



We're excited to have you join the 100-mile ride! Please read the details below carefully so you know exactly how the route works:

1. Early Bird Loop (5:15AM Start)

- **Start time:** 5:15 AM (before the official event begins).
- **Distance:** 20-mile "Early Bird Loop."
- **Finish:** You will return to the official start line by 7:00 AM.
- **Note:** This section is *not supported* (no rest stops or SAG), so it is recommended only for experienced riders.

2. Official Event Start (7:00 AM)

- After completing the Early Bird Loop, you will roll into the official event start at 7:00 AM.
- From here, you'll ride the Long Route with an **extra loop option** built in to reach your full mileage.

3. Long Route (RS2 and Rice Field Loop)

- After **Rest Stop 2 (RS2)** at mile 27, continue on the Long Route by turning **right onto Iowa Colony Blvd** from Meridiana Pkwy (**Decision Intersection**).
- This takes you through the **Rice Field Loop**.

4. At the end of this loop, you'll arrive back at the **Decision Intersection (Iowa Colony & Meridiana Pkwy, heading north)**.

4. Extra Loop Directions (During Long Route)

- **Need a break?** Turn **left (west)** to return to RS2, then come back to the intersection and continue. Turn right and follow the Extra Loop signs to the Rice Field Loop.
- **No break?** Make a U-turn and follow the course/signs for the **Extra Loop (the Rice Field Loop)**.

★ At the end of the Extra Loop, you'll again return to the Decision Intersection:

- **Need RS2?** Turn **left (west)** for a stop. After the break, head to Decision Intersection; make a left (north) and follow the remaining Long Route.
- **Ready to finish?** Continue **straight** to complete the remainder of the Long Route.

That's it! By following these steps, you'll get your full 100 miles in while staying on course.