACE AND LEARN MORE ABOUT OUR SERIES AWARDS FOR 2026.

HAVE A GREAT RACE!