

August 10, 2013

INDIVIDUALS

CLASS		SWIM		T-1		BIKE		T-2		RUN		TOTAL	
PLACE	PLACE	FINISHER	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	
1		K C. Burkholder, 42, Boiling Springs, PA	3	12:07	20	52	2	41:29	17	28	3	18:02	1:12:56
2		Josh Beck, 35, Carlisle, PA	16	15:25	36	1:21	1	37:06	43	43	7	19:11	1:13:45
3		Michael Falcone, 34, Carlisle, PA	20	15:46	25	1:01	3	42:35	27	35	4	18:47	1:18:42
4	1	Ben Wise, 19, Manheim, PA	12	14:18	13	42	8	45:07	11	22	9	19:49	1:20:16
5	2	Colin Trettel, 19, York, PA	2	12:03	11	41	12	46:51	33	36	15	21:03	1:21:13
6		Christina Bohensky, 32*	13	14:18	17	47	5	43:58	13	24	20	21:52	1:21:17
7	1	Glenn Newton, 41, Mechanicsburg, PA	39	17:20	15	45	6	44:02	25	31	8	19:14	1:21:50
8	2	Bruce Moore, 46	19	15:40	16	47	4	43:04	16	28	32	23:30	1:23:26
9	1	Kyle Letner, 34, Dillsburg, PA	36	17:11	14	44	15	47:38	21	30	11	20:04	1:26:06
10	3	Bryan Gobin, 43	5	12:44	9	40	22	49:35	18	28	28	22:42	1:26:07
11	2	Dan Doyle, 33	17	15:28	19	50	20	49:10	15	27	13	20:44	1:26:38
12	4	Chris Hart, 43, Boiling Springs, PA	9	13:39	34	1:18	30	51:20	22	31	12	20:17	1:27:02
13	3	Aaron Boudier, 29, Chambersburg, PA	38	17:17	40	1:25	11	46:40	47	45	14	20:59	1:27:04
14	3	Chad Enck, 38, Carlisle, PA	21	15:54	43	1:26	14	47:24	46	45	23	22:00	1:27:28
15	4	Davin Alleman, 38, Carlisle, PA	58	19:47	42	1:25	7	44:28	51	47	16	21:17	1:27:43
16		Christine Grice, 43*, Dillsburg, PA	11	13:55	26	1:02	25	50:31	50	46	21	21:53	1:28:05
17		Heather Morris, 36*, York, PA	34	16:54	18	48	24	49:58	38	41	19	21:45	1:30:04
18	1	drew stoken, 56, Carlisle, PA	45	18:02	78	2:34	10	46:36	72	1:13	22	21:59	1:30:23
19	5	Mark Light, 49, Carlisle, PA	6	13:28	24	1:01	29	50:57	23	31	40	24:38	1:30:33
20	6	Steve Peddicord, 46, Mount Holly Sprin, PA	24	16:08	38	1:22	19	49:03	42	43	47	25:17	1:32:30
21	5	Jim Tabor, 35, Carlisle, PA	53	18:36	41	1:25	13	47:08	58	54	39	24:35	1:32:37
22	2	Mike Wise, 55, Manheim, PA	27	16:29	28	1:06	26	50:33	34	37	35	24:00	1:32:43
23	6	Peter Walsh, 31, Elizabethtown, PA	33	16:51	39	1:23	34	52:06	45	45	25	22:15	1:33:18
24	1	Terrie Evans, 45*, Mechanicsburg, PA	44	17:55	27	1:04	36	52:16	26	35	24	22:10	1:33:58
25	2	Nicole Sheedy, 42*, Dillsburg, PA	48	18:19	32	1:15	37	52:24	65	1:02	30	22:52	1:35:51
26	7	casey williams, 45, Boiling Springs, PA	25	16:16	66	2:14	27	50:37	40	41	53	26:05	1:35:52
27	8	Michael Slojowski, 48, Carlisle, PA	7	13:33	53	1:44	17	48:40	74	1:14	81	30:47	1:35:55
28	3	Nicholas Mistishen, 51, Harrisburg, PA	54	18:39	22	57	40	52:51	59	55	29	22:42	1:36:03
29	1	Stephanie Ernst, 32*, Boiling Springs, PA	50	18:27	23	58	32	51:45	9	12	44	24:56	1:36:16
30	4	Michael Foreman, 59, State College, PA	49	18:26	31	1:14	21	49:11	66	1:03	60	26:42	1:36:33
31	5	Joe Lynch, 50, Gettysburg, PA	14	15:19	69	2:19	31	51:45	81	1:23	52	25:53	1:36:37
32	4	Austin Lambert, 25, Mechanicsburg, PA	41	17:34	60	1:59	39	52:51	82	1:24	33	23:38	1:37:24
