



Coastal Delaware RUNNING FESTIVAL

PRESENTED BY



April 10-12, 2026



ATHLETE GUIDE

Thank you for registering for the 2026 Coastal Delaware Running Festival.

Below is important information that will prepare you for race day.

All information is subject to change without notice.

WHAT TO EXPECT RACE WEEKEND

Wednesday, April 8 and Thursday, April 9, 2026 -

Your Bib Number and Packet Pick Up information will be emailed to you

Friday, April 10, 2026 - 5:00 pm to 9:00 pm

Rehoboth Beach Volunteer Fire Company (RBVFC),
219 Rehoboth Ave, Rehoboth Beach, DE 19971

- 5:00 pm - 6:00 pm: EARLY PACKET PICK UP FOR CHALLENGE RACES & VIP'S ONLY
- 6:00 pm - 9:00 pm: Packet Pick Up (All Races) & Sports Expo

Saturday, April 11, 2026 - 7:45 am - 8:45 am

Emergency Packet Pick Up for 5k Only. *Challenge athletes who do not go to PPU on Friday, will be able to pick up just the 5k bib on Saturday morning. You will need to go to PPU on Saturday to get your Sunday bib and swag.*

(Please attempt to make it to Packet Pick Up on Friday from 5pm to 9pm at Rehoboth Beach Volunteer Fire Company)

Dewey Beach Lions Club

115 McKinley St., Rehoboth Beach, DE 19971

Saturday, April 11, 2026 - 4:00 pm to 8:00 pm

Packet Pick Up for Sunday races will be open from 4pm to 8pm at Rehoboth Beach Volunteer Fire Company, 219 Rehoboth Ave, Rehoboth Beach, DE 19971

VIP PACKET PICK UP

VIP Packet Pick-Area will be at Rehoboth Beach Volunteer Fire Company, Ground Level. Look for VIP sign!

There is no RACE DAY packet pick up for Sunday's races (9k, Half & Full). YOU MUST COME TO PACKET PICK UP ON FRIDAY OR SATURDAY.

If you are unable to pick up your own race packet, you may authorize another person to do so. The authorized individual MUST have his/her own photo ID, a signed and printed authorization form, and a copy of the participant's photo ID. The signed authorization form MUST be printed. We will NOT accept any authorization via phone, text message, or any other electronic device. The copy of the photo ID may be via text, email or photocopy. NO EXCEPTIONS!

SUNDAY MORNING EMERGENCY PACKET PICK UP

For those that cannot make it to Packet Pick Up or find someone to pick up their bib, we offer Sunday Morning Emergency Packet Pick Up. **[CLICK HERE for info.](#)**

PACKET PICK UP AUTHORIZATION FORM HERE

To confirm your registration and check your bib number **[click here.](#)**

Please know your bib number before you come to Packet Pick Up. We will not have number boards for you to find your number. Your bib number will be emailed to you prior to Packet Pick Up. If you do not receive an email, please **[click here](#)** to retrieve your bib number.

Race packet must be picked up in person. If you are 16 or older, you must have your ID to pick up your race packet. NO EXCEPTIONS! You will be allowed to pick up a family member's packet without a note if you have the same last name, but you must have your own ID to do so.

SCHEDULE OF EVENTS

Packet Pick Up and Sports Expo
Rehoboth Beach Volunteer Fire Company,
219 Rehoboth Ave, Rehoboth Beach, DE 19971

FRIDAY, APRIL 10, 2026

4:00 pm – 5:00 pm

Course Preview Seminar with Race Director Rick Hundley
Charm City Run Store, 200 Rehoboth Avenue

5:00 pm – 9:00 pm

- **5:00 pm - 6:00 pm: EARLY PACKET PICK UP FOR CHALLENGE RACES & VIP'S ONLY**
- 6:00 pm - 9:00 pm: Packet Pick Up (*All Races*) & Sports Expo

SATURDAY, APRIL 11, 2026

7:45 am – 8:45 am

Emergency Packet Pick Up for **5k Only**
Dewey Beach Lions Club, McKinley Street Bayside, Dewey Beach

Challenge athletes will need to go to PPU on Saturday to claim the Sunday bib and swag.

9:00 am

Coastal Delaware Running Festival **5k (3.11 Miles)** Starts on McKinley Street, Dewey Beach, Bayside

4:00 pm – 8:00 pm

Packet Pick Up (**All Sunday Races**) & Sports Expo

SUNDAY, APRIL 12, 2026

5:30 am

Athletes welcome to arrive Rehoboth Ave & Boardwalk

6:45 am

Pre-Race announcements and National Anthem.
Rehoboth Beach Bandstand, Rehoboth Ave & Boardwalk

7:00 am

Coastal Delaware Running Festival Marathon (26.2)
Starts – Rehoboth Ave & Boardwalk

7:20 am

Coastal Delaware Running Festival 9k (5.6 Miles) Starts – Rehoboth Ave & Boardwalk

7:40 am

Coastal Delaware Running Festival Half Marathon (13.1)
Starts – Rehoboth Ave & Boardwalk

9:00 am – 3:00 pm

Finish Line Grand Celebration – Grotto Pizza,
36 Rehoboth Ave, Rehoboth Beach, DE 19971
Event Merchandise Store! Shirt Exchange Available!

