



Winston-Salem Hits Stride with Runner Friendly Community Designation

One of only 67 Recognized by Road Runners Club of America

WINSTON-SALEM, NC (Dec. 7, 2021) – Winston-Salem has been officially designated a “Runner Friendly Community” by the Road Runners Club of America, one of three cities to be newly awarded and just 66 other community designations in the United States. Only one other community in North Carolina, Salisbury, has been awarded the distinction.

To be awarded the designation, communities must meet a set of stringent criteria, including community infrastructure, community support, government support, and additional support, such as youth programs, physical activity plans, marked pathways, and more. Nominations take place annually with the home track club (Twin City Track Club) taking the lead in completing the submission. The final list is announced right before the start of a new year by the Road Runners Club of America.

“From elite athletes to family fun runs, Winston-Salem sets the pace for welcoming and hosting runners to enjoy sporting events and recreational activities,” said Richard Geiger, president of Visit Winston-Salem. “We’re honored to be recognized as a runner friendly community by the Road Runners Club and consider it a great addition to our track record as a world-class sporting destination for competitors and leisure travelers alike.”

“The City of Winston-Salem has a wonderful relationship with our running community and supports them in various ways including coordinating our police department to assist in safely hosting numerous running events. We will continue to invest in the development of greenways and strollways to seamlessly connect individuals to our city of arts and innovation,” said Allen Joines, Mayor of Winston-Salem.

“Since the founding of Twin City Track Club in 1977, we’ve worked hard to support our mission “To inspire and support all runners in our community.” Our 600 members celebrate this designation as recognition of our efforts and the corresponding actions by local government, local businesses and other community organizations to support runners,” said J. Er Ralston, president of Twin City Track Club

Winston-Salem is home to the JDL Fast Track Indoor Facility, a 105,000-square-foot facility sporting a 200-meter oval track made of Mondotrack FTX surfaces. This complex has held five national championships in the past five years, where teams also enjoy access to a 100-meter training track and fitness room, with hospitality suites available as well. In addition to Winston-Salem’s world-class facilities, the city boasts 79 parks, 28 miles of connecting trails and greenways, pedestrian-friendly sidewalks, multi-use pathways, share lanes and other well-marked designated areas available for both leisure and competitive use.

The Runner Friendly Community designations are valid for a five-year period, before having to reapply to maintain the special status. For more information, visit RRCA.org. For more information on Winston-Salem, visit VisitWinstonSalem.com.

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About Visit Winston-Salem (www.VisitWinstonSalem.com)

Visit Winston-Salem, the official destination marketing organization of the Forsyth County Tourism Development Authority, sells and markets our assets and attractions to visitors as a convention, events and tourism destination for the economic benefit of the community. It is easily accessible by car via Interstate 40, Business Interstate 40, Interstate 77, Interstate 85, and U.S. Highway 52. Scheduled air service is available through Piedmont Triad International Airport, just 20 minutes east of Winston-Salem.

MEDIA CONTACTS:

Marcheta Cole Keefer, Visit Winston-Salem

Director of Marketing & Communications

Marcheta@visitwinstonsalem.com

Direct: 336.728.4211

Mobile: 336.829.0213

Maria Hayworth, Hayworth Public Relations

President

Maria@hayworthpr.com

Direct: 386.677.7000 ext. 1

Mobile: 386.871.7041