



BTG7 100-Mile Ride Instructions

The BTG7 100-mile ride consists of three required sections:

20-mile “Early Bird Loop” + 65-mile Medium Route + 15-mile Extra Loop “Long Haul” = 100 miles

To complete the full 100 miles, you must:

1. Complete the Early Bird Loop beginning at 5:15 AM.
2. Join the official event start at 7:00 AM and follow the **Medium Route signs**.
3. Follow the **Extra Loop sign** and ride the Rice Field Loop a second time.

1. Early Bird Loop — 5:15 AM

- **Start time:** 5:15 AM
- **Distance:** Approximately 20 miles
- **Finish:** Return to the official start line before 7:00 AM.
- **Support:** The Early Bird Loop is unsupported. There will be no rest stops or SAG support during this portion of the ride.
- **Experience:** This portion is recommended for experienced riders only.

Important: You must complete the Early Bird Loop to reach the full 100-mile distance.

2. Official Event Start — 7:00 AM

After completing the Early Bird Loop, return to the start line and join the official event rollout at 7:00 AM.

From this point, follow the **Medium Route signs**. The 100-mile ride follows the same course as the 65-mile Medium Route, except you must ride the Rice Field Loop a second time by following the **Extra Loop sign**.

3. First Rice Field Loop

After leaving **Rest Stop 2 (RS2)** at approximately mile 49 of the Medium Route:

- Continue on Meridiana Parkway.
- Turn **right onto Iowa Colony Boulevard**.
- Follow the **Medium Route signs** through the Rice Field Loop.
- The Rice Field Loop will bring you back to the intersection of Iowa Colony Boulevard and Meridiana Parkway, heading north.

This first trip through the Rice Field Loop is part of the regular Medium Route.

4. Required Extra Loop

When you return to the intersection of Iowa Colony Boulevard and Meridiana Parkway after completing the Rice Field Loop the first time, you must ride the Rice Field Loop **again** to complete the full 100-mile distance.

If you do not need to stop at RS2:

- Make a **U-turn** at the intersection.
- Follow the **Extra Loop sign** through the Rice Field Loop a second time.

If you want to stop at RS2 first:

- Turn **left (west) onto Meridiana Parkway** and return to RS2.
- After your break, ride east on Meridiana Parkway back to Iowa Colony Boulevard.
- Turn **right onto Iowa Colony Boulevard**.
- Follow the **Extra Loop sign** through the Rice Field Loop a second time.

5. After Completing the Extra Loop

After your second trip through the Rice Field Loop, you will return to the intersection of Iowa Colony Boulevard and Meridiana Parkway.

If you are ready to continue toward the finish:

- Continue **straight/north on Iowa Colony Boulevard**.
- Resume following the **Medium Route signs** to the finish.

If you want to stop at RS2 again:

- Turn **left (west) onto Meridiana Parkway** and return to RS2.
- After your break, ride east on Meridiana Parkway back to Iowa Colony Boulevard.
- Turn **left/north onto Iowa Colony Boulevard**.
- Resume following the **Medium Route signs** to the finish.

Remember

To complete the full 100-mile ride, you must complete:

- The 20-mile Early Bird Loop
- The complete 65-mile Medium Route
- The required 15-mile Extra Loop

The Rice Field Loop must be ridden twice.