33	9	Ivan Seele, 45, kennett square, PA	57	19:23	51	1:36	43	53:37	39	41	31	23:00	1:38:14
34	10	Mike Panasuck, 42, Dillsburg, PA	51	18:27	46	1:32	33	51:58	31	36	51	25:52	1:38:24
35	7	Andrew Glumac, 30, Washington, DC	18	15:34	62	2:01	63	58:10	79	1:20	26	22:22	1:39:26
36	11	Michael Sheedy, 43, Dillsburg, PA	32	16:42	50	1:35	41	53:32	87	1:30	57	26:25	1:39:43
37	8	John Swartz, 37, Carlisle, PA	86	24:39	79	2:37	23	49:50	84	1:26	18	21:42	1:40:13
38	9	Jonathan Healy, 31, Lancaster, PA	63	20:52	63	2:02	46	54:27	14	27	27	22:28	1:40:14
39	6	Myrl Hersh, 51, Mechanicsburg, PA	47	18:16	54	1:46	45	54:15	48	46	48	25:34	1:40:35
40	12	Douglas Denlinger, 44, Carlisle, PA	64	21:00	52	1:40	35	52:16	35	37	56	26:22	1:41:54
41	13	Christopher Orem, 46, Easton, PA	67	21:23	67	2:15	28	50:48	71	1:10	59	26:39	1:42:13
42	10	Andrew MacSkimming, 30, Summerdale, PA	37	17:13	29	1:08	44	54:11	36	39	76	29:28	1:42:37
43	2	Erin Brenner, 30*, Boiling Springs, PA	29	16:34	35	1:21	54	56:05	56	50	68	27:50	1:42:38
44	7	Scott McDowell, 51, Boiling Springs, PA	79	23:12	37	1:22	38	52:37	90	1:46	34	23:52	1:42:47
45	1	Eliza Gross, 28*, Mechanicsburg, PA	59	19:49	45	1:29	53	55:54	68	1:06	41	24:39	1:42:55
46	3	Kate Walker, 41*, Mechanicsburg, PA	74	22:03	30	1:12	49	54:42	41	42	42	24:43	1:43:20
47	14	Thomas Reilly, 45, Spring Grove, PA	40	17:32	58	1:56	60	57:50	12	24	55	26:20	1:44:00
48	4	Connie Strayer, 43*, Boiling Springs, PA	60	20:12	49	1:35	50	55:15	77	1:20	50	25:48	1:44:07
49	3	Rachel Rife, 32*, Harrisburg, PA	35	17:09	85	3:08	62	58:07	29	35	63	26:57	1:45:54
50	5	Donna Roth, 47*, Mechanicsburg, PA	61	20:34	44	1:28	55	56:06	60	57	70	28:16	1:47:19
51	6	Franca Dagostino, 46*, Dillsburg, PA	94	27:33	61	2:00	42	53:34	55	50	37	24:08	1:48:04
52	8	David Mooney, 54, Boiling Springs, PA	72	21:55	73	2:26	52	55:26	67	1:06	69	27:52	1:48:43
53	9	Bradford Wood, 61, Boiling Springs, PA	66	21:17	68	2:16	56	56:12	85	1:29	67	27:50	1:49:02
54	2	Amanda Patrick, 29*, Boiling Springs, PA	22	16:03	55	1:48	74	1:00:26	20	29	79	30:24	1:49:09
55	4	Sarah Walsh, 32*, Elizabethtown, PA	55	18:55	72	2:23	51	55:21	53	48	85	31:49	1:49:13
56	5	Leslie Sorenson, 37*, Hummelstown, PA	85	24:22	12	41	61	57:55	62	59	49	25:37	1:49:32
57	7	Kimberly Leo, 43*, Boiling Springs, PA	46	18:10	77	2:34	69	58:51	88	1:35	75	29:13	1:50:20
58	3	Carley Griffin, 20*, Mount Holly Sprin, PA	62	20:47	59	1:58	82	1:03:27	49	46	36	24:05	1:51:01
59	6	Katie Bicksler, 32*, New Cumberland, PA	71	21:49	87	3:14	64	58:12	91	1:49	58	26:31	1:51:33
60	7	Chantal Chaplain, 31*, New Cumberland, PA	15	15:20	81	2:43	85	1:06:19	32	36	61	26:45	1:51:41
61	10	Michael Lynch, 51, Boiling Springs, PA	56	18:56	93	3:54	79	1:02:25	92	1:54	46	25:17	1:52:25
62	8	Kathleen Halligan, 44*, York, PA	43	17:39	56	1:50	81	1:02:55	30	36	80	30:27	1:53:25

