



Policy on Transgender Runners

Adopted by TCTC Board on November 12, 2017

Background

Twin City Track Club (TCTC) has determined the need for a policy to facilitate the participation of transgender runners. Our overall goal is to have a simple, workable policy that respects the personal rights of runners but also preserves the integrity of awards and records based on sex.

Policy

General Rule: A runner should enter a TCTC event under the sex that the runner declares publicly for all other purposes.

Exception: A male-to-female transgender runner may not enter as a female unless that runner is currently taking hormone treatments related to gender transition and has been taking those treatments continuously for one year.

Enforcement: The Club accepts a runner's word that the runner is in compliance with this policy.

Note: This policy is guided by our understanding of the NCAA policy on this subject as stated in its [NCAA Inclusion of Transgender Student-Athletes, August 2011](#). The NCAA policy may be consulted for definitions and help with interpretation. This is not, however, the NCAA policy. It's the TCTC policy, and the club is the final authority on it.