9k Cut-Off Policy

Finish: 10:00am, 2 hours

Half Marathon Cut-Off Policy

Finish: 12:10pm, 4 hours

Marathon Cut-Off Policy

Mile 11: 9:45am (15:00 min/mile)
Mile 20: 12:00pm (15:00 min/mile)
Finish: 1:45pm, 6 hours 45 minutes
(15:27 min/mile)

A SAG Bus will be located at the Water Stops just past Mile 11 & 20 to return all runners to the Finish Line not making the Cut-Off time.

Any participant not making the cut-off time and refusing to get on the SAG bus will have their bib removed and officially withdrawn from the event. Any further course support may not be provided.

Sports Expo at Packet Pick Up

The Coastal Delaware Running Festival Sports Expo is on Friday, April 10 from 6pm to 9pm and Saturday, April 11, 2025 from 4pm to 8pm, during Packet Pick Up at Rehoboth Beach Volunteer Fire Company. This event will feature several area vendors with a wide variety of apparel, footwear and accessories in addition to area artists and activities. The Expo is FREE and open to everyone.

Weekend Parking

Packet Pick Up and Expo parking is available for free. Please do not block driveways or park illegally. Ticketing and towing is enforced. **RV's, Trailers and any vehicles occupying more than one parking space must receive permission from Rehoboth Beach Police.**

There are no shuttle buses for any races. Rehoboth Beach and Dewey Beach accommodate thousands of guests every summer. There will be plenty of parking available. Plenty of Race Day Parking is available on the streets of Dewey Beach and Rehoboth Beach. Plenty of parking is available but arrive early for best parking.

Course Maps

[Click here for the Marathon Course Map](#)

[Click here for the Half Marathon Course Map](#)

[Click here for the 9K Course Map](#)

[Click here for the 5K Course Map](#)

KEY

-  first half 5k
-  second half 5k
-  first half mile marker
-  second half mile marker
-  water stop
Gatorade and water available.

rehaboth beach

rehoboth boardwalk

silver lake

atlantic ocean



PRESENTS

Coastal Delaware

RUNNING FESTIVAL

5K

U-Turn

dewey beach

Start/
Finish

ELEVATION PROFILE



KEY

-  first half
-  second half
-  first half mile marker
-  second half mile marker
-  **water stop**
Gatorade and water available. All water stops will have a restroom nearby.
-  restrooms



PRESENTS

Coastal Delaware RUNNING FESTIVAL

9K

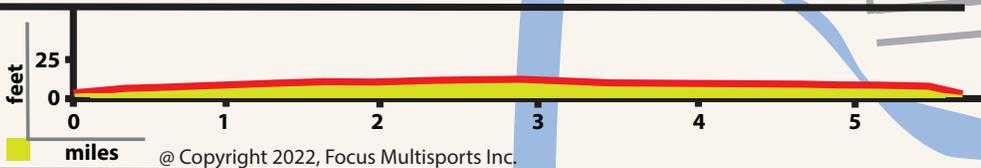
rehoboth
beach

Grotto Pizza

rehoboth boardwalk

Start/
Finish

ELEVATION PROFILE



@ Copyright 2022, Focus Multisports Inc.

revised 3.22



delaware bay

KEY

- first half of marathon
- second half of marathon
- 1 first half mile marker
- 14 second half mile marker
- W water stop
Gatorade and water available. All water stops will have a restroom nearby.
- GU gel stop
mile 13 & 21.5
- ♂ ♀ restrooms



PRESENTS
Coastal Delaware
 RUNNING FESTIVAL
MARATHON

ELEVATION PROFILE



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revised 2.25

RACE ETIQUETTE

ANNOUNCEMENTS. Please listen to announcements at the start, on course and at the finish line. We ask that you pay close attention and follow instructions so that we can maximize your positive experience and keep you safe on race day. This includes doing your part to read your Athlete Guide and website so that you don't overwhelm staff and volunteers.

KNOCK, KNOCK. The portable restrooms are all around the start and course but of course there aren't 3,000 of them so you may have to wait a bit. Two things to do when using the facilities is to knock before you swing the door open, sometimes the runners are a bit nervous and they forget to lock. The second thing is to do your best to treat the facility like it is your bathroom at home because others have to use it after you.

LET THE FAST LINE UP FRONT. We assign your bibs according to your submitted estimated finish time. Don't harass the security and volunteers to line up in front of runners that are faster than you. If you want to run with a friend you can drop back to the slower corrals not the other way around. Race officials will be spot checking corrals, don't be that person that gets asked to go back to your corral because you snuck into the wrong one.

FAST PASS LEFT. Run like we drive in the US. The fast lane is on the left side of the road. On the race course, make sure you run to the right and pass on the left. A lighthearted shout to the runners ahead of you indicating you'll be passing is appreciated. Also, be aware of opposite direction runners. Both the Full and the Half Marathons have sections where runners may be approaching from the opposite direction. Please move to the side to give them the right away.