63	11	Michael Percherke, 52, Enola, PA	80	23:31	70	2:20	47	54:38	94	2:04	83	31:06	1:53:37
64	1	Lu Ann Wise, 56*, Manheim, PA	97	29:54	48	1:34	59	57:28	37	39	43	24:47	1:54:20
65	2	Nancy Rutch, 54*, Boiling Springs, PA	30	16:35	82	2:46	75	1:00:40	61	57	90	33:29	1:54:26
66	3	Marie D'Souza, 50*, Gettysburg, PA	81	23:34	89	3:29	77	1:01:47	86	1:29	38	24:17	1:54:35
67	9	Renee Wertz, 45*, Camp Hill, PA	83	24:14	33	1:17	65	58:26	75	1:14	77	29:46	1:54:55
68	10	Frances Regan, 49*, Dillsburg, PA	76	22:44	76	2:30	73	1:00:19	44	43	73	28:45	1:54:59
69	11	Meg Romero, 43*, Alexandria, PA	73	21:57	64	2:05	71	59:50	69	1:07	82	30:53	1:55:50
70	15	Anil Reddy, 42, Garnet Valley, PA	92	26:18	86	3:11	70	59:29	57	53	64	27:37	1:57:26
71	12	David Trettel, 52, York, PA	82	23:55	90	3:35	66	58:45	52	48	84	31:17	1:58:18
72	12	Marie Clark, 43*, Dover, PA	68	21:27	57	1:52	68	58:50	83	1:26	94	35:27	1:59:00
73	13	Michelle Howe, 45*, Dillsburg, PA	95	27:50	65	2:05	76	1:01:46	28	35	66	27:46	2:00:00
74	16	Thomas Jackson, 46, Carlisle, PA	70	21:47	80	2:39	80	1:02:52	64	59	86	32:12	2:00:27
75	4	Beth Murray, 54*, Mechanicsburg, PA	52	18:31	88	3:16	78	1:02:13	96	2:28	91	34:24	2:00:50
76	8	Jennifer McCorkel, 38*, Mechanicsburg, PA	84	24:15	74	2:26	84	1:05:22	93	2:02	62	26:52	2:00:55
77	17	Suneet Ranganath, 47, Kennett square, PA	75	22:40	83	3:04	72	1:00:15	73	1:14	93	35:04	2:02:15
78	9	Courtney Williamson, 32*, Carlisle, PA	69	21:28	47	1:34	83	1:04:48	19	28	95	36:23	2:04:39
79	10	Bobbie Falcone, 31*, Carlisle, PA	65	21:02	84	3:07	86	1:07:14	80	1:21	89	33:22	2:06:05
80	4	Lindsey Minguez, 25*, Mechanicsburg, PA	31	16:40	95	4:41	96	1:19:18	70	1:08	65	27:43	2:09:27
81	11	Rebecca Drazba, 38*, Mechanicsburg, PA	88	25:19	71	2:22	88	1:08:07	76	1:17	87	32:41	2:09:45
82	18	Troy Dorais, 43, Harrisburg, PA	89	25:23	96	4:45	89	1:08:36	95	2:09	78	30:10	2:11:01
83	14	Susan Dunn, 45*, Carlisle, PA	91	26:18	91	3:46	87	1:07:18	78	1:20	98	38:41	2:17:22
84	12	Shelly Renfrew, 35*, Dover, PA	77	22:45	75	2:28	97	1:21:07	54	48	88	33:07	2:20:13
85	15	Deborah Henson, 44*, Dillsburg, PA	90	26:03	94	4:16	92	1:11:06	89	1:42	96	38:05	2:21:10
86	5	Sharon Witmer, 54*, Dover, PA	98	32:34	92	3:48	90	1:09:11	97	2:28	92	34:53	2:22:52
87	5	Kristen Lebo, 28*, Bethlehem, PA	96	28:33	98	5:53	95	1:17:21	98	3:34	71	28:20	2:23:39
88	13	Kami Link, 38*, Dover, PA	93	26:55	97	5:05	98	1:34:30	63	59	97	38:23	2:45:50

