

**LEGEND –**

Letters = Route Directors

■ = Water/Aid Station

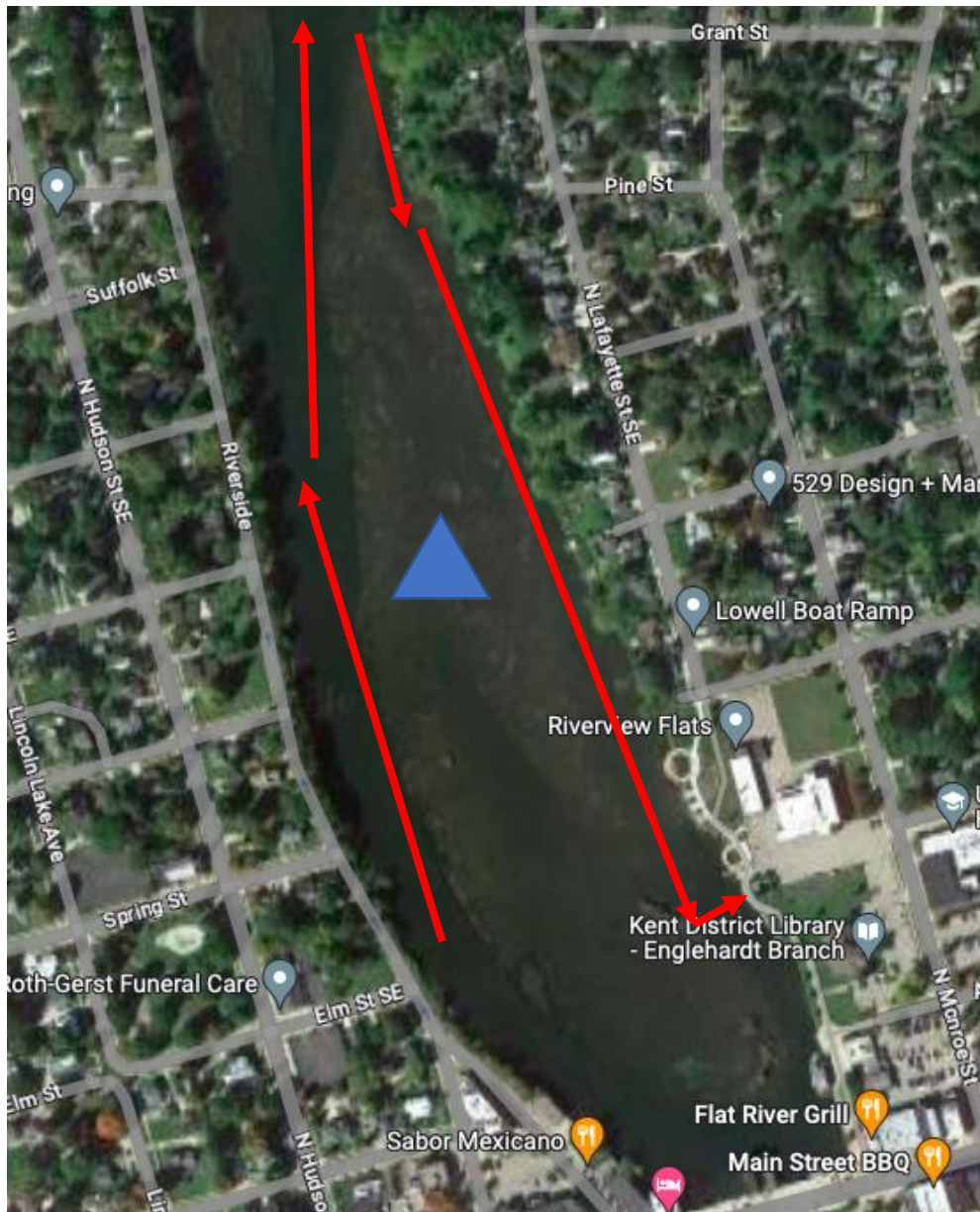
▲ = Police/Fire Presence

White = Tri-Hard routes