SAY NO TO DANCING LINES. Please run with only one friend at a time. Pack running is nice but we ask that you

not run or walk more than two runners abreast. Chit chat along the way is good but don't forget this is a race!

NO TEXTING AND RUNNING. We know that runners are great multi-taskers but running and texting shouldn't be practiced on race day. We know you'll be snapping pics and taking selfies but don't stop in the middle of the road to post to your Instagram story. Move over to the side of the road out of the way to upload your shots if you can't wait until the finish line.

KEEP THE VOLUME LOW. If you choose to wear headphones we ask that you wear only one side and keep the volume down. We ask this for your safety and for the safety of others around you. Not to mention we have music and spectators out there!

GRAB & GO! When you pass those water and Gatorade stations, don't stop to chat nor come to a walk if you were running. Squeeze that cup and hold it to your mouth and drink away while you move forward. If you must stop don't do it right in front of the tables, do it after you passed the volunteers and slide over out of the lane of runners. We ask that you do the same at the finish line, keep walking all way through the chute. Most stations should have Gatorade first and water second but sometimes volunteers switch things up on us in the midst of the excitement and busy time.

KEEP COASTAL DELAWARE CLEAN. The streets, sidewalks and neighborhoods are some of the most beautiful in the country. Don't litter them with the cups and gel packets. Take your trash and throw it away at the aid stations. Many of us like to carry our cups for a while. Just fold it up and hold onto them when you are done so you can toss it when you encounter the next station. And be kind to State Parks, you'll be running on beautiful trails and anything thrown on the ground may blow into the water or wetlands.

IT'S YOUR RACE BUT THERE ARE THOUSANDS OF OTHERS DOING IT TOO. We love that you have friends and family cheering you on but we ask that you keep them as spectators and not drag them through the final stretch of the race. We have bandit catchers ready to pull folks off for doing this. It is a safety hazard to pull others from the crowd to run in down the final hundred meters along the Rehoboth Boardwalk. If they want to run in with you so bad, have them sign up and train with you. It's your moment and thousands of other registrants around you as well. We don't want to ruin it by having them trip on one of your loved ones. If you know of someone that is planning on banditting (running without registering) the race, tell them they should consider registering because we will have spotters and police along the route to pull unregistered runners off. Also, receiving outside assistance could result in you being disqualified from the race.

BE INSPIRING. Some might be running their first race so they can use all the positive words of encouragement out there. Don't be afraid to say hi and maybe even strike up a conversation. We know some of the best friendships have started at races. We know this is a race but runners are generally quite the friendly competitors so if you are passing someone, a thumbs up or a simple 'Let's go' can inspire someone to push through that next mile. Don't just pass people quietly, the race is long they might be passing you later on and you might need their words to get to that line. Congratulate and hug those around you when you cross that line and most definitely say something if you see someone wearing their shiny Coastal Delaware Running Festival finishers medal out and about in town after the race.

ON COURSE SUPPORT

PORT-A-POTTIES

will be located at Start and Finish and near all water stops along the courses. Please respect our beautiful beach resorts and relieve yourselves only in a porta-pottie.

WATER STOPS, GELS & SNACKS

are located approximately every 2 miles. Each water stop will be stocked with Mr. Natural water and Lemon-Lime Gatorade Endurance Formula. GU Gels at mile 8.1 in the Half Marathon. Miles 13 and 21.6 in the Full Marathon. Gummie Bears and flat Coke at Mile 20.2 in the Full.

PACERS

Pacers will be provided for the Full and Half Marathons. To join a pace group, simply find the pacer in the appropriate corral before the race and introduce yourself. They'll be holding a sign with the pace group goal time and wearing a "Pacer" shirt. Pace groups are fun and strongly encouraged for those attempting to run a goal time. Pacers are not guaranteed for each group and are filled by Beast Pacing.

Half Marathon Pace Groups are:

1:35 (7:15/mi), 1:45 (8:00/mi), 1:55 (8:33/mi), 2:00 (9:09/mi), 2:15 (10:18/mi) 2:30 (11:27/mi), 2:45 (12:35/mi), 3:00 (13:44/mi) and sweeper

Marathon Pace Groups are:

3:00 (6:52/mi), 3:25 (7:50/mi), 3:35 (8:13/mi), 3:45 (8:36/mi), 4:00 (9:09/mi), 4:15 (9:43/mi), 4:30 (10:18/mi), 5:00 (11:27/mi) and sweeper

CORRALS

Only the Half Marathon will have corrals. Please seed yourself in the appropriate corral based on your pace.

Corral 1: 8:00 min/mile and Faster

Corral 2: 8:00 min/mile to 12:00 min/mile

Corral 3: 12:00 min/mile & Up.

You may move back to a different corral to join a slower pace group but please do not move up to a faster corral.

RACE BIB/NUMBER INSTRUCTIONS

Your timing device for this event is the IPICO UHF Tag. A single use bib tag.