INDIVIDUALS

CLASS		SWIM		T-1		BIKE		T-2		RUN		TOTAL	
PLACE	PLACE	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	TIME	
Open Men													
1	1	K C. Burkholder, 42, Boiling Springs, PA	3	12:07	20	52	2	41:29	17	28	3	18:02	1:12:56
2	2	Josh Beck, 35, Carlisle, PA	16	15:25	36	1:21	1	37:06	43	43	7	19:11	1:13:45
3	3	Michael Falcone, 34, Carlisle, PA	20	15:46	25	1:01	3	42:35	27	35	4	18:47	1:18:42
Open Women													
6	1	Christina Bohensky, 32	13	14:18	17	47	5	43:58	13	24	20	21:52	1:21:17
16	2	Christine Grice, 43, Dillsburg, PA	11	13:55	26	1:02	25	50:31	50	46	21	21:53	1:28:05
17	3	Heather Morris, 36, York, PA	34	16:54	18	48	24	49:58	38	41	19	21:45	1:30:04

CLASS		SWIM		T-1		BIKE		T-2		RUN		TOTAL	
PLACE	PLACE	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	TIME	
Men Under 30													
4	1	Ben Wise, 19, Manheim, PA	12	14:18	13	42	8	45:07	11	22	9	19:49	1:20:16
5	2	Colin Trettel, 19, York, PA	2	12:03	11	41	12	46:51	33	36	15	21:03	1:21:13
13	3	Aaron Boudier, 29, Chambersburg, PA	38	17:17	40	1:25	11	46:40	47	45	14	20:59	1:27:04
32	4	Austin Lambert, 25, Mechanicsburg, PA	41	17:34	60	1:59	39	52:51	82	1:24	33	23:38	1:37:24
Men 30 - 39													
9	1	Kyle Letner, 34, Dillsburg, PA	36	17:11	14	44	15	47:38	21	30	11	20:04	1:26:06
11	2	Dan Doyle, 33	17	15:28	19	50	20	49:10	15	27	13	20:44	1:26:38
14	3	Chad Enck, 38, Carlisle, PA	21	15:54	43	1:26	14	47:24	46	45	23	22:00	1:27:28
15	4	Davin Alleman, 38, Carlisle, PA	58	19:47	42	1:25	7	44:28	51	47	16	21:17	1:27:43
21	5	Jim Tabor, 35, Carlisle, PA	53	18:36	41	1:25	13	47:08	58	54	39	24:35	1:32:37
23	6	Peter Walsh, 31, Elizabethtown, PA	33	16:51	39	1:23	34	52:06	45	45	25	22:15	1:33:18
35	7	Andrew Glumac, 30, Washington, DC	18	15:34	62	2:01	63	58:10	79	1:20	26	22:22	1:39:26
37	8	John Swartz, 37, Carlisle, PA	86	24:39	79	2:37	23	49:50	84	1:26	18	21:42	1:40:13
38	9	Jonathan Healy, 31, Lancaster, PA	63	20:52	63	2:02	46	54:27	14	27	27	22:28	1:40:14
42	10	Andrew MacSkimming, 30, Summerdale, PA	37	17:13	29	1:08	44	54:11	36	39	76	29:28	1:42:37