Orange = Tri-Harder routes

Red = Shared routes

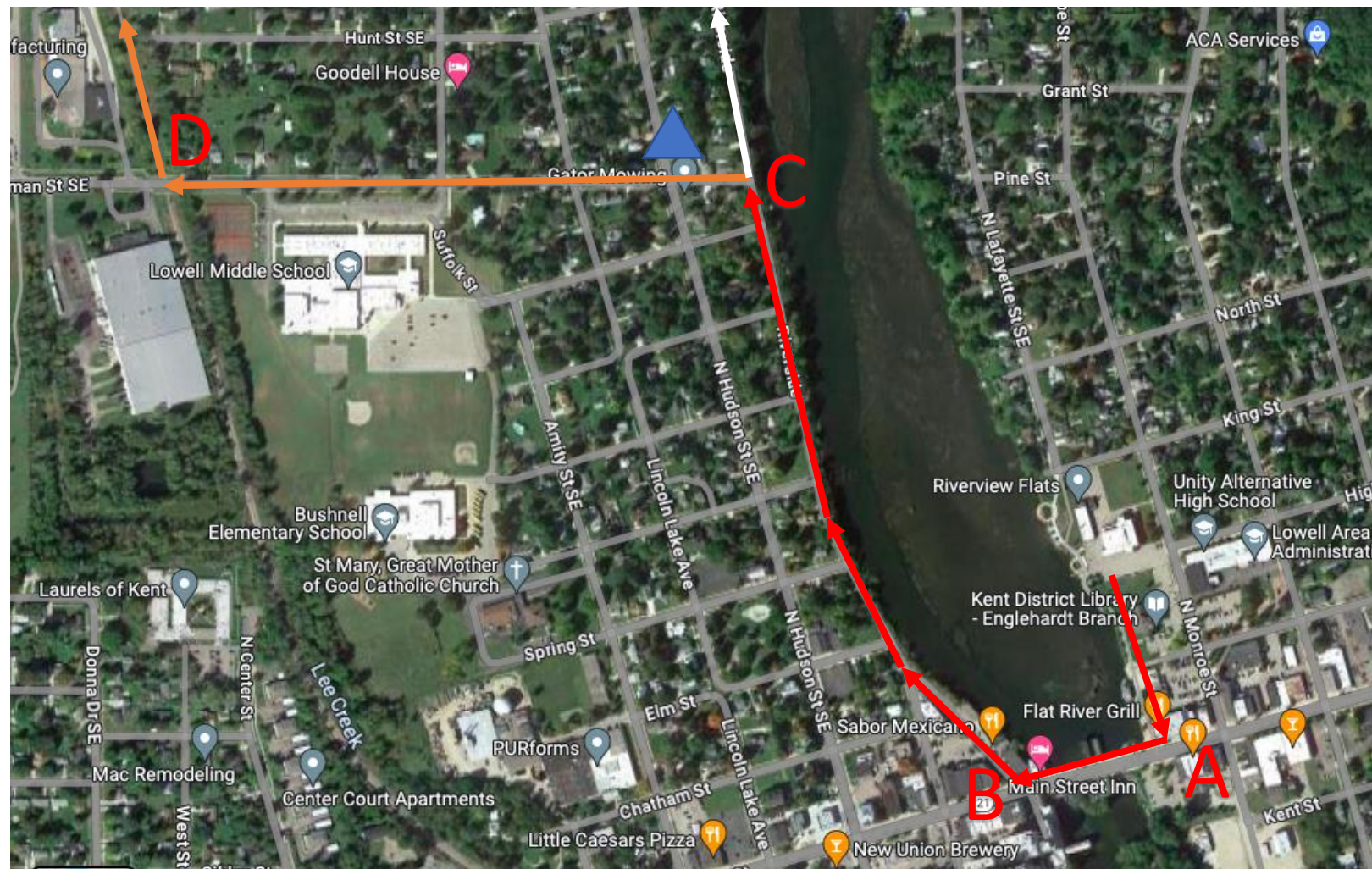
**KAYAK ROUTES – START AND FINISH**



KAYAK ROUTES -- LOOPS