In order to receive an accurate time, please confirm your bib is...

- Clearly visible on the front of your torso
- Unaltered and unmodified (Do not bend, fold or wrinkle)
- Pinned in all four corners
- Not Covered (jackets, runners belts, water bottles, etc.)

VERY IMPORTANT!

Please make sure you are wearing the bib that is registered to you.

Wearing someone else bib creates major issues to the event and possible the person wearing it. It is imperative that the registration data associated with your race number does in fact belong to you, the participant. If race organizers become aware that a runner has participated in one of our events with a bib that is not registered to that runner, both the runner AND the person whom the bib is registered will be prohibited from participating in subsequent Focus Multisports events for a minimum of two years.

Our past races have been marred by numerous participants running under the guise of someone else's race number. While this may seem harmless to the parties perpetrating the unauthorized bib transfer, it does convey serious consequences to the organizers and participant field alike.

From race results to finishers' awards being impacted as well as medical staff being able to correctly identify participants in need of treatment, it is imperative that the registration data associated with your race number does in fact belong to you, the participant.

ON COURSE SUPPORT



The Coastal Delaware Running Festival is proud to offer RaceJoy this year! RaceJoy is a GPS-based tracking app for those that carry their phone during the race that follows your progress in real-time as you run your race.

Download the RaceJoy mobile app
in advance to ensure proper phone setup. Invite your friends and family to track you and send you cheers!

Some key RaceJoy features include:

LIVE PHONE TRACKING

This is not an estimator and is based on the actual position of the participant's phone – your supporters know exactly where you are. Includes NearMe alerts and handy MeetUp feature.

GPS PROGRESS ALERTS

Receive progress alerts for yourself and others as you cross milestones along the course. Typically, alerts are sent at EVERY MILE, including location, pace, elapsed time and estimated finish time.

CHEERS

Your family and friends can send motivational, pre-recorded audio cheer clips or personalized Text-to-Cheer messages to race participants leading up to, during, and after the race.

To use RaceJoy, you must carry your phone and activate tracking on the day you complete your race.

[For more info on RaceJoy CLICK HERE.](#)

CLOTHING DONATION

If you leave your clothing or any other item at the start line, it will be collected and donated. Do not expect to be able to return to the start line later in the day to retrieve it.

FREE ON-COURSE PHOTOGRAPHY

You will be photographed several times throughout your race. Please remember to smile and have your bib number clearly visible so they will be able to identify you.

Participants will receive email notification once all photos are uploaded. Photos will begin uploading on race day and will be completed by Monday evening following the race.

Photos captured of you (by bib recognition) will be viewable on your **[individual results page here.](#)** You can also view all photos in the **[photo gallery here.](#)**

PROHIBITED DEVICES ON COURSE

All wheeled devices with the exception of authorized push rim wheelchairs and running strollers are prohibited. This includes bikes, scooters, skateboards, rollerblades, etc. Music devices are permitted for use on course so long as participants are alert to their surroundings at all times. We recommend that only ONE headphone is used in order to hear important announcements made on course or in the event of an emergency.

LIVE RACE RESULTS

Live Race Results are provided by Racine MultiSports through Run SignUp. There are several ways to view the live results.

1 Overall Results –

two ways to access live overall results with split times.

A. [Click here](#) to access Overall Results. Use the dropdown to select the race you want to review.

B. Results QR codes will be placed around the finish area. Use your phone's camera to scan the QR code to access results. Then use the dropdown to select the race you want to review.

2 Individual Results –

two ways to access live individual results with split times.

A. [Click here](#) to access Individual Results directly. Then enter the bib number to find the person you want to view.

B. From the Overall Results page, click on the person's name you want to review their individual results.

3 Participant Tracking

[Click here](#) to sign up to receive text or email alert notifications as participants cross timing points along the course. Participants, family, friends can all sign up. We recommend you sign up before race weekend so you don't forget.

SATURDAY 5K FINISH LINE CELEBRATION PARTY

We have a great finish line party planned for all runners. Grotto Pizza will offer their legendary pizza, beer and music. The finish line party is for registered runners. Your race bib is your ticket to the party and contains your beer tickets. Please have it visible when entering the party.

SUNDAY FINISH LINE CELEBRATION PARTY

We have a great finish line party planned for all runners. Grotto Pizza will have an awesome Beach buffet including a vegetarian offering, their legendary pizza, beer and music. The finish line party is for registered runners and guests who have purchased a ticket. Your race bib is your ticket to the party and contains your beer tickets. Please have it visible when entering the party.

PLEASE NOTE THAT NO FOOD OR BEVERAGE WILL BE PERMITTED TO BE TAKEN OUTSIDE THE GROTTO PIZZA AFTER-PARTY PREMISES!

FINISH LINE PARTY TICKETS AVAILABLE FOR GUESTS AT EXPO.

All athletes and guests must be 21 and over to consume alcohol at the Finish Line Celebration Party. If you think you might be asked to verify your age, you should consider having a valid government ID available for the server.

