

NOVEMBER 15TH



RACING TOWARDS ANOTHER DECADE

DINING discUSHions



Host an evening with your closest friends and/or family, whether you dine in or eat out, share an intimate conversation about your experience living with Usher syndrome. Under simulation your guests can enter the world of Retinitis Pigmentosa, highlight what you CAN do and just be YOU! Share strategies like the clock method

WALK IN MY SHOES

Take an evening stroll, lead a neighborhood walk, or see who's the fastest...regardless of what you choose, have your inner circle walk in your shoes. It's a great opportunity to share your preferences with your peers whether you're at the Friday night game or out and about on the town, be honest how you want things to go down!

SIMULATORS

Masks | Wax Paper | Mini hole punch | Tape

1. Cut wax paper into squares big enough to cover each eye hole
2. Hole punch the center of the wax paper
3. Tape onto backside of the mask, make sure all side are taped to comfort

Make a few extra, these are always great to have on hand, share with your teachers, coaches, or anyone in your community who is part of your plan

TEAM SIGN UP

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