

RIVER REGION RUNNERS MEETING

Feb 19, 2026

The R3 meeting was held at Aw Shucks in Montgomery, AL.
The meeting was called to order by Pete Preston at 6:30 pm.

Attendees (25)

Pete Preston, President	Lily Preston	Diana Grant	Rebecca Gilbert
Dave Stever, Vice President	Barb Stever	Beth Johnson	Adrienne Mayben
Sandy Deininger, Treasurer	Laura Freeman	Will Freeman	Neil Rice
Carmen Sowers, Secretary	Carolyn Dean	Ashley Dean	Irene Tyner
Melanie Stanford	Ryan Stanford	Alex Micher	Robin Hyatt
Robin Bush	Shane Bush	Michelle Douglas*	Kathy Bond
Jim Harstad			

(*New member or attending first meeting – welcome!)

Minutes from the Jan 15th meeting were reviewed and approved. No discrepancies noted during the meeting.

Finances

Financial report for January activity was presented and approved. A member asked about RRCA affiliation and Sandy confirmed the affiliation was accounted for in the financial report.

Since the January meeting, a donation was made to the Montgomery Humane Society in the name of Wynn Larkins, wife of Jim Larkins – long time R3 member.

Membership: Currently 81 memberships, with a total of 130 members.

Run Report

MANY upcoming runs. Look for a file loaded by Irene Tyner on the FB page or on the calendar on www.RiverRegionRunners.org.

Of particular interest:

- 7 Mar – Hot Chocolate Virtual Run, Wetumpka
- 14 Mar – Montgomery Half Marathon
- 28 Feb – Russell Forest 5K & 10K, Alexander City
- 21 Mar – Beaver Trail 5K, Lagoon Park Montgomery
- 21 Mar – Cruisin the Creekwalk 5K, Prattville
- 4 Apr – Bunny Hope 5K (Free!), Montgomery

Lost in Pace: In 2025, 68 members reported running a total of 49,878.94 miles. In January 2026, 41 members reported running a total of 2,951.15 miles.

Old Business

(ongoing) The R3 **Monthly Pub Runs** are held the **first Thursday** of the month. (February Pub Run was run from Tower Tap Room).

Watch FB, both the River Region Runners private group and the Running in the River Region public group for small group run opportunities around the area, such as Wetumpka Sunday Funday Runday and mid-town runs Fri and Sun morning.

Jubilee

- Any and all are welcome to be part of the Jubilee Committee.
- Members are also welcome to suggest sponsors.
- It has been designated the RRCA Alabama 8K state championship
- Training runs will start after the Montgomery Half (14 Mar)
- The Peggy Lanier Memorial 2 mile route will likely change due to construction downtown.
- 59 registrants so far

New Business - None

Meeting adjourned.

Check out the website: www.RiverRegionRunners.org