Men 40 - 49

7	1	Glenn Newton, 41, Mechanicsburg, PA	39	17:20	15	45	6	44:02	25	31	8	19:14	1:21:50
8	2	Bruce Moore, 46	19	15:40	16	47	4	43:04	16	28	32	23:30	1:23:26
10	3	Bryan Gobin, 43	5	12:44	9	40	22	49:35	18	28	28	22:42	1:26:07
12	4	Chris Hart, 43, Boiling Springs, PA	9	13:39	34	1:18	30	51:20	22	31	12	20:17	1:27:02
19	5	Mark Light, 49, Carlisle, PA	6	13:28	24	1:01	29	50:57	23	31	40	24:38	1:30:33
20	6	Steve Peddicord, 46, Mount Holly Sprin, PA	24	16:08	38	1:22	19	49:03	42	43	47	25:17	1:32:30
26	7	casey williams, 45, Boiling Springs, PA	25	16:16	66	2:14	27	50:37	40	41	53	26:05	1:35:52
27	8	Michael Slojkowski, 48, Carlisle, PA	7	13:33	53	1:44	17	48:40	74	1:14	81	30:47	1:35:55
33	9	Ivan Seele, 45, kennett square, PA	57	19:23	51	1:36	43	53:37	39	41	31	23:00	1:38:14
34	10	Mike Panasuck, 42, Dillsburg, PA	51	18:27	46	1:32	33	51:58	31	36	51	25:52	1:38:24
36	11	Michael Sheedy, 43, Dillsburg, PA	32	16:42	50	1:35	41	53:32	87	1:30	57	26:25	1:39:43
40	12	Douglas Denlinger, 44, Carlisle, PA	64	21:00	52	1:40	35	52:16	35	37	56	26:22	1:41:54
41	13	Christopher Orem, 46, Easton, PA	67	21:23	67	2:15	28	50:48	71	1:10	59	26:39	1:42:13
47	14	Thomas Reilly, 45, Spring Grove, PA	40	17:32	58	1:56	60	57:50	12	24	55	26:20	1:44:00
70	15	Anil Reddy, 42, Garnet Valley, PA	92	26:18	86	3:11	70	59:29	57	53	64	27:37	1:57:26
74	16	Thomas Jackson, 46, Carlisle, PA	70	21:47	80	2:39	80	1:02:52	64	59	86	32:12	2:00:27
77	17	Suneet Ranganath, 47, kennett square, PA	75	22:40	83	3:04	72	1:00:15	73	1:14	93	35:04	2:02:15
82	18	Troy Dorais, 43, Harrisburg, PA	89	25:23	96	4:45	89	1:08:36	95	2:09	78	30:10	2:11:01

Men 50 & Up

18	1	drew stoken, 56, Carlisle, PA	45	18:02	78	2:34	10	46:36	72	1:13	22	21:59	1:30:23
22	2	Mike Wise, 55, Manheim, PA	27	16:29	28	1:06	26	50:33	34	37	35	24:00	1:32:43
28	3	Nicholas Mistishen, 51, Harrisburg, PA	54	18:39	22	57	40	52:51	59	55	29	22:42	1:36:03
30	4	Michael Foreman, 59, State College, PA	49	18:26	31	1:14	21	49:11	66	1:03	60	26:42	1:36:33
31	5	Joe Lynch, 50, Gettysburg, PA	14	15:19	69	2:19	31	51:45	81	1:23	52	25:53	1:36:37
39	6	Myrl Hersh, 51, Mechanicsburg, PA	47	18:16	54	1:46	45	54:15	48	46	48	25:34	1:40:35
44	7	Scott McDowell, 51, Boiling Springs, PA	79	23:12	37	1:22	38	52:37	90	1:46	34	23:52	1:42:47
52	8	David Mooney, 54, Boiling Springs, PA	72	21:55	73	2:26	52	55:26	67	1:06	69	27:52	1:48:43
53	9	Bradford Wood, 61, Boiling Springs, PA	66	21:17	68	2:16	56	56:12	85	1:29	67	27:50	1:49:02
61	10	Michael Lynch, 51, Boiling Springs, PA	56	18:56	93	3:54	79	1:02:25	92	1:54	46	25:17	1:52:25
63	11	Michael Percherke, 52, Enola, PA	80	23:31	70	2:20	47	54:38	94	2:04	83	31:06	1:53:37
71	12	David Trettel, 52, York, PA	82	23:55	90	3:35	66	58:45	52	48	84	31:17	1:58:18

