CLIFF HANGER

Scenic Byway 5K & 8K from the Kansas City Running Club

Participant Guide

Saturday October 24th 9:00 AM Start

The East Entrance to Cliff Drive, 4398 Cliff Drive, KCMO 64123

Packet Pickup:

Friday October 23th 12 PM to 6 PM
LOCATION!- Fleet Feet Ward Parkway

Packet Pickup on Race Morning:
Saturday October 24th 7:30AM to 8:55AM
LOCATION! The East Entrance to Cliff Drive,4398 Cliff Drive, KCMO 64123

Packet Pick Up will close 5 minutes before the start of the race to give runners ample time to get to the start line. Please plan accordingly. Runners may pick up another runner's packet(s) by providing their name. Let your friends know you are picking up their packet before you do so.

Apparel:

Extra shirts can be purchased after the race for $10 while supplies last. If you want to trade your shirt for another size, you can do so after the start of the race in the packet pickup area, choosing from sizes that are left. KC Running Club will have club apparel for sale at packet pickup and on race morning.

Restrooms:

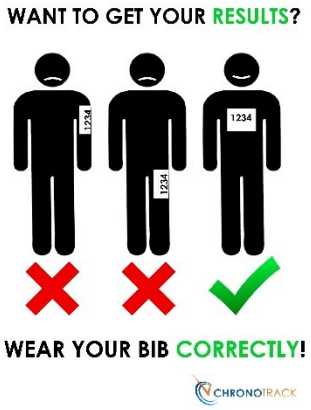
Portable Toilets will be at the start/finish area.

#CliffHangerRun

Schedule:

8:45 AM - Kids Fun Run
9:00 AM - 8K
9:00 AM - 5K Start
9:05 AM - I Mile Walk Start

For your safety we do not allow dogs, skateboards, inline skates, or bicycles. If you wear earbuds, please use only one ear bud so you can hear instructions from police and volunteers.
Participants with baby strollers must remain behind the runners.



Timing:

To be timed correctly, you MUST put your bib on the FRONT of your shirt. This event is timed using a disposable chip on the back of your bib number. No need to return your bib/chip when you are done! The chip must be positioned vertically and will not reliable if you turn your bib number so the chip is horizontal on your leg.

Results and Awards:

Awards will be given in each distance to the top three male and female finishers overall, as well as to the top three finishers in the following age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80, 80+

The Awards table will be located within the Finish Line area. If you placed in the top 3 overall or in your age group come to the Awards Tent to claim your award. If you need to leave before awards are announced, we are happy to give you the award early. Don't even have time for that? Friends can pick up awards for you.

Results will be posted immediately upon crossing the finish line!

Join us for treats after the race for all registered runners!

Parking:

Parking is available on the street.

Kids Fun Run:
The kids fun run will take place on Cliff Drive before the race.

Virtual Race:
If you are participating in the race as a virtual participant, you or a friend can pick up your packet, shirt, and finisher medal at packet pickup. Tell the volunteers you are a virtual runner. Complete the distance whenever and wherever is convenient.

If you did not originally sign up for the virtual race but need to switch to the virtual option, email as soon as racedayeventsinc.sarah1@gmail.com at packet pickup.

If you are unable to pick up your packet before the race, email racedayeventsinc.sarah1@gmail.com to let us know you want your packet. We will make arrangments for you to pick it up at the office.

Refund and Cancellation Policy:

Registration fees are not refundable under any circumstance. Race registrations can be transferred to another participant or to another distance. Save your login so you can do this yourself. Registrations cannot be transferred to another year or another race.

If this race is cancelled for any reason, all registered participants will automatically become virtual runners. If the race is postponed, all participants will be registered for the new date. Shirts, medals and swag will be available for pick up.

The Race Director reserves the right to modify or cancel the race or course for safety concerns, road condition, permit concerns or natural disaster. Each athlete must accept this risk of their entry fee paid. Registration fees collected are used to develop and produce the event, starting in advance of the race date, including course preparation, race supplies, permits and administration. Every effort will be made to produce a fair and safe event for all participants. Any decision made that impacts the race date or potential cancellation is carefully considered and based on the overall event safety, sustainability and manageability.