AWARDS

Overall Awards

Awards will be given to the top 3 overall men, women and non-binary finishers in the Marathon, Half marathon, and 9k and top Overall male and female in the 5k. The Overall category will be scored using GUN time. If you are planning to be in contention for one of these top awards, you must start at the front of corral 1.

Masters Awards (ages 40 and over)

Awards will be given to the top 3 overall masters men, women and non-binary finishers in the Marathon, Half marathon, and 9k and top overall male and female masters in the 5k. The Masters category will also be scored using GUN time. If you are planning to be in contention for one of these top awards, you must start at the front of corral 1.

Age Group Awards

Awards will be given to the top 3 men, women and non-binary finishers in each age group for the Marathon, Half marathon, 9k and 5k. The Age Group awards will be scored using CHIP time. This allows each runner to be scored against all other runners in their age group regardless of where they start in the corrals. Prizes will be given in age groups as outlined below, but due to problems created by unauthorized number switching, we will not give out age-group awards at the race day awards ceremony. Age group awards will be mailed out 4 to 6 weeks after the event.

Marathon: 19 & Under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & Over.

Half Marathon: 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & Over.

9K: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & Over.

5K: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & Over.

****IMPORTANT INFORMATION REGARDING AWARDS CEREMONIES****

5k awards (Overall, Masters & Age Group) will be given out post race at the awards ceremony. 5k awards will not be mailed.

Overall, Masters, and Age Group awards for all races on Sunday (9k, 13.1 & 26.2) will be mailed out following verification of results. Please allow 6 to 8 weeks for delivery.

Focus Multisports does not allow double dipping in Coastal Delaware Running Festival events. If the 3rd place overall female is also a masters participant, she cannot take the first place female masters award.



Grotto Pizza[®]

the legendary taste[®]

Welcome Runners!



Coastal Delaware
RUNNING FESTIVAL

Proud to be
Presenting
Sponsor!



*See you at the post race party
on Rehoboth Avenue!*

 Charm City Run Rehoboth Beach
200A Rehoboth Avenue
Rehoboth Beach, DE 19971



Charm City Run
wishes all Coastal
Delaware runners
the best of luck!
*Have an amazing
race day!*



- ★ Exclusive Course Preview talk with race director Rick Hundley and CCR Rehoboth Beach on Friday, April 10th from 4–5 PM.
- ★ In celebration, please enjoy 10% OFF apparel and accessories at Charm City Run Rehoboth (*excludes Garmin, Theragun, and footwear*).



Learn more about Coastal Delaware Training Groups and physical therapist support with Empower U PT



www.charmcityrun.com

ACCOMMODATIONS



The Admiral on Baltimore
admiralonbaltimore.com
302-227-2103
2 Baltimore Avenue
Rehoboth Beach, DE 19971

• Less than a 1/4 mile to Start/Finish Line (Sunday Races)

- 2 miles to Start/Finish Line (Saturday Race)
- 2-night minimum
- \$189.00/night for Deluxe Rooms
- 3pm late checkout on Sunday only
- Rates based on double occupancy
- Limited availability

To make reservations, call 302-227-2103, and use code “RUN”.



THE BELLMOOR
Inn & Spa



The Bellmoor Inn and Spa
thebellmoor.com
302-227-5800
6 Christian Street
Rehoboth Beach, DE 19971

• 1/2 mile to Start/Finish Line (Sunday Races)

- 2 miles to Start/Finish Line (Saturday Race)
- 2 nights in a King Garden Room starting at \$229/nt (2-person occupancy)
- 2 nights in a Deluxe King w/ Sleeper sofa starting at \$259/nt (pricing based on 2-person occupancy)
- 2 nights in a Deluxe Double Queen starting at \$289/nt. (pricing based on 2-person occupancy)
- Limited number of late check-outs available first come first served

To make reservations, use code “COASTAL”.

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ACCOMMODATIONS

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HYATT
PLACE™



Hyatt Place, Dewey Beach, Delaware

888-591-1234

302-864-9100

VERY LIMITED SPACE!!!

To make reservations, call 1-855-556-1297 and ask for the Coastal Running Festival Block (group code G-CR26)

LAST DAY TO MAKE RESERVATIONS:

Friday, March 13, 2026. The discounted room rate will no longer be available to the group after the cutoff date.

- Discounted Room Rate of \$189 per night plus 11% occupancy and local taxes for a king or queen/queen room type.
- Main Arrival Date: Friday, April 10th, 2026
- Main Departure Date: Monday, April 13th, 2026
- There is a two night minimum stay for Friday and Saturday evenings.

The hotel will review the reservation pick up for the event and release the unreserved rooms for general sale. After the cut off dates, it is at the hotels discretion whether to accept additional reservations, which will be subject to prevailing rates and availability.



Microtel Inn & Suites by Wyndham

36619 Tanger Boulevard

Rehoboth Beach, DE 19971

302-592-6700

info@rehobothmicrotel.com



**● Within Steps of Scenic Trails,
Tax Free Shopping & Restaurants**

- No minimum
- 1 king or 2 queen beds
- Book by February 13, 2026 for discount rate of \$155 plus tax per night
- 7 Day cancellation

To make reservations, call 302-592-6700 and use code "CODELRUN254."

