

RIVER REGION RUNNERS MEETING

Jul 16, 2026

The R3 meeting was held at Aw Shucks in Montgomery, AL.
The meeting was called to order by Pete Preston at 6:30 pm.

Attendees (13)

Pete Preston, President	Lily Preston	Kathy Bond	Diana Grant
Dave Stever, Vice President	Barb Stever	Troy Ziglar	Diana Ziglar
Carmen Sowers, Secretary	Laura Freeman	Will Freeman	Irene Tyner
Rebecca Gilbert			

Minutes from the June 18th meeting were reviewed and approved.

Finances

Financial report for June activity was presented and approved.

Membership: Currently 98 memberships, with a total of 149 members.

Run Report

MANY upcoming runs. Look for a file loaded by Irene Tyner on the FB page.

Of particular interest:

- 25 Jul – R3 Dash and Splash, Preston Estate, Montgomery
- 1 Aug – Boot Scootin’ Boogie 5K, Whitewater, Montgomery (free mechanical bull ride!)
- 6 Aug – R3 Pub Run, Hampstead, Montgomery
- 16 Aug – Sunrise Social Club Wildcat Summer Series – Aug 5K, Union Train Shed, Montgomery

Lost in Pace: Participation has steadily declined. Carmen’s open to suggestions on how to reinvigorate.
A member mentioned returning to FB posts.

Group Runs: Members are asked to share the group runs they are aware of around the area.
Mentioned during the meeting were:

- Mon eve/Wed eve/Sat am MGM Runs events
- Morning runs at AUM
- Friday am Midtown from Jim Massey’s
- Wetumpka Run Club events
- R3 Sunday am gatherings in Wetumpka
- Team RWB Sunday am gatherings in Wetumpka

Jubilee Run: Check presentation tentatively scheduled for Wed, Jul 22nd.

Merchandise: Bibboards are available for sale, \$5. See Pete.

R3 Night at the Biscuits

New date is Thursday, Sept 10th. \$14 for R3 members, \$15.40 for non-members, or attendees can give Irene their voucher (from Jubilee run bag) to exchange for a ticket. Tickets will be at Will Call at DABOS stadium.

New Business

- Carmen asked about the R3 insurance policy. Discussion focused on what type, if any, coverage is provided during R3 group runs and whether it's worth designating official group runs in addition to the regular Pub Runs and annual events.
- Holiday Party – Since Jean has moved, the club will need to find a new location. Members are asked to provide their suggestions.

Meeting adjourned.