

RIVER REGION RUNNERS MEETING

Aug 20, 2026

The R3 meeting was held at La Trattoria in Montgomery, AL.
The meeting was called to order by Pete Preston at 6:30 pm.

Attendees (18)

Pete Preston, President	Lily Preston	Chrissy Long	Diana Grant
Dave Stever, Vice President	Barb Stever	Troy Ziglar	Diana Ziglar
Carmen Sowers, Secretary	Laura Freeman	Will Freeman	Irene Tyner
Sandy Deininger, Treasurer	Timea Boros	Joe Boros	Adrienne Mayben
Kazziwah Williams	Genie Pyrlik		

Minutes from the July 16th meeting were reviewed and approved.

Finances

Financial report for July activity was presented and approved.

Membership: Currently 98 memberships, with a total of 149 members. At this time last year, there were 108 memberships.

Run Report

MANY upcoming runs. Look for a file loaded by Irene Tyner on the FB page.

Of particular interest:

- 7 Sep – R3 Popsicle Pushup Labor Day 8K and 2-Mile (Free), Old Train Station Montgomery
- 26 Sep – Run with the Senses 5K and 10K, Montgomery Whitewater

This month's race listing also included many of the recurring group runs in the area held by Fleet Feet, MGM Runs, and Wetumpka Run Club.

Lost in Pace: 40 members reported 3,084.41 miles for July. The lowest number of monthly reporters has been 46, so there will likely be more reports coming in. The total mileage recorded for the year so far is 26,299.66. At this time last year, 53 members reported July mileage and the total for the year was 29,182.78. Within the next couple of weeks an email will be sent out regarding timeline for end of year mileage reporting and prize options.

R3 Night at the Biscuits

Thursday, Sept 10th. Contact Pete or Irene if you plan to attend. Attendees can give Irene their voucher (from Jubilee run bag) to exchange for a ticket. The last opportunity to indicate interest in the game will be at the Sept Pub Run.

Christmas Party: Adrienne has offered to host the party at her house. R3 will provide the turkey and ham. Party will be held on Dec 3rd at 6pm. There will be an opportunity for members to sign up for a dish to share at a later date.

Meeting adjourned.