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ACCOMMODATIONS

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Oceanus Motel

www.oceanusmotel.com

302-227-8200

6 2nd Street

Rehoboth Beach, DE 19971

● 1/2 mile to Start/Finish Line (Sunday Races)

- 2 miles to Start/Finish Line (Saturday Race)
- Weekend Package for Friday and Saturday, April 10th and 11th, 2026, with a 6 p.m. check-out on Sunday, April 12, 2026.
- Two double beds, \$279.00 weekend package plus taxes.
- King bed with sleeper sofa, \$319.00 weekend package plus taxes.

To make reservations, call 302-227-8200, use code "SPRING".



Coast Rehoboth Beach, Tapestry Collection by Hilton (302) 227-0400

123 2nd St Sussex

Rehoboth Beach, DE 19971

● 1/2 mile to Start/Finish Line (Sunday Races)

- The group rate is \$239/night for a standard room type plus 11% occupancy tax.
- The cut-off date to book rooms is March 13, 2026. After that date the group rate is not guaranteed at the hotel.
- There is a two-night minimum for Friday & Saturday reservations.

To make reservations, call reservations at 1-877-575-7012 and request a guest room under the Coastal Running Festival Block (Group Code: RUN4).



ACCOMMODATIONS

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AN IHG® HOTEL



Holiday Inn Express Rehoboth Beach

(302) 500-2415

18438 Kates Lane

Rehoboth Beach, DE 19971

● **3PM LATE CHECK OUT OFFER: (Sunday April 12, 2026 only)**

- The group rate is \$130/night for Friday 4/10/26, \$139/night for Saturday 4/11/26, and \$119/night for Sunday 4/12/26, for a standard double queen room type plus 11% occupancy tax.
- The rates also include a complimentary hot breakfast and complimentary wifi throughout the hotel.
- No minimum night stay required.
- The cut-off date to book rooms is March 30, 2026. After that date the group rate is not guaranteed at the hotel. Reservations will require a credit card to guarantee the room reservation when made by individuals.

To make reservations, call reservations at 302-500-2415 and request a guest room under the Coastal Running Festival Block.

DINING



Grotto Pizza®

the legendary taste®

GrottoPizza.com

Local Locations

Rehoboth Avenue
36 Rehoboth Avenue
Rehoboth Beach, DE 19971
302-227-3278

Rehoboth Boardwalk North
15 Boardwalk at Baltimore Ave.
Rehoboth Beach, DE 19971
302-227-4588

Rehoboth Boardwalk South
17 Surf Avenue
Rehoboth Beach, DE 19971
302-227-3601

Dewey Beach
Route 1 and Read St.
Dewey Beach, DE 19971
302-227-3407

Grand Slam, Lewes
17467 Shady Rd.
Lewes, DE 19958
302-645-4900



36707 Crooked Hammock Way
Lewes DE 19958

Hours: Mon-Sun 11am to 1am
Happy Hour Mon-Fri 2:30pm - 5:30pm

www.crookedhammockbrewery.com

LIKE A BACKYARD cookout EVERYDAY

We serve a classic, made from scratch, backyard cookout menu...burgers, dogs, kabobs & lots of sides...throw in a few classic brewpub faves like a giant bavarian pretzel, nachos & wings...and we serve it up quick.



19406 Coastal Highway
Rehoboth Beach, DE 19971
(302) 727-5568

Hours: Monday-Friday 3pm-1am
Saturday & Sunday 12pm-1am

www.bigchillsurfcantina.com

Big Chill Surf Cantina: a genuine neighborhood surf bar that is reminiscent of the local cantinas scattered along Southern California's Pacific Coast Highway. A friendly face is always there to greet & serve you some of the best Margaritas & Cocktails at the beach! While you are here be sure to grab some delicious SoCal style tacos from the Taco Reho food truck located in front of the cantina!

HIGHWAY ONE

COMPANIES

MUSIC | FOOD | DRINK



Rusty Rudder
13 Dickinson Avenue
Dewey Beach, DE 19971
(302) 227-3888

Hours: Thursday-Saturday 12pm-1am
Sunday 12pm-1am

<https://rustyrudder.com>

What could be better than salty air, sea breezes, icy cold drinks, delicious food and an incredible vibe? The Rusty Rudder is a beautiful restaurant in Dewey Beach with a large outdoor deck overlooking Rehoboth Bay. We offer Live Music on the Rudder deck 7 days a week. So come join us for a drink or two and stay a while!

