

RUNNER INFORMATION



Welcome to the Strike it Lucky 1 Mile Race at Virginia Credit Union Stadium!

First and foremost, we need to thank our sponsors and partners! We couldn't host this race without them! Thank you, Matern Staffing, Fletcher Home, Fit Body Boot Camp, Lucky Road Run Shop, Pure Barre Stafford and Pure Barre Fredericksburg, Robert Cooper, Realtor, Crown Trophy, Mary Washington Hospital, Dr. Raindrop, SJK Services, Thunder 104.5 and SuperHits 95.9!

Address & Parking

42 Jackie Robinson Way, Fredericksburg, VA 22401

There is ample parking in the stadium parking lot. Please do not park in the Expo Center parking lot. The 1 Mile Race begins at 8:20am on the dot, so please arrive by 7:45am. The 1/2 Mile race begins at 8am and the 5K race begins at 8:45am. You will be able to exit the parking lot when the exit is clear of 5K runners. You're welcome to stay and enjoy the morning with us and cheer on the 5K finishers!



Race Day Schedule

VA CREDIT UNION STADIUM

7AM - PACKET PICK UP
BEGINS

7:50AM - WARM UP ON THE
FIELD FOR THE ½ MILE

8AM - START OF THE ½ MILE
LEPRECHAUN CHASE

8:15AM - WARM UP AT THE
START FOR THE 1 MILE

8:20AM - 1 MILE START

8:40AM - PRE-RACE
ANNOUNCEMENTS +
NATIONAL ANTHEM AT THE
START LINE

8:45AM - 5K RACE START

9:25AM - 1 MILE AWARDS

9:35AM - 5K AWARDS

10:45AM - PURE BARRE
CLASS ON THE FIELD



Course Description

The race starts on the road between the stadium and the Expo Center. Runners will run west towards the traffic circle and out and back on the southbound lanes of Carl D. Silver Parkway. They'll return to the stadium, running behind the stadium through the back gate and on to the warning track for an exciting race to the finish on the outfield! The full course map is available on the race website.

Parents/Guardians, if your child is 5 or younger and you would like to be on the course with them, we ask that you start in the back with your child and run on the edge of the course to keep the course clear for other race participants.

Post-Race Activities

Stick around after the race and watch the 5K Finishers come in! We'll have the following available after the race:

- Access to the playground
- Grab & Go post-race food/drink for race participants
- 9:25am - 1 Mile Awards Ceremony + Photos with Gus!
- 9:35am - 5K Awards Ceremony
- 10am - Team Store opens
- 10:45am - A Pure Barre Pop Up Class on the field for ages 16+. Contact PB Stafford at 540-699-0793 or PB Fredericksburg at 540-693-0030 to book yourself for class!

Please note that you will need to exit through the Expo Center parking lot and on to Hospitality Way. Southbound Carl D. Silver will be closed to traffic for the 1 Mile and 5K races.

Coming to Packet Pick Up on Thursday or Friday is recommended. Skip the lines race morning & enter the stadium ready to roll!

Good Luck!



Save the Date!
October 24, 2026