CLASS		SWIM		T-1		BIKE		T-2		RUN		TOTAL	
PLACE	PLACE	FINISHER	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	
Women Under 30													
45	1	Eliza Gross, 28, Mechanicsburg, PA	59	19:49	45	1:29	53	55:54	68	1:06	41	24:39	1:42:55
54	2	Amanda Patrick, 29, Boiling Springs, PA	22	16:03	55	1:48	74	1:00:26	20	29	79	30:24	1:49:09
58	3	Carley Griffin, 20, Mount Holly Sprin, PA	62	20:47	59	1:58	82	1:03:27	49	46	36	24:05	1:51:01
80	4	Lindsey Minguez, 25, Mechanicsburg, PA	31	16:40	95	4:41	96	1:19:18	70	1:08	65	27:43	2:09:27
87	5	Kristen Lebo, 28, Bethlehem, PA	96	28:33	98	5:53	95	1:17:21	98	3:34	71	28:20	2:23:39
Women 30 - 39													
29	1	Stephanie Ernst, 32, Boiling Springs, PA	50	18:27	23	58	32	51:45	9	12	44	24:56	1:36:16
43	2	Erin Brenner, 30, Boiling Springs, PA	29	16:34	35	1:21	54	56:05	56	50	68	27:50	1:42:38
49	3	Rachel Rife, 32, Harrisburg, PA	35	17:09	85	3:08	62	58:07	29	35	63	26:57	1:45:54
55	4	Sarah Walsh, 32, Elizabethtown, PA	55	18:55	72	2:23	51	55:21	53	48	85	31:49	1:49:13
56	5	Leslie Sorenson, 37, Hummelstown, PA	85	24:22	12	41	61	57:55	62	59	49	25:37	1:49:32
59	6	Katie Bicksler, 32, New Cumberland, PA	71	21:49	87	3:14	64	58:12	91	1:49	58	26:31	1:51:33
60	7	Chantal Chaplain, 31, New Cumberland, PA	15	15:20	81	2:43	85	1:06:19	32	36	61	26:45	1:51:41
76	8	Jennifer McCorkel, 38, Mechanicsburg, PA	84	24:15	74	2:26	84	1:05:22	93	2:02	62	26:52	2:00:55
78	9	Courtney Williamson, 32, Carlisle, PA	69	21:28	47	1:34	83	1:04:48	19	28	95	36:23	2:04:39
79	10	Bobbie Falcone, 31, Carlisle, PA	65	21:02	84	3:07	86	1:07:14	80	1:21	89	33:22	2:06:05
81	11	Rebecca Drazba, 38, Mechanicsburg, PA	88	25:19	71	2:22	88	1:08:07	76	1:17	87	32:41	2:09:45
84	12	Shelly Renfrew, 35, Dover, PA	77	22:45	75	2:28	97	1:21:07	54	48	88	33:07	2:20:13
88	13	Kami Link, 38, Dover, PA	93	26:55	97	5:05	98	1:34:30	63	59	97	38:23	2:45:50
Women 40 - 49													
24	1	Terrie Evans, 45, Mechanicsburg, PA	44	17:55	27	1:04	36	52:16	26	35	24	22:10	1:33:58
25	2	Nicole Sheedy, 42, Dillsburg, PA	48	18:19	32	1:15	37	52:24	65	1:02	30	22:52	1:35:51
46	3	Kate Walker, 41, Mechanicsburg, PA	74	22:03	30	1:12	49	54:42	41	42	42	24:43	1:43:20
48	4	Connie Strayer, 43, Boiling Springs, PA	60	20:12	49	1:35	50	55:15	77	1:20	50	25:48	1:44:07
50	5	Donna Roth, 47, Mechanicsburg, PA	61	20:34	44	1:28	55	56:06	60	57	70	28:16	1:47:19
51	6	Franca Dagostino, 46, Dillsburg, PA	94	27:33	61	2:00	42	53:34	55	50	37	24:08	1:48:04
57	7	Kimberly Leo, 43, Boiling Springs, PA	46	18:10	77	2:34	69	58:51	88	1:35	75	29:13	1:50:20