- continued on next page -

DINING

- continued from previous page -



Downtown Rehoboth Beach
149 Rehoboth Ave
Rehoboth Beach, DE
302-227-1272

"On the Highway" Route 1
20312 Highway One
Rehoboth Beach, DE
302-226-CAFE(2233)

For more info. and all there other locations visit:
www.arenasdeliandbar.com

The food and service at Arenas's has earned us many Best of DWe offer casual, family friendly dining, catering, as well as in house events. During the warmer months we offer pet-friendly outdoor dining at every Arenas's location, including 1500 square feet of waterfront dining on the Mispillion River at Arenas's Milford. A full service breakfast, and gourmet coffees, are available in Lewes and at our Rehoboth Route 1 location. Delaware awards over the years, and we strive to maintain the feel of a small town restaurant no matter the locale. It's important to us that you feel like you are part of the Arenas's family, and the staff will make you feel like you're a long time guest, even if it's your first time eating with us. Arenas's has always been locally owned and operated, and it's something we are very proud of.



301 Rehoboth Avenue
Rehoboth Beach, DE 19971

(302) 227-8493

www.culturedpearl.us

Named Best of Delaware yearly since 1993 for their world class sushi & contemporary cuisine. Serving dinner from 4pm with Happy Hour & 1/2 price children's menu from 4pm to 6pm daily. Reservations for indoor & rooftop dining are recommended.



www.sodelconcepts.com



Based in Rehoboth Beach, Delaware, SoDel Concepts is an award-winning, chef driven restaurant group on the Culinary Coast of Southern Delaware. SoDel Concepts believes in cooking beautiful, simple food, developing the people we work with, and making the world a better place. SoDel Concepts develops and operates restaurants and businesses from Lewes to Fenwick Island, DE and beyond. SoDel businesses include twelve restaurants: Fish On and Matt's Fish Camp in Lewes; Bluecoast Seafood Grill and Raw Bar Rehoboth, Lupo Italian Kitchen, Thompson Island Brewing Company, and Crust and Craft in Rehoboth Beach; Matt's Fish Camp and Bluecoast Seafood Grill and Raw Bar in Bethany Beach; NorthEast Seafood Kitchen in Ocean View; and Catch 54 and Papa Grande's Coastal Taqueria in Fenwick Island. Visit sodelconcepts.com.



20298 Coastal Highway
Rehoboth Beach, DE 19971

Hours:
Sunday-Thursday Noon to 9pm
Friday & Saturday Noon to 9:30pm

<https://bigfishgrill.com>

Founded in 1997 by brothers Norman and Eric Sugrue, Delaware's Big Fish Grill has become one of the premier spots for casual dining in the region. A unique blend of original recipes, must-have favorites and affordable prices have resulted in a dedicated following. Enough so to earn numerous "Best Seafood at the Beach" awards by Delaware Today & Coastal Style magazines. Visit BigFishGrill.com.



410 E Savannah Rd, Lewes, DE 19958
(302) 644-2600
hello@harvesttide.co

Hours:
Monday to Thursday 4pm to 9pm
Friday to Sunday 3pm to 10pm

<https://www.harvesttide.co>

As the only steakhouse in downtown Lewes, our goal at Harvest Tide is to provide you with the finest quality food, as well as service that far exceeds your expectations. Our dry-aged, USDA prime steaks pair perfectly with our selection of the finest bourbons and wines. Family owned, family operated, and family friendly!



124 Dickinson Ave.
Dewey Beach, DE 19971
At the Hyatt Place Dewey Beach
(302) 227-4333

Hours:
Thursday & Friday at 4pm
Saturday & Sunday at 11am

<https://lighthousedeweybeach.com>

A 40 year Dewey Beach tradition, revitalized! The Lighthouse Restaurant proudly serves fresh, local, and coastal-inspired dishes paired with our handcrafted cocktails, live entertainment at one of the best sunset spots in the world.

10% discount off regularly priced food items for race weekend. Discount not be eligible for any specials. Guests will need to show race bib or registration receipt on phone.

THANK YOU COASTAL DELAWARE RUNNING FESTIVAL SPONSORS



FREE ADMISSION

As a participant in the Coastal Delaware Running Festival, which benefits the Delaware Seashore Preservation Foundation, we are happy to offer you and your family free admission to the historical Indian River Life Saving Station Museum just minutes away from our Packet-Pick Up location in Dewey Beach.

Located just north of the Indian River Bridge, the station also includes one of the area's most interesting gift shops. Visit destateparks.com for directions and hours of operation.

Offer good April 10th thru April 12th, 2026



FREE VISIT
to Life Saving Station

OUR BENEFICIARIES



We are proud to present Focus Multisports.

We are a Delaware based non-profit multisport company, owned and operated by USAT Level 1 Race Director / USATF Coach Rick Hundley and USAT Level 1 Race Director Ernie Felici. Our events consist of safe, fun, and challenging courses, great swag, and awesome awards.

To date, our efforts have yielded approximately \$760,000 in charitable donations benefiting many local charities and volunteer organizations.