If you want to be guaranteed a refund, purchase race insurance for yourself. Travel insurance companies will cover your race registration and any travel costs you might have.

Weather: The event will not be cancelled because of rain, snow or extreme temperature.

If there is lightning, the event will be postponed for a minimum of 10 minutes until no signs of the storm are present. Participants should seek shelter in their vehicles or a nearby building if available. If lightning continues 30 minutes after the scheduled event start, the race will be subject to cancellation.

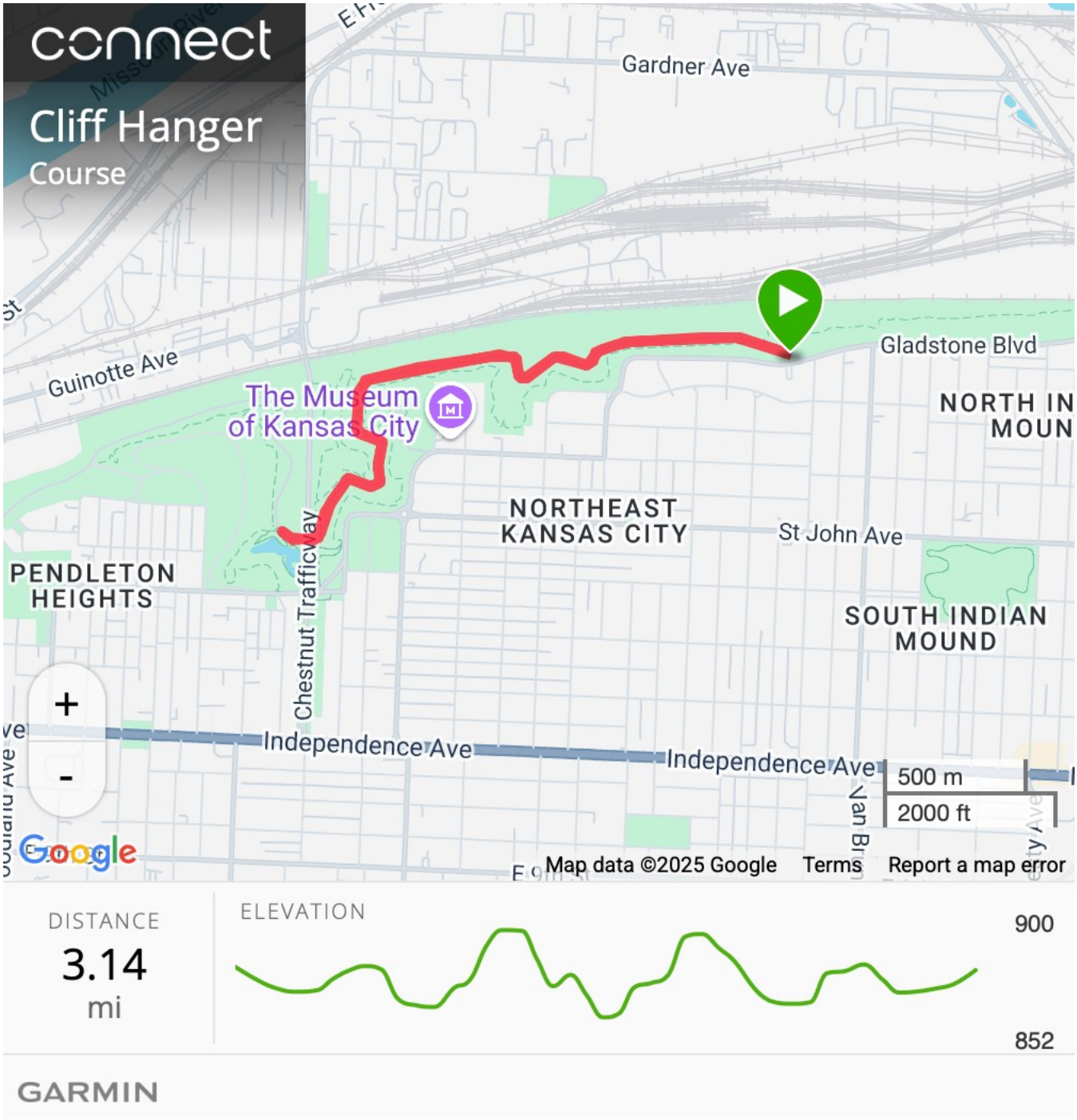
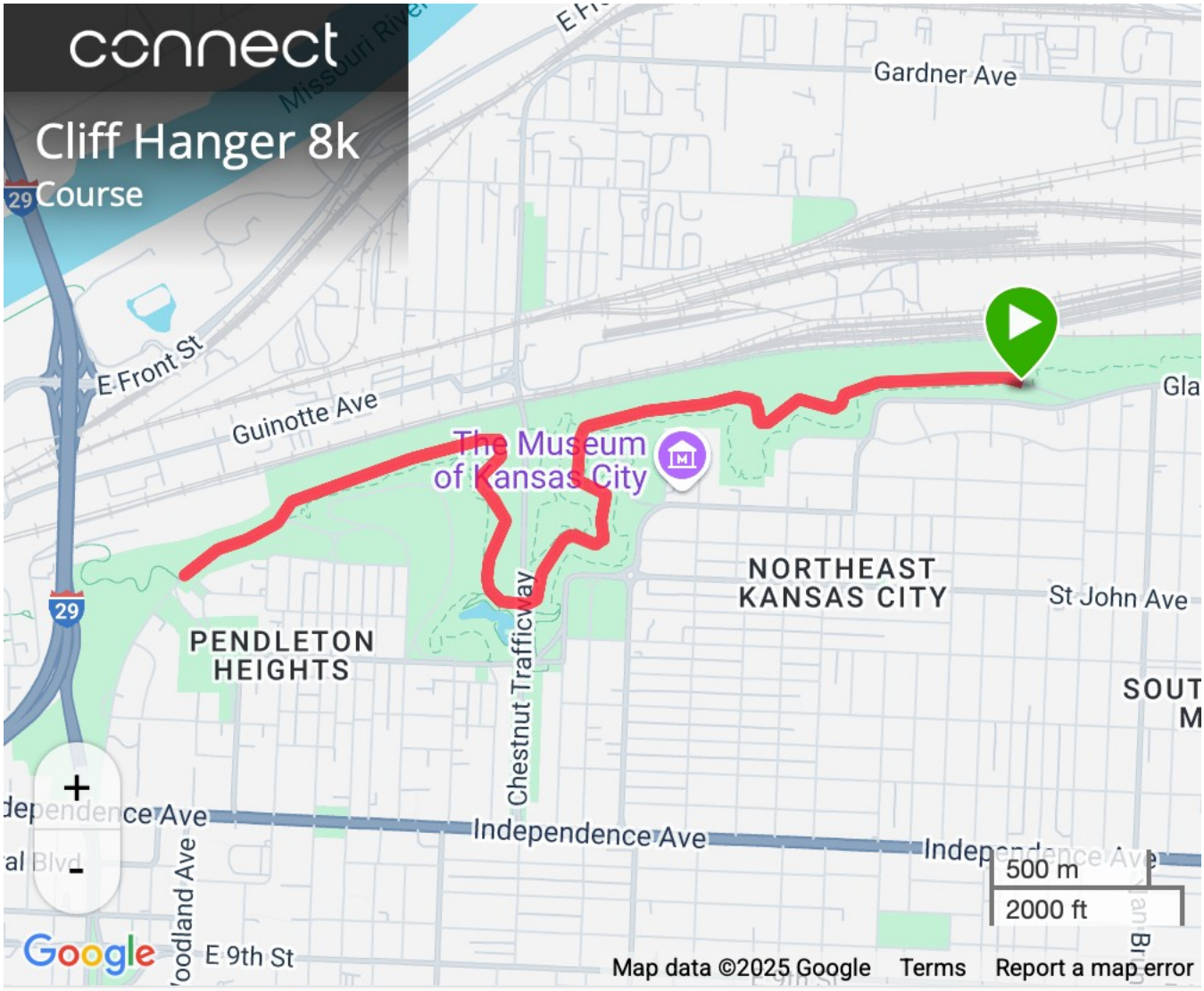
The race will be canceled in the event of a tornado warning.

Course:

The course is a 5K and 8K measured course. It is not USATF certified.

MAPS ARE ON THE NEXT PAGE.

Cliff Hanger 5K



Cliff Hanger 8K