62	8	Kathleen Halligan, 44, York, PA	43	17:39	56	1:50	81	1:02:55	30	36	80	30:27	1:53:25
67	9	Renee Wertz, 45, Camp Hill, PA	83	24:14	33	1:17	65	58:26	75	1:14	77	29:46	1:54:55
68	10	Frances Regan, 49, Dillsburg, PA	76	22:44	76	2:30	73	1:00:19	44	43	73	28:45	1:54:59
69	11	Meg Romero, 43, Alexandria, PA	73	21:57	64	2:05	71	59:50	69	1:07	82	30:53	1:55:50
72	12	Marie Clark, 43, Dover, PA	68	21:27	57	1:52	68	58:50	83	1:26	94	35:27	1:59:00
73	13	Michelle Howe, 45, Dillsburg, PA	95	27:50	65	2:05	76	1:01:46	28	35	66	27:46	2:00:00
83	14	Susan Dunn, 45, Carlisle, PA	91	26:18	91	3:46	87	1:07:18	78	1:20	98	38:41	2:17:22
85	15	Deborah Henson, 44, Dillsburg, PA	90	26:03	94	4:16	92	1:11:06	89	1:42	96	38:05	2:21:10

Women 50 & Up

64	1	Lu Ann Wise, 56, Manheim, PA	97	29:54	48	1:34	59	57:28	37	39	43	24:47	1:54:20
65	2	Nancy Routch, 54, Boiling Springs, PA	30	16:35	82	2:46	75	1:00:40	61	57	90	33:29	1:54:26
66	3	Marie D'Souza, 50, Gettysburg, PA	81	23:34	89	3:29	77	1:01:47	86	1:29	38	24:17	1:54:35
75	4	Beth Murray, 54, Mechanicsburg, PA	52	18:31	88	3:16	78	1:02:13	96	2:28	91	34:24	2:00:50
86	5	Sharon Witmer, 54, Dover, PA	98	32:34	92	3:48	90	1:09:11	97	2:28	92	34:53	2:22:52

RELAYS

PLACE	FINISHER	SWIM		T-1		BIKE		T-2		RUN		TOTAL TIME
		PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	PLACE	TIME	
1	Team Courage	1	10:37	2	23	9	45:09	3	5	5	19:07	1:15:19
2	Team Appalachian Ortho	10	13:45	4	26	48	54:41	6	11	2	16:00	1:25:02
3	Team Airpawah Airheads	42	17:34	5	29	18	49:01	1	5	6	19:11	1:26:18
4	Team Three Stooges	26	16:19	10	41	16	48:33	8	12	17	21:36	1:27:19
5	Team Jersey	8	13:37	8	37	58	57:01	2	5	45	25:03	1:36:22
6	Team G-Moo	4	12:34	7	34	91	1:09:20	7	12	1	15:55	1:38:33
7	Team Coca-Cola	23	16:05	6	33	57	56:16	10	13	54	26:20	1:39:25
8	Team Longs Gappers	78	22:54	3	25	67	58:48	5	11	74	29:04	1:51:20
9	Team Tenacious Trio	28	16:34	1	19	94	1:15:45	4	6	10	20:03	1:52:45
10	Team Project Share	87	24:55	21	54	93	1:12:14	24	31	72	28:22	2:06:55