PREVIOUS FOCUS BENEFICIARIES

- Delaware Seashore Preservation Foundation • Autism Delaware • Autism Speaks
- Rehoboth Beach Volunteer Fire Company • Rehoboth Beach Sunrise Rotary Club
 - Rehoboth YMCA Swim Team • Friends of Cape Henlopen State Park
 - Fort Miles Historical Association • Friends of Holts Landing State Park
- Merr Foundation • Sussex Central Track & Field • Seashore Striders Youth Running Club
 - Delaware State Police Troop 7 Exploring Post • Preston's March For Energy
 - Sussex Academy Cross Country Team • Delaware Seashore Parrot Head Club
- Delaware Children in Nature Fund • Delaware Kids Fund • Best Buddies Delaware
 - Athletes Serving Athletes • Cure Spinal Muscular Atrophy Delaware
 - The Peoples Place • Dewey Beach Lions Club • Rehoboth Boys & Girls Club
- Indian River Tribe Lacrosse Team • Boy Scouts of America • Indian River Soccer Team
 - Lord Baltimore Lions Club • Indian River Cross Country Team
 - Bethany Beach Volunteer Fire Company • Justin's Beach House
 - Alzheimers Association • Cape High School Girls Soccer
 - Indian River High School Enviroact • Selbyville Honor Society
 - Indian River High School Football Boosters • DiaKonia Homeless Shelter
- Cape Elite Vikings • Seashore Striders • Food Bank of Delaware and many more!

COASTAL DELAWARE RUNNING FESTIVAL **WEEKEND HIGHLIGHTS**

at Charm City Run Rehoboth Beach

FRIDAY, APRIL 11

NEW TO COME

4PM Course Preview Talk

with Race Director Rick Hundley

5PM Handling Common Running Injuries

with Sim Kaur, PT, DPT, from Elite Sports Performance and Recovery highlighting massage, mobility, compression, Alter G, and BFR services

6PM Pre-Race Shakeout Run

SATURDAY, APRIL 12

3PM Nutrition, Fueling, and Hydration Talk

in-store with Charm City Run experts

SUNDAY, APRIL 13

12-3PM Recovery Stretching and Manual Work

with Carolyn Smith from Embodied Movement; sign up in-store for a free 10 minute session

All Day 15% OFF Recovery + Injury Prevention Gear

at Charm City Run Rehoboth Beach



**CHARM CITY RUN
REHOBOTH BEACH**

200 Rehoboth Ave
Rehoboth Beach, DE 19971



Southern Delaware Tourism awarded Focus Multisports' Coastal Delaware Running Festival its Best Event Award!



Photo (l-r) Delaware Senator Russ Huxtable; Delaware State Representative Claire Snyder-Hall; Ernie Felici, Focus Multisports Co-Owner/Race Director; Geni King, Focus Multisports Volunteer Director; Carol Everhart, Rehoboth-Dewey Beach Chamber of Commerce Executive Director (not pictured: Rick Hundley, Focus Multisports Co-Owner/Race Director)

Southern Delaware Tourism awarded Focus Multisports' Coastal Delaware Running Festival its 2024 Best Event Award at its annual awards banquet at the Lighthouse Restaurant in Dewey Beach, Delaware with Senator Tom Carper as the keynote speaker.

The Coastal Delaware Running Festival presented by Grotto Pizza is an award winning annual running event consisting of a Boston Qualifier Full Marathon, Half Marathon, Challenge Runs, 9k and 5k in Rehoboth Beach, Delaware State Parks, The Town of Lewes, and Dewey Beach that brings approximately 10,000 people consisting of 4,000 plus participants with family and guests to the Coastal Delaware for a fun filled weekend in April.

The event is an RRCA State Championship Event and awarded Delaware's Best Half-Marathon by the national Half-Marathon Magazine. It is promoted locally, regionally, & nationally drawing from over 48 states and multiple countries.

The event is owned and produced by Focus Multisports, a Delaware based non-profit multisport company, owned and operated by USAT Level 1 Race Director / USATF Coach Rick Hundley and USAT Level 1 Race Director Ernie Felici. Our events consist of safe, fun, and challenging courses, great swag, & awesome awards. To date, Focus Multisports' efforts have yielded approximately \$760,000 in charitable donations benefiting many local charities and volunteer organizations.

**To Register for the Coastal Delaware Running Festival, please visit codelrun.com.
To Sponsor, please contact Ernie Felici at ernie@focusmultisports.com, 610.613.4425.**



SAVE THE DATE!



Coastal Delaware RUNNING FESTIVAL

26.2 13.1 9K 5K

Delaware's Coolest Marathon

PRESENTED BY

Grotto Pizza®

April 9-11, 2027

Rehoboth | Lewes | State Parks | Dewey Beach



EVENT HIGHLIGHTS

- * Boston Qualifying Course
- * FREE Finish Line Celebration featuring COMPLIMENTARY BEER, FOOD & ENTERTAINMENT
- * FREE On-Course & Finish Line Photos
- * Event Tech Shirt and Awesome Race Swag
- * Finishing Medals, Overall and Age Group Awards for all Runs
- * Course will encompass a scenic route through Rehoboth Beach, Cape Henlopen State Park, and the Town of Lewes, finishing on the world famous Rehoboth Beach Boardwalk
- * Two Day Packet-Pick-Up
- * Sports Expo & Games



CODELRUN.COM