

It's almost race day!

Just a few days away! We distributed over 1,600 race packets tonight, and we can't wait to see the rest of you soon! It helps us SO much to have packets picked up early, and we'll be notifying the winners of tonight's giveaway shortly! A couple Casual Pint gift cards are up for grabs tomorrow night!

Packet Pickup Details

Day 2 (Thursday) Early Packet Pickup: [The Casual Pint](#) (2045 Thunderhead Rd, Knoxville, TN 37922)

Day 3 (Friday) Early Packet Pickup: [The Knoxville Convention Center](#) (701 Henley St, Knoxville, TN 37902)

Race Day (Saturday): [The Knoxville Convention Center](#) (701 Henley St, Knoxville, TN 37902)

Race Start Details

Many of you have asked for more details about the start of the races on Saturday. Both races will start at 8:00 AM from the Clinch Avenue Bridge. A couple of important details are below that we hope will clear up where you need to be to have the best possible race experience:

- There will be a tall sign with an A on it near the starting line. If you think you will complete the 5k in under 25 minutes (8:00 min/mile), you need to make your way in front of that A sign.
- There will be a tall sign with a B on it midway down the bridge. If your goal is to run between 25 and 35 minutes (8:00 to 10:50/mile), you should line up between the A and the B.
- If your goal is to finish in under 45 minutes, you should be between the B and the C signs.
- If you're walking or pushing a stroller, please line up closer to Henley Street or near the Convention Center/stairs/Sunsphere.

Your bib contains a timing chip - when you cross under the orange starting arch, that is when your time begins. It will finish when you cross the finish line in Neyland Stadium. We do expect quite a congested starting line... high five those around you, work your way toward the start, then enjoy your journey through downtown to the stadium!

Race Finish Details

Once you've made it to Neyland Stadium, the celebration begins. There will be thousands of people there to cheer you through. FinisherPix will be working HARD to get pictures at the finish line. Please note a couple points below that will help us at the finish line:

- It's going to be crowded. Please, keep moving - we have a slew of volunteers ready to get you your medal and water, but it's going to be a bit of controlled chaos. Keep moving down the sideline and join your family or friends in the stands.
- Once you've cooled off a bit and cheered other participants across, follow the volunteers in the bright green shirts and head back to field-level for pictures. We've got plenty of time in the stadium, everyone will have a chance for post-race photos, but again, it'll be a bit congested.
- We will be announcing awards inside the stadium. 2.5k awards will begin around 8:45, and 5k awards will start around 9:15.

A diagram of the flow inside the stadium is attached below for reference.



