



ULTIMATE RUNNER RECORDS

MALE OPEN

Mile	4:15.8	2021	Brandon Hudgins
400	50.5	1993	Keith Mathis
800	1:56.6	2021	Brandon Hudgins
100	10.24	2022	Wil Zahorodny
5K	15:30.7	2000	Patrick Phillips

FEMALE OPEN

Mile	5:00.6	1997	Blake Russell
400	59.25	2013	Mackenzie Wartenberger
800	2:16.3	1997	Blake Russell
100	12.49	2013	Mackenzie Wartenberger
5K	17:13.0	1997	Blake Russell

MALE MASTERS

Mile	4:48.8	2005	Michael McMahon
400	51.6	2014	Leon Bullard
800	2:13.4	2004	Michael McMahon
100	11.90	2014	Leon Bullard
5K	17:24	2001	John Anderson

FEMALE MASTERS

Mile	5:20.0	2007	Mabe, Joan Nesbit
400	64.1	2007	Mabe, Joan Nesbit
800	2:26.9	2007	Mabe, Joan Nesbit
100	14.94	2001	Pickard, Renee
5K	19:26.9	2007	Mabe, Joan Nesbit