

RIVER REGION RUNNERS MEETING

Jan 16, 2026

The R3 meeting was held at Cuco's in Montgomery, AL.
The meeting was called to order by Pete Preston at 6:30 pm.

Attendees (25)

Pete Preston, President	Rebecca Gilbert	Troy Ziglar	Diana Ziglar
Dave Stever, Vice President	Barb Stever	Beth Johnson	Adrienne Mayben
Sandy Deininger, Treasurer	Laura Freeman	Will Freeman	Genie Pyrlik
Carmen Sowers, Secretary	Lily Moore*	Jean Forbus	Irene Tyner
Timea Boros	Joe Boros	Alex Micher	Kazziwah Williams
Sherrelle Watts	LaTesa Phelan*	Steve McCary	Kathy Bonds
Kay Cannady			

(*New member or attending first meeting – welcome!)

Recognized Kathy, Ashley, and Megan for completing the Disney Dopey Challenge earlier this month.

Minutes from the Nov 20th meeting were reviewed and approved. No discrepancies noted during the meeting.

Finances

Financial report was presented and approved. Information covered activity from November and December 2025 since there wasn't a meeting in December. The report is available upon request.

A motion was made and seconded to donate to a charity in the name of Wynn Larkins, wife of Jim Larkins – long time R3 member.

Membership: Currently 99 memberships. There were 118 at this time last year.

Run Report

MANY upcoming runs. Look for a file loaded by Irene Tyner on the FB page or on the calendar on www.RiverRegionRunners.org.

Of particular interest:

- 31 Jan – Hot Chocolate 10K Virtual Run, Dunkin Donuts in Wetumpka
- 7 Feb – Double Bridge Run 15K & 5K, Pensacola
- 14 Mar – Montgomery Half Marathon
- 28 Feb – Russell Forest 5K & 10K, Alexander City
- 21 Mar – Beaver Trail 5K, Lagoon Park Montgomery
- 21 Mar – Cruisin the Creekwalk 5K, Prattville

Lost in Pace: No mileage report. Prizes will be presented in Feb.

Old Business

(ongoing) The R3 **Monthly Pub Runs** are held the **first Thursday** of the month. (There wasn't a Pub Run in December or January).

Genie introduced the idea of collecting donations for Brantwood Children's Home at the Christmas Party last year. Continuing that idea, she encouraged members to consider donating snacks, individually wrapped items, juice boxes, etc. She's happy to collect donations and take them to the Home.

Jubilee

- Any and all are welcome to be part of the Jubilee Committee.
- Members are also welcome to suggest sponsors.
- It has been designated the RRCA Alabama 8K state championship
- Training runs will start after the Montgomery Half (14 Mar)
- The Peggy Lanier Memorial 2 mile route will likely change due to construction downtown.

New Business - None

Meeting adjourned.

Check out the website: www.RiverRegionRunners.org