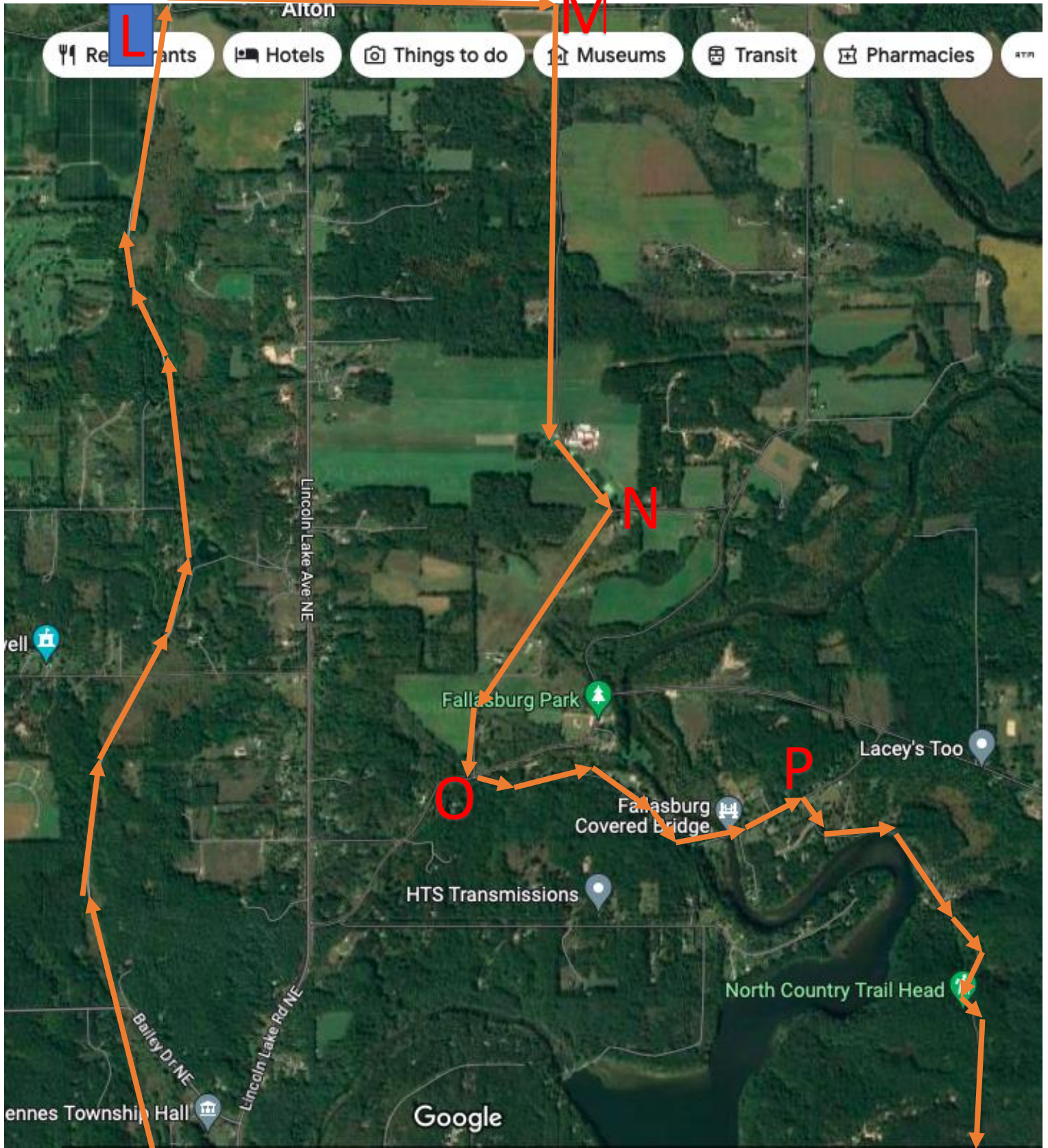


# BIKE ROUTES -- START





BIKE ROUTE – TRI-HARDER -- UPPER



**RUNNING ROUTES – (Tri-Hard and Tri